



B&NES Children & Young People's Network

E-Bulletin

December 2022

Dear Members,

Please can I start by apologising to you all for having to postpone the CYP Network meeting last week. I was ill and due to a positive Covid test within the team, we could not guarantee someone else being available to host the session at such late notice. Unfortunately, rescheduling the meeting for January has proved too difficult, so our next meeting will be the 14th March, as planned. The guest speakers from the postponed meeting have been invited to present at future meetings; I will update you fully in the January Bulletin.

I am delighted that our collaboration with Bath Spa University has resulted in us being able to offer places to all CYPN members who applied to join the Themed Knowledge Cafes that are being held towards the end of January. The CYP network will be kept informed of all developments and opportunities that arise from this exciting initiative.

I hope that you find this Bulletin useful. It is being circulated earlier than usual due to the fast-approaching Christmas – New Year period. May I take this opportunity to wish you all happy festivities.

Our next face-to-face CYPN meetings (in-person at Odd Down Community Centre, Bath, BA2 2TL) are on:

- Tuesday **14th March** 2023, 12.30 – 14.30; with short presentations and Q&As from:
 - Tessa Armstrong, Founder and Executive Director of [Voices for Life](#)
 - Melanie Hodgson, [Live Well B&NES](#) Team Lead
 - Milly Carmichael, B&NES Health Improvement Officer – Food poverty
 - Rosie Greuter, Clinical Team Manager, B&NES Community Child & Adolescent Mental Health Service (CAMHS)
- Wednesday **14th June** 2023, 10.00 – 12.00

Best wishes

Mel

Mel Macer
B&NES CYPN Co-ordinator
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National News

How can you spot cyber threats, and in turn improve your cyber security culture?

[Third Sector](#), in partnership with [The National Cyber Security Centre](#), has created a comprehensive guide – **Cyber security for charities** – to help organisations understand what to look out for, how to encourage buy-in from the board and most importantly, where to start. Guide available [here](#).

Stakeholder Survey for Child and Maternal Health Profile The [Office for Health Improvement and Disparities](#) is reviewing the existing list of indicators within the 'Fingertips Child and Maternal Health Profile', which can be accessed [here](#). As part of the review process, they have created a short survey to help understand the needs of stakeholders. The stakeholder survey, which is anonymous and should take no more than 15 minutes to complete, can be found [here](#), and it will remain open until the **31st December** 2022.

Spike in children and young people with suspected mental health issues. Mental health problems among children have risen since last year, with a quarter of children aged 17-19 found to have a probable mental disorder, according to latest data from [NHS Digital](#) – an increase from one in six in 2021. More information [here](#).

Multilingualism in the Early Years: Celebrating every child. [Nursery World](#) are hosting a free webinar on multilingualism in the Early Years on **24th January** 2023, 12.00 - 13.00. Register [here](#).

Urgent Safety Alert for baby self-feeding pillows. There has been a government alert in relation to self-feeding pillows, which are now available to purchase online. There is a government direction that they are removed from sale and any in use are disposed of immediately. They are not safe to use, so please be alert to these when visiting families and ensure parents are not using them to feed their baby, explaining why. Further information [here](#).

Early Education toolkit to support refugee children and host country children.

This research-informed resource is trauma informed and play-based and has been specifically written for those working with early years aged children. The toolkit is freely available [here](#). In addition, there is a webinar – available [here](#) - which supports understanding and implementation of the educational toolkit.

A new report on the ongoing impact for babies born during the COVID pandemic.

The report '**Casting Long Shadows**', released by the First 1001 Days Movement and Institute of Health Visiting, reports that 95% of professionals questioned said they are seeing an ongoing negative impact on babies' and young children's social skills due to the COVID pandemic. The findings indicate that many young children are more at risk of harm, have delayed social skills, and have been affected by poor parental mental health. The report is available [here](#).

New, free guide offering evidence-based relationship support to parents with mental health difficulties to improve child outcomes, from the [Early Intervention Foundation](#). Available [here](#).

Young people back call to make Care-Experience a protected characteristic. More than half of care-experienced young people said they were in favour of making care experience a protected characteristic as suggested in the Care Review, a charity [report](#) finds.

[The National Youth Sector Census](#). There are thousands of fantastic paid and volunteer workers across the country providing holistic support and development opportunities for young people, but there isn't a clear picture of exactly where they all are, what services they provide, or how they are funded. By completing this [census](#) you can help make a compelling case for protecting and growing youth sector provision, as well as identifying and spotlighting areas of excellent practice.

Disadvantaged Young People feel excluded from the jobs market and are "rapidly losing hope" they will find work, a [report](#) by City and Guilds has revealed.

'Urgent action' needed to help children meet healthy levels of physical activity. According to Sport England's report [Active Lives Children and Young People Survey Academic year 2021-22](#) the majority of children are less active than medically advised.

Local News

There are now 39 Warm Spaces in B&NES. Warm Spaces are public spaces open to the community to keep warm in Winter. You can view a list or see a map of these Warm Spaces [here](#). If you would like to register your Warm Space, you can do this by completing a simple [online form](#).

B&NES Winter Holiday Activity Food (HAF) Delivery. For details of free holiday activities for all children and young people aged 5-16 years who receive benefits related free school meals click [here](#).

[St John's Foundation's Crisis Programme](#), provides financial support to individuals and families in B&NES who are really struggling to make ends meet. It aims to meet the most essential needs, such as beds, white goods, furniture, carpets, counselling, debt support and basic employment skills and training. Applications can only be made through a referrer such as a charity or housing association. If successful, St John's will handle the rest, from paying relevant suppliers to organising delivery of goods. More information or make a referral [here](#).

Do you work with fathers? The B&NES Best Start in Life Group and the B&NES, Swindon and Wiltshire Safeguarding Under 1s Group would both like to find out more about what support or groups are available in B&NES to engage fathers with babies and young children. This will be of great value for professionals to signpost fathers to existing groups and for us to map what is already available and where more support might be needed. If you do work with fathers and would like to help fill this information gap, please contact Ellie.Weyman@BATHNES.GOV.UK

Key findings from the B&NES commissioned survey of children and young people's health and wellbeing. Conducted in schools, the biennial survey asks pupils in school years 4, 6, 8, 10 and 12 questions relating to physical and emotional health as well as behaviours such as diet and physical activity, active travel, smoking, alcohol and drugs as well as other issues that impact upon their lives. A short video – available [here](#) - has been produced

to share just some of the key findings from the 2022 survey. For further information or to discuss how the survey might contribute to your area of work contact Clare Laker in Public Health at Clare_laker@bathnes.gov.uk

Dingley's Promise: Early Years Inclusion Programme A series of ten courses over five years aimed at empowering Early Years Practitioners to deliver inclusive practices around the needs of all children, especially those with Special Educational Needs and Disabilities (SEND) and build their confidence in supporting the learning and well-being of all children in their setting. This programme is currently free if you are an Early Years setting in B&NES. You can complete the programme (a mix of practical tutorials and webinars) at your own pace. Click [here](#) for more information and to register.

For Early Help in B&NES. The **B&NES Early Help Services App** provides a wide range of information, screening tools, links to partner organisations and useful local information and resources. Download the app here for [Apple](#) or [Android](#) devices. You can also sign up [here](#) for the **B&NES Early Help Newsletter** produced by the B&NES Public Health & Prevention Team in partnership with Early Help providers. It is aimed at anyone providing Early Help services, anyone referring into Early Help services, or anyone with an interest in Early Help. And/or use

Kooth provides free, safe, confidential and non-stigmatised online counselling, advice and support for young people, available until 22.00 365 days a year. Kooth's therapy team are qualified counsellors and psychotherapists, clinically supervised in-house and independently to deliver evidence-based interventions. Please email Abbey Rennie, Engagement Lead for the South West at arennie@kooth.com, if you would like: more information; a free awareness session for your staff; to book free training; or order resources for your practice.

Are you aware of any service provision that supports survivors of exploitation?

The B&NES Community Safety and Safeguarding Partnership's (BCSSP) Exploitation Subgroup is developing a directory of service provision across agencies that support survivors of exploitation. If you are aware of any services, please let them know by completing the short survey below by **16th January 2023**. Link to survey - <https://www.surveymonkey.co.uk/r/5GWBXK3>

Voices for Life is running a competition to find a child (aged 5 – 11) to help them write the melody for their new song (lyrics have been written by lyricist Sue Curtis) which follows the theme of 'shining a light on children's uniqueness'. The winner will work with the professional composer Jools Scott to turn the melody into a full song to be performed in Bath Abbey in June 2023. To take part, visit [here](#) to download the lyrics. Deadline for entries is **23rd January 2023**.

Youth Connect South West's youth clubs in Bath City Centre will be running activities from January 2023. There will be a group for Young Women, a gaming group and drop in space on Fridays and Saturdays. If there are any providers that want to work with them to offer activities to young people inside the city centre then they would love to hear from you. Please contact Judy on 07870 868814 or email judy.illingworth@ycsw.org.uk. More information [here](#)

Can you help 3SG to collate feedback on the developing Integrated Care Strategy? For more information on the strategy, a slide pack is available [here](#). Please send

your initial thoughts on the development of the strategy to 3SG by [filling out this short form](#), which they will feed back. Keep an eye on the [3SG newsletter](#) for updates on future consultation events in the New Year such as their second **Local 3rd Sector – BSW Integrated Care System Update** taking place on 21st February 2023, 09:30 – 11:30 in Bath (venue to be confirmed) - [Sign Up Here](#). The BSW Integrated Care Board is also meeting in public on Thursday 12th January 2023 at 10.00 at The Guildhall, Bath; reserve a place [here](#).

[Live Well B&NES](#) is a web-based resource providing information, signposting and support to B&NES residents. It provides useful information, signposting and resources for families, children and young people (aged up to 25) with special educational needs and/or disabilities (our SEND Local Offer). Their new **[Young People's Information and Support Directory](#)** hosts a wealth of information, resources and support services. There are also new pages dedicated to Cost-of-Living information and support, and they host B&NES Warm Spaces directory. If you work with, support, provide services or run groups for children and young people and haven't already registered – make sure you're included. It's free and takes less than five minutes to register. More information [here](#) or [email the LWB team](#).

Business & Funding Opportunities

The Money Saving Expert Charity Grants for 'Raising the Next Generation'. Grants up to £7,500 are available to not-for-profit organisations in the UK for projects focused on building financial capability skills among children, young people and families. The funding round opens on Tuesday 3 January 2023 with a nominal application deadline of Tuesday **31st January 2023**. However, the application window will close as soon as 40 applications have been accepted. More information [here](#).

Lloyds Bank Foundation's new unrestricted funding programme will support small specialist charities with an annual income of £25,000 to £500,000 who are helping people overcome complex issues like homelessness, addiction and domestic abuse. They will award grants of £75,000 over three years to around 70 charities in 2023. **Deadline 3rd March 2023**. The Foundation will be holding a Funding Webinar and Q&A session for interested applicants on Thursday **12th January 2023** between 2pm and 4pm – register [here](#). More information [here](#).

Trusthouse Charitable Foundation's grants programme for organisations with a focus on Family Support. Single year grants between £10,000 and £100,000 for core costs, salaries, running and project costs or multi-year grants for a maximum of 3 years, not to exceed £100,000 in total over this period, for core costs, salaries, running or project costs. Your organisation's postcode, or the project area, must be ranked within the most deprived 15% of the Index of Multiple Deprivation (IMD) for urban areas or within the most deprived 50% for rural areas. **Year-round applications**. More information [here](#).

B&NES's Preferred Providers List for delivering Bespoke Short Breaks for Individual Families through direct payments and spot purchasing. The delivery could consist of supporting a child or young person for a few hours a day through to supporting them longer periods of time during the week and at weekends, both in the home and in the community; the work could be directly with the young person or supporting the parent/ carers to meet the young person's needs. These individual packages are delivered in a different way to the commissioned short breaks provision; the provider would need to deliver provision directly in

consultation with a Social Worker. If you wish to apply to be added to this preferred provider list, please contact Kay Sibley Kay_sibley@bathnes.gov.uk or phone 01225 395437.

Training & Support

Update on the Charities Act 2022 which is aimed at reducing the administrative burden on charities, is being implemented in three stages: Autumn 2022, Spring 2023 and Autumn 2023. [Stone King](#) look at the key provisions that came into force on Monday 31st October and how they will affect charities in this useful [short video](#). For a copy of Stone King's full Charities Act 2022 briefing note, email SarahClune@stoneking.co.uk.

[Youth Connect South West](#) are offering free places on their Trauma Informed Practice Training. They are providing this training for their staff and would like to offer out the spare places to other agencies. This is an introduction to Trauma Informed Practice and is suitable for people who have not previously attended trauma training. This Home Office funded training aims to inspire and motivate the workforce to adapt their interactions with people through trauma-informed practice and encourages professionals to prioritise their own wellbeing so that they can respond with empathy and emotional intelligence. The training will run 09.30 – 12.30 on **10th January and 25th January** 2023 at Southside Youth Hub (Main Hall). There is no charge for this training. Bookings can be made by emailing shelley.bush@ycsw.org.uk stating your name, preferred date and the organisation you work for.

[BANES Learning Pool](#)

Virtual training opportunities for the Children's Workforce: To book a place on one of the following sessions via Learning pool (login required), click on the link below:

- [Adolescents at Risk Virtual Training](#), to provide a greater understanding of the types of high-risk behaviours adolescents engage in and may be faced with. Zoom session on Tuesday **10th January** 2023, 09.30 - 15.30.
- [Mental Health Awareness](#), one-day virtual course on Tuesday **24th January** 2023, 09.30 - 16.00.
- [Child Exploitation](#) - will incorporate information on sexual and criminal exploitation and online grooming. Free, virtual session on Friday **24th February** 2023, 09.00 - 11.00.

Free Courses in England Scheme allows third sector organisations to offer learning and development opportunities to their staff. Popular courses include Counselling Skills, Children's Mental Health, Understanding Autism, Mental Health First Aid. More information and register [here](#).

The Essential Trustee and Governance in Practice: Free virtual charity training by [Stone King](#). Sessions provide the opportunity for you to put your questions to expert advisors. Click date to book places for **19th January** **16th February**
Topics include:

- Key duties and liabilities of charity trustees
- Financial governance and resilience
- Meetings and decision making in a virtual space
- The Charity Commission's approach to regulation

- Recognising and reporting serious incidents

Short, free virtual briefings on various aspects of Early Help Assessment and process:

- [Involvement of other agencies when writing an Early Help Assessment](#) on **24th January** 2023, 11.00 – 11.30
- [Voice of the child /young person in the Early Help Assessment](#) on **16th February** 2023, 11.00 – 11.30

Supporting sexual health needs of young people with learning disabilities: Free training from B&NES Public Health, to all those working in a professional & volunteer capacity in B&NES, on Wednesday **25th January** 2023, 10.00 - 14.30 at Keynsham Civic Centre Keynsham Civic Centre Keynsham BS31 1FS. Book [here](#).

Supporting young people with their sexual health: Free training from B&NES Public Health, to all those working in a professional & volunteer capacity in B&NES, on Thursday **16th February** 2023, 10:00 – 14:30 at Keynsham Civic Centre Keynsham Civic Centre Keynsham BS31 1FS. Book [here](#).

Impact of the Internet on Young People's Relationships and Sexual Health: This free course from B&NES Public Health aims to raise awareness of the issues associated with internet use and young people including online grooming, sexting, and pornography; on Thursday **2nd March** 2023, 10.00 - 14.30 at Keynsham Civic Centre Keynsham Civic Centre Keynsham BS31 1FS. Book [here](#).

Cyber Security Briefing Session by 3SG: Free online workshop on Tuesday **25th April** 2023 to help you keep safe your data and the data and personal information of your clients in a post-pandemic world. Reserve a place [here](#).

[Making Every Contact Count](#) Multiple Training Dates for 2023

Making Every Contact Count (MECC) is a behaviour change approach that utilises the millions of daily interactions that organisations and people have with others to encourage changes in behaviour that have a positive effect on the health and wellbeing of individuals, communities and populations. This free online course for staff and volunteers working across B&NES involves a 3hr online session and three optional MECC e-learning modules. More information and training dates [here](#).

Moving Up, Moving On: Transitions in the Early Years. An online webinar by Professor Julie Fisher will consider how all early years practitioners can plan for children's transition from home and between settings to be a positive experience not only for the children but for their parents and all the members of staff concerned. Online event on **24th January** 2023, 18.30 - 19.45. Book [here](#).

Events

Free Cook It Courses to get children learning how to cook low cost, healthy meals. Ingredients and equipment provided for in-person courses, otherwise a £30

supermarket voucher given for online courses. Please contact the Community Wellbeing Hub to be added on the waiting list for New Year courses in Keynsham, Bath and Somer Valley or to find out more contact bathnes.thehub@hrcgcaregroup.com

Working effectively with funders during the cost-of-living crisis: Free webinar from [NCVO](#), on Tuesday **17th January** 2023, 12.15 - 13.30. Register [here](#).

[Interagency Meetings](#) – B&NES wide (currently online via Zoom): These meetings are coordinated by B&NES Council to provide opportunity for local service providers and community organisations to share information, promote projects/events and improve partnership working. They are very informal and open to anyone working or volunteering for an organisation in the area. All meetings are on a Tuesday and take place between 12pm and 2pm. Click on date to register: **24th January** 2023, **21st March** 2023, **23rd May** 2023, 18.

[Trauma & Recovery UK](#) Conference on **24th February** 2023, 10.00 - 16.30 – focusing on ***Traumatised Communities to Trauma Informed and Relationship Centred Communities*** with keynote speakers Betsy de Thierry, MA, and Lisa Cherry, MA. The conference will be a hybrid event, with tickets available for attending in person or online. Early bird tickets are still available for £25 [here](#).

B&NES Heritage Services are hosting an information session for those who volunteer for Beavers, Brownies, Cubs, Guides, Rainbows or Scout groups. They are inviting group leaders / co-ordinators to an information session at their newly opened Roman Baths Clore Learning Centre on **12th January** 2023, 17.00 - 19.00, to find out about the variety of sessions and activities that they can offer to groups in 2023. Light refreshments provided. To attend, contact laura_nicholls@bathnes.gov.uk by **9th January** 2023, stating your name, position and group name / location.

3SG's Bath Fundraising & Communications Network on **14th February** 2023, 11.00 - 12.00. This is a free opportunity to meet and connect with others involved in fundraising and communication across B&NES's Third Sector. Reserve a place [here](#).

New date for the B&NES Youth Pride – Saturday **4th March**, 14.00 - 17.00 at a central Bath venue. The **B&NES Youth Forum**, a youth group who help young people's views to be heard and who make positive change in the local area, are organising this Youth Pride event for young LGBTQ+ people and their allies to come together to celebrate their identities, to find community, and to learn (13-18 yrs or 13-21 with additional needs). Reserve your place [here](#).

Social Media Strategy for Small Organisations: A free webinar by [Cool Ventures Limited](#), to learn how to build social media strategy that delivers results - on **10th January** 2023, 18.00 - 21.00. Reserve a space [here](#).

Jobs

[The B&NES Carers' Centre](#) are recruiting a part-time School Engagement Officer to lead and develop an exciting collaborative project with schools, focusing on improving the wellbeing

of young carers and giving them tools to manage concerns and anxieties around Covid 19. More information [here](#). Closing date is Monday 9th January 2023

[Keynsham Mencap](#) are looking to employ a new **Play Leader** to run their Super Saturday Club youth club based in Bath. The group runs during term time, for children with learning disabilities and additional needs. If you have experience working with SEN children, and you are warm, passionate and enthusiastic then Keynsham Mencap would love to hear from you. You can apply online via Google Forms [here](#). Enquiries: laura@keynshammencap.org.uk

[Mentoring Plus](#) are seeking new roles, more information [here](#):

- New Trustee Board Members with key areas of expertise to support and advise the charity. Closing date is 31st January 2023.
- Fundraising Development Manager – open deadline.
- Operations Administrator – open deadline.
- Youth activities sessional worker
- Volunteer Mentoring Vacancies