

Children & Young People's Network E-bulletin

April 2022

Dear Members,

Spring is in the air, the warmer weather is coming (I hope!) and the Easter Holidays are just around the corner... There is lots to look forward to and I am aiming to share lots of local news with you this this months' e-bulletin.

April is '<u>Stress Awareness'</u> Month. Stress Awareness Month aims to raise awareness of the causes and cures for our modern stress epidemic. The last two years have been the most challenging and many services were overwhelmed by people seeking support. This year the theme is Community. A community is much more than just a group of people. It's about having a sense of belonging and connection to others and feel supported and accepted by them. Bath Mind and Kooth have lots of resources online available to support Children & young people you are working with.

Networking is one of the most useful ways we can support each other and also learn about what is going on locally. We had a great CYPN Network meeting last month meeting lots of new members. Our next CYPN meeting date for the diary is Wednesday 29th June 10 – 12pm, at the Odd Down Community Centre. We hope to see those of you who can make it then!

We hope you enjoy reading this month's ebulletin and as always please do get in touch by email if there is anything you would like to share with members or if I can help in any way.

Kindest regards, Gilly Samuddin,

Children & Young People's Network Coordinator. <u>gilly@bathareaplayproject.co.uk</u>

What's in this month's Newsletter: Please keep us up to date... Let Training opportunities. Welcome & Contact us page us know if your contact details change: Up-coming meetings/ events Local News and Information Contact the CYPN at: Job opportunities Odd Down Community Centre Business and Funding Odd Down, Bath BA2 2TL 01225 832479 gilly@bathareaplayproject.co.uk

Local News & News from CYPN Members:

<u>Kilter Theatre</u> have teamed up with <u>Bathscape</u> Landscape Partnership to hold outdoor seasonal celebrations with the support of the National Lottery Heritage Fund. The celebrations aim to connect local people with the outdoor spaces in their area and, as part of this Spring's phase of the project, they will have workshops available to community groups in and around the Twerton area. The creative workshops will be run by Kilter's Artistic Director, who is an experienced theatre practitioner and workshop facilitator. The 90 minute sessions will include a range of fun, seasonal, nature-focused activities which are suitable for adults and children of all ages and abilities. The workshops are completely free, and they are available throughout April.

Kilter Theatre & Bathscape will also be holding a Spring celebration at <u>Bath City Farm</u> on the 9th April. The event is free and will include lots of fun Easter-themed activities, including an Easter egg hunt and a traditional egg rolling competition. You can find out more about the event here: https://www.eventbrite.co.uk/e/april-throws-an-egg-tickets-297933365717

If you would like to find out more about Kilter Theatre, please visit their <u>website</u>, To book in a workshop, or if you have any questions at all, please get in touch with Pippa via <u>kilterhello@gmail.com</u>

<u>Tender Education & Arts</u>: I recently met up with Daisy from Tender Education & arts. Tender has been engaging young people in healthy relationships education since 2003, with thier expertise informing the 2020 curriculum for Relationships, Sex and Health Education. They work with primary, secondary and specialist schools and youth settings, delivering a range of short– and long-term workshops and programmes. They run engaging, drama-based sessions that empower students with the skills and confidence to build positive, respectful relationships with others, and to consider their attitudes and behaviour in a safe, age appropriate way. For more information contact Daisy: <u>daisy@tender.org.uk</u>



Healthwatch, are still running <u>an online survey</u> to gather people's feedback about their mental health during 2021. The survey is aimed both at people who have experienced on-going mental ill health over this period and carers, in recognition of the significant impact of covid on these groups.

The results of the survey will be shared with the Care Quality Commission and NHS England. Please RSVP asap.

Online Consultation: The B&NES public health team is starting to develop the 2022-2027 Drug and Alcohol Strategy for Bath and North East Somerset (covering adults, children and young people). This links to the national 2021 drug strategy and funding from central government to strengthen local services for substance misuse to enhance prevention, treatment and sustained recovery, and to support rough sleepers and people at risk of sleeping rough experiencing substance misuse to enter and engage in treatment. We need our partners across the B&NES system to be involved. As a first step, please complete our online consultation available here on the strategic and funding priorities for the B&NES area. Due to tight deadlines attached to the funding applications please do this by Friday 15th April.

Project 28: <u>The Wrap</u> is an online platform for young people, 18 and under, brought to you by <u>Developing</u> <u>Health and Independence (DHI)</u>. It enables young people to get support at an early stage before more difficult situations develop. It also sets out to empowering young people to make positive choices and builds resilience to overcome life's challenges. There is a self-help tool, information for parents and carers and links for professionals. Catch22 hosts the government youth initiative National Citizens Service (NCS) in Bath. They are running a 2-week summer programme, for 16-17-year-olds to develop essential life skills, overcome personal challenges and work in collaboration to tackle local issues and bring about positive change. In turn, throughout summer we are due to have large cohorts of enthusiastic young people in the local community planning and delivering social action projects, in conjunction with local charities and organisations. We currently still have spaces available, running across the summer holidays, and we are actively looking to engage with hard-to-reach young people in the local community who might be interested in coming on an NCS programme. We typically run events in secondary schools to promote the programme, however, we would welcome the opportunity to engage with young people in care, pupil referral units, and those not in education, employment, or training. To find out more information about NCS and Catch 22, please visit these links: https://wearencs.com/

Bath City Farm: – Activities for Children, Young People and families

Little Farmers (Under 5's)- Term time Friday's, 10 – 12pm Farm & Forest School activities for children & their parents/ carers. Sessions run for 12 weeks. To start in April.

After school Farm club – for local children aged 5-11 years, Thursday 4-6pm Email:mo@bathcityfarm.org.uk **Saturday morning Farm club** – 10am – 12pm Places run April – July/ September – Dec. Bookings can be made through Eventbrite a couple of weeks before a new block starts. Sessions cost £7/week. Enquiries email@ mo@bathcityfarm.org.uk

For school trips and other visits: Reception/KS1 and KS2. Usually run on Tuesday and Thursdays. Email: polly@bathcityfarm.org.uk

Saturday Farm Hands – for Teenagers 1pm – 3pm Email: <u>tracey@bathcityfarm.org.uk</u>

Animal tracks into training - If you are not in education, employment, nor training we run 2 hr sessions on a Thursday afternoon to work towards an AQA in animal care over a period of 6 weeks. These places are funded by Bathscapes. Email: mo@bathcityfarm.org.uk

Work placements for young people on animal care courses. We offer a few places per year to local 16 and 17 year olds who want experience working with animals at the Farm. Email: Joe@bathcityfarm.org.uk with your CV and a cover letter.

Bath Rugby Foundation Hi5!

Hi5! is a weekly programme which introduces children and young people with special educational needs to different sports and activities. BRF has been running Hi5! Sports club for 13 years and they offer mixed ability, multi-sports clubs for youngsters in B&NES. The programme has been specially designed for those with physical or learning disabilities, using a variety of sports and activities to develop fundamental movements such as agility, balance and co-ordination, as well as giving participants a safe, fun environment to get healthy. Email Lauren at lauren.butcher@bathrugbyfoundation.com to find out more.



Young people and libraries – Have your say survey.

This online survey will gather feedback from 11–18-year-olds about our libraries and digital services. We'd like as many young people to contribute as possible, particularly if they don't currently use our services. I would be grateful if you could help encourage take up by sharing the information and poster attached as appropriate.

Survey will close on 10th April:www.bathnes.gov.uk/youngpeopleandlibraries

To find out more about Bath and North East Somerset Library Services visit our website or library blog.

Youth Connect South West current provision: YCSW have teams across B&NES providing a wide range of youth services offering advice and positive activities for young people. Feel free to share the following list with any of the young people or families you support.
Monday: Midsomer Norton – games group (ages 11 – 19yrs)
Radstock Youth Hub – Youth Hub 6.30 – 8.30pm (Yr groups 7 – 9)
Southside Youth Hub 6.30 – 8.30pm (Yr groups 7 – 9)
Midsomer Norton detached street based youth work 7-9pm
Bath City center detached street based youth work 4-6pm

Tuesday Midsomer Norton Skatepark Hub - 6.30 - 8.30pm (ages 11 - 19yrs) Mulberry Park Hub - 6.30 - 8.30pm (ages 11 - 19yrs) Timsbury Youth Bus (Conygre Hall Carpark) 7 - 9pm (Yr groups 7 - 9) Westfield Methodist Church 6.30 - 8.30pm (Yr groups 7 - 9)

Wednesday Mulberry Park Courts 7 – 9pm (ages 11 – 19yrs) Paulton Youth Bus (Village Hall) 6.30 – 8.30pm (Yr groups 7 – 9) Radstock Youth Hub – Youth Hub 7 – 9 pm (Yr group 10 – age 19) Southside Youth Hub 6.30 – 8.30pm (Yr group 10 – age 19) Bath City centre detached street based youth work 3.30pm

Thursday Midsomer Norton Dungeon & Dragons (ages 11 – 19yrs) Bath City centre detached street based youth work 3-5pm Keynsham detached street based youth work 5-7pm

Friday Bath City center detached street based youth work 7-9pm

Community Wellbeing service Hub: Latest flyers for their upcoming courses. They have increased the food voucher they give for online COOK IT to £30, LEAP is beginning to go back to face to face and their first post covid face to face HENRY course coming up in Radstock (Thursday 5th May)



SEND Partnership Service: The SEND Partnership service are planning their Parent Champion 'coffee break' dates from after Easter up until the end of July and would be interested in speaking with organisations who may be holding sessions/events which they might be able to join. If you might consider hosting a session please contact Cathryn Bartrum, their volunteer coordinator: <u>Cathryn Bartrum@BATHNES.GOV.UK</u>. Cathryn will be joining us at our next CYPN Meeting in June too [©]

Nova Sports: Bookings email: <u>bathframerunning@gmail.com</u> (Emily)

Bath Frame Running Club is suitable for children & Adults who struggle with their mobility. The frame offers balance, torso support and a saddle. The Whole family are welcome – bring bikes, trikes and scooters. Booking is essential. Sundays 13.00 – 14.30pm at the Odd Down Cycle track March – October.

Easter Holiday activities:

Bath City Farm are in the process of developing out Children, Young People and Families Garden (a catchier name soon to come) We have some fun and enriching activities coming up that will help young people living locally to the farm to make the garden area their own. Eco Builder, BJORN is running cob building workshops to get YP involved in finishing off our roundhouse as well as model making, landscape design workshops and free lunches! For YP living or going to school in Twerton, Southdown or Whiteway and able to commit to three days. Either 11th-13th or 21st-23rd of April 10-3pm. Book a space calling 07961534317 or by email: <u>mo@bathcityfarm.org.uk</u>



<u>Bath Area Play Project</u>: Holiday playschemes for children with additional needs. If you are working with a child who has SEND 3-19 years you may want to find out more about the BAPP Holiday playschemes. Spaces are still available for Easter please email: <u>Roz@bathareaplayproject.co.uk</u> for more info or for a registration form. Where a family is in receipt of Free School meals, they may be eligible for a HAF funded space.



Bath Area Play Project: Open access family play sessions: BAPP will be holding 2 open access play sessions during the Easter Holidays (Wednesday 13th April in Paulton & Tuesday 19th April at Roundhill, Southdown 1-4pm) for the whole family to Enjoy.

These free sessions will involve outdoor free play activities and adventurous play opportunities to keep the children entertained all afternoon! Please follow the <u>BAPP</u> <u>facebook</u> page for more details. If families are eligible for FSM they can use thee-vouchers emailed out to schools to request a free packed tea.

Sporting Family Change: Free Easter Bonanza Thursday 14th April 11.30 – 14.30 Camerton Community Hall, BA2 ONL: Inflatables, Egg Race, Refreshments & more If you'd like any more information about the event then please contact Elaine at <u>Elaine@SportingFamilyChange.co.uk</u>. Otherwise we look forward to seeing you there on the day!

Nova Sports An opportunity from Nova Sports & Coaching for anyone aged 7-18 years with learning disabilities, Autism, ADHD and their siblings. Get in touch with them to grab one of their last spaces for their session at The Wave or check out the other activities they have on offer. Thursday 14th April / 10:30 - 13:00 / 7-18 year olds / £20 Suitable for children with learning disabilities, Autism, ADHD and their siblings. Must be able to swim 25m independently. Get in touch if you would like to book: bookings@novasportsandcoaching.co.uk



Easter Activities for children in receipt of FSM: Activate Camps are running the HAF programme across B&NES with a number of different providers including Creative Roots, 103 childcare at Weston Hub, Progressive Sports, Little Voices, Swainswick Explorers, Youth Connect South West, Bath Rugby Foundation, Bath Area Play Project and Play Wooden

If you know a child who is eligible for Free School Meals they should have received an e-voucher from school: register their space: we-activate.co.uk/bnes

Wheels for All - Bath&West Are running a Super Tuesday session 12th April! At the Odd Down Cycle Track. Book via Eventbrite: <u>www.eventbrite.co.uk/o/chris-revill-31079845593</u>

Business & Funding Opportunities:

The <u>B&NES Funding Journal</u> is a comprehensive list of both local and national funding sources, news and local training opportunities which is updated monthly. It is free to access and updated regularly. **Improving Your Places to Ride Fund - British Cycling**: Matched funding grants of up to £15,000 are available for community cycling projects across England in conjunction with Crowdfunder.co.uk. Funding is available for (a) the improvement and (b) the development of new cycling facilities, equipment and activities across England. Projects should involve and benefit local communities and make a difference to places in which people cycle. <u>Find out more</u>.

<u>Youth Futures Foundation</u>: Funding will go to organisations working with young people aged 14-24 to help overcome barriers to finding meaningful work. They are looking for approaches that can be tested, evaluated and, where proven to be effective, expanded to more young people. Development Grants of between £30,000 and £100,000 per annum over 1-2 years and Impact Grants of between £100,000 and £800,000 per annum over 1-5 years.

<u>The Anders Foundation</u> The Anders Foundation's aims are to "support young people of all abilities, both disabled and able bodied, to achieve their sporting goals". Funding is awarded on a case by case basis throughout the UK to individuals and clubs/institutions

<u>The Three Monkies Trust</u> The Trust focuses its grant-making on the following areas: Promoting the advancement and accessibility of music and the arts or Helping children & young people under the age of 25

<u>The Chesterhill Charitable Trust</u> Grants for UK registered charities working with disadvantaged young people, the advancement of education, ex-offenders or young people at risk of offending, and people with physical and mental health challenges.

<u>The Variety</u>: Youth Club Grants Equipment grants generally between £250 and £600 for UK youth clubs that are providing opportunities for improving social skills, team spirit and self-esteem for young people aged 8 to 18 years old.

Training & Support Opportunities:

B&NES Learning Pool Training: To book a space on one of these sessions please follow the links or go to the Learning Zone. All training is currently virtual.

27th April 9.00- 11.00: <u>Child Exploitation – Virtual Training</u> (Zoom) This FREE course is an introduction to Child Exploitation and will incorporate information on sexual and criminal exploitation and online grooming

27th April: SARI: Empowerment session on hate crime to the community in Twerton at Bath City Farm. This session is FREE and you book via Eventbrite- <u>https://sari-twertonwhitewaynetwork.eventbrite.co.uk/</u>

28th April 9.30 – 15.00: <u>BCSSP Introduction to Child Protection VIRTUAL Session</u> (ZOOM) This is a FREE course focusing on a multi-agency approach and response to Child Protection issues. This course is an opportunity to develop your knowledge around child protection issues and the processes involved.

12th May: 9.30 – 15.30: <u>Assessment & Analysis Virtual Training</u> This Virtual training session will explore and strengthen analysis within assessments Delivered by RECONSTRUCT-ANSTER via ZOOM 13th May 10.30 – 11am: <u>Voice of the child /young person in the Early Help Assessment - Virtual Briefing</u> To encourage skills in interpreting and further understanding what it is that is being said by children and young people, especially in the very young or non-verbal.

17th May 9.00 – 16.30 <u>Early Help Assessment including Lead Professional and Team Around the Child</u> <u>Training</u> (Zoom) This full day training session will address the principles of the Early Help Assessment framework and how it can be used in practice to benefit children and take a practical approach to the role of the lead professional in the context of team around the child/family activity.

12th April 12- 2pm (online): <u>Spotting Fuel Poverty and How You Can Help</u> Organised by 3SG & Citizens' advice B&NES. Session is free but needs to be pre booked.

26th April: Bath Mind 9.30 – 13.00: Working through the Pandemic & Secondary Trauma An opportunity to explore how the pandemic may have changed you with ways to seek support, reframe and move forwards

19th May The Business Exchange's Charity Conference & Expo, Bath Racecourse. Provides opportunities for local businesses, charities, and not-for-profits, to connect, share learnings and growth with far reaching benefits to our surrounding communities. Variety of speakers & seminar sessions. Book tickets <u>here</u>.

Making every contact count courses

Making Every Contact Count (MECC) is about making the most of contacts we have with the people we meet everyday. MECC is a reflective skills-based training opportunity that encourages a different way of interacting to address health and wellbeing issues. Free online course. The training will involve: $1 \times 3hr$ online session $3 \times MECC$ e-learning modules Making Every Contact Count - <u>elearning for healthcare</u> Further information is in this <u>short video</u>. <u>Tuesday 17th May</u> 1.30 - 4.30pm or <u>Wednesday 15th June</u> 9.30 - 12.30pm

The International Organisation for Migration (IOM) will be holding cultural awareness sessions open to all those who work with refugees and asylum seekers, or UASC, or will be working with them.

30 June, 14:00 – 16:30: IOM UK Cultural Adjustment Information Session Session will focus on cultural adjustment of refugees once they arrive in the UK, as well as a discussion about a case study on integration. We suggest participants read the New York Times article "Wonder & Worry, as a Syrian Child Transforms" ahead of the session & come prepared to discuss. This session will be participatory & rely heavily on participant engagement through case studies & discussion. <u>Register in advance</u> for this meeting

Events:

9th April: Spring celebration at <u>Bath City Farm</u> run by Kilter Theatre & Bathscape. This event is free and will include lots of fun Easter-themed activities, including an Easter egg hunt and a traditional egg rolling competition. <u>https://www.eventbrite.co.uk/e/april-throws-an-egg-tickets-297933365717</u>

13th April: Bath Area Play Project's Easter Family Play Session 1 – 4pm Paulton Village Hall

19th April: Bath Area Play Project's Easter Family Play Session 1 – 4pm Roundhill, Southdown

28 Apr 2022, 14:00 - 15:15 3SG's Senior Leaders Network (Online) Register Here

19 May 2022, 8:30 - 16:00 Business Exchange Charity Conference and Expo (Bath Racecourse) Register Here

26 May 2022, 14:00 - 15:00 Fundraising Network (Online) Register Here

29th June 10 – 12pm CYPN Network Meeting, Odd Down Community Centre, BA2 2TL

Job Opportunities:

Community Engagement and Volunteer Manager

The <u>Carers' Centre</u> is seeking a dynamic individual with experience of engaging with stakeholders to deliver change; educating and empowering community voices; developing pathways for people to engage with and support a cause; and delivering a positive volunteer experience and ensuring volunteer voices are heard. Salary: £28,156 Closing date: 25th April

Grant Writer/Bid Writer

<u>Bath Rugby Foundation</u> is seeking a Bid Writer to be responsible for preparing and submitting grant applications for both existing and proposed new programmes, as well as all general Fundraising activities. Salary: £28,000-£32,000 Closing date: 12th April

Development Manager

<u>Off the Record BaNES</u> is looking for someone with confidence, drive and energy, a great networker who excels at building trusted relationships with stakeholders at all levels, and who is inspiring, engaging and creative. Salary: £27,000-£28,000 pa, FTE (2.5-4 days pw) Closing date: 2nd May

Thank you for talking the time to read this e-bulletin. Please do keep sending in events and news to share with the sector. If I can help in any way please don't hesitate to get in touch,

Kind regards, Gilly Samuddin, Children & Young People's Network Coordinator