

# Children & Young People's Network E-bulletin January 2022

Dear Members,

Thank you for taking the time to read this month's ebulletin. It was lovely seeing those of you who joined us for our Network meeting today, there was lots of news shared and I have included much of it in our bulletin below.

Dave Joyce, our CYPN chair, also shared with members our new CYPN Network Logo (you can see it above!) which we hope you'll agree it is smart, bright, vibrant and a significant improvement on our last one! The interlinking letters represent the connections we make by networking. Do let me know what you think of it! If you are looking to have any logos or illustrations done for your organisation I can highly recommend Scott Joyce, you can have a look at some of his <u>other work</u> or contact him <u>here</u>.

Our next CYPN meeting is planned for March 23<sup>rd</sup> 10 – 12pm at the Odd Down Community Centre and we hope to see lots of you then! There will be opportunities for networking, discussing on collaborative opportunities and Dave, will be giving a 30 minute taster of the C-ME training. A tool offering behaviour profiling to help you, your team or organisation harness natural talent and long term success.



With the rules for mask wearing changing today, isolation period being reduced and warmer weather on the horizon (I hope...) there is so much in the pipeline to look forward to for our members and the young people you work with, I have included lots of it with you below but if you have any other news or stories you would like to share please let me know and I will include them in our next bulletin.

As always please do get in touch if I can help in any way.

Kindest regards, Gilly Samuddin,

Children & Young People's Network Coordinator. gilly@bathareaplayproject.co.uk

# Local News & News from CYPN Members:

Lucy Beattie wanted to let everyone know that the **3ways cafe** is back open 8-3.30 Mon-Fri and bookings and orders being taken, 01225 830377. Please share with your contacts and pop along for a coffee and cake!

### We are looking for new volunteer CYPN representatives for:

- CYP mini MADE (Multi-Agency Discharge Events) Meetings are held monthly and are chaired by Georgina Ruddle, BSW CCG
- **CYP Emotional Health & Wellbeing Subgroup** The group is chaired by Lucy Kitchener and is a subgroup of the Children and Young People's Subcommittee of the Health and Wellbeing Board and supports the subcommittee in delivering their responsibilities to improve children and young people's emotional health and wellbeing. This group is attended by commissioners and the key people in the CYP mental health system. Cheryl Unthank (TRC) is an existing rep on this board but we have been approached for an additional CYPN rep.

If you think either of these roles might be of interest please email me asap and I will put your name forward.

### Boloh - A national helpline supporting and asylum seekers

The specialist helpline advisors at Boloh provide support and advice on respiratory illness and for those disproportionately affected by Covid-19 in Black, Asian and ethnic minority communities - <u>Read Article</u>

**Build a successful and inclusive volunteer programme with Get Out Get Active's handy guide** An insightful 7 point step-by-step guide to help your organisation unlock potential and growth within your volunteer programme - <u>Read Article</u>

## **Opportunity for Children & Young People you work with**

The Children and Young People's (CYP) Transformation Programme are recruiting six young people (aged 13-25 years old) to the Children and Young People's Transformation Board as Youth Board Members (YBM's). For the last 2 years, the NHS has successfully brought together a diverse range of young people with different skills and experiences, to work in collaboration with CYP workstreams to embed the voices of young people in policy making and service design. They are looking for a diverse group of young people with a range of experience of using NHS services and who want to improve NHS services for all children and young people in England. This is an exciting opportunity to make a difference to all children, young people and their families across England. YBM's will have a key role in shaping how NHS services are shaped, planned and delivered. <u>How</u> to apply: Further information about the role can be found on the <u>YBM role description</u> Applicants will need to submit an online application form via this link <u>YBM Application 2022</u> by **23:59 onSunday 13 February.** 

### **Reducing Parental Conflict**

Conflict between parents or teenage children is normal, but if the conflict is frequent, intense and destructive, it can have a damaging impact on children. If you are a parent in conflict, or you work with children and families and you come across this, we offer practical information and advice to help. You can complete our healthy relationship questionnaire which will then signpost you to relevant information, or refer you for mediation. More information can be found on the B&NES website <u>https://beta.bathnes.gov.uk/reducing-parental-conflict</u>

#### Social Entrepreneur Programme

3SG are working on a new programme with the School for Social Entrepreneurs open to both start ups and also more established social enterprises in Bath and North East Somerset. It offers practical learning, a grant, coaching and a supportive network. Applications close 7<sup>th</sup> February.

## Live Well B&NES

I'm sure you're already aware of Live Well B&NES; which comprises the Council's SEND Local Offer, Universal/ Early Help/ Family Information and Care Act information. Live Well B&NES has a huge wealth of resources that are useful to support you in your role working with CYP and families. The information is available to everyone, 24 hours a day and is kept up-to-date by the LWB team.

I appreciate some people like to have lists of services they frequently work with, or who are familiar providers; however, the full range of services and resources is available on Live Well B&NES; providing you and the families with whom you work with more choice. If people wish, a 'favourites' list can be created within an individual login, which can be quickly located at any time by logging into their personal account from any location/device.

### St John's Foundation: Language for life. Update on the project so far.

The project focuses on supporting pre-school children to reach their age-related expectations in communication and language development before they transition into primary school settings. This type of targeted support is a key focus of <u>St John's Foundation Fund</u> which aims to significantly reduce the educational attainment gap in B&NES by 2030. 25 early years settings, were offered WellComm Toolkit training to learn how to implement language interventions which helped them recognize which children might need additional support. The Language for Life programme also provided a unique opportunity for leaders in the early-years settings to take on the role of Communication Champions. Regular visits from the Early Years' Service and Speech and Language therapists will also enable settings implement language interventions more deeply.

<u>The Wellbeing for Education Recovery</u> or WER programme is a government funded initiative to support the mental health and wellbeing of pupils and staff following the Covid-19 pandemic. In 2020/21 a series of training events and network meetings on specific topics were held. Slides and online versions of training are available <u>here</u>

For 2021-2022 the following is available:

- Confidential telephone helpline with Education Psychology Service Free one hour advice sessions with B&NES Education Psychology Service. To book a session at a time that suits you email <u>psychology service@bathnes.gov.uk</u>
- A series of online parent information evenings to support parents and carers in helping their child's mental wellbeing to flourish. All parents welcome. <u>16<sup>th</sup> February 7 – 8pm</u>
- Staff supervision sessions to help staff debrief & share their experiences of handling distressing/challenging issues within a supportive environment. Sessions are facilitated by an experienced Education Psychologist
- Further information Contact Clare Laker <u>clare laker@bathnes.gov.uk</u>

The **refreshed version of the B&NES' Early Help Assessment** is now available for everyone to use. The new form is available to download directly from the <u>Early Help section of the B&NES website</u>. Please could I ask that any old versions of the Early Help Assessment form your organisation may hold be deleted and the new one be made available for use going forward. Dates for multi-agency training are already live on the B&NES Learning Pool and available to book now. Alternatively, if you would like to talk about any aspect of the process, or discuss specific training needs, then please do not hesitate to contact the Integrated Working Team who will be pleased to provide information. They can be contacted at IWT@BATHNES.GOV.UK

#### Bath Life Awards 2022

Congratulations to the Charity Category finalists this year... Good luck on March 3<sup>rd</sup> at the awards. This year's finalists are: Project 28, Mentoring plus, Cleveland Pools Trust, Children's Hospice South West, Designability, Genesis Trust Bath, Share and Repair, St John's Foundation, TRC and We get it!

### Zero Carbon Nature Positive Network

Environmentally conscious individuals, groups and organisations from across B&NES can now join the Zero Carbon Nature Positive Network to add their voices to climate action. The network, hosted by B&NES Council, provides a platform for people to learn what others are doing across the region to tackle the climate and ecological emergencies and enables local groups to collaborate, support each other and share skills. Anyone can browse the network, share information, keep up to date with the latest news and opportunities and find out how they can support action in the community to help tackle climate change together. Network members can join the topic groups to share resources such as links, documents and media, and to discuss issues. There are topic groups on funding; home energy efficiency, green infrastructure and biodiversity, local food, renewable energy, resources and sharing, sustainable travel, and waste and recycling. The blog on the site will feature posts by guest bloggers and case studies. Anyone with a story who would like to feature on the blog can email: sustainability@bathnes.gov.uk with 'ZCNP Blog Pitch' as the subject heading. Interested individuals, groups and organisations can find more information and join the network on the website.

### **NEW Eating Disorder Support App launched**

An app that enables people with disordered eating and eating disorders, and people close to them, to find useful information, self-care tips and links to support. The Eating Disorder Support app has been developed by Bristol Health Partners' <u>Eating Disorders Health Integration Team (EDHIT)</u> and <u>Expert Self Care</u>, and co-produced with public contributors, topic experts, charities and other partners, including ABC, Buzz Consulting, First Steps ED, PANS PANDAS UK and Somerset & Wessex Eating Disorders Association.

FREE to download for iPhone on the <u>Apple App Store</u> and for Android on <u>Google Play</u>. The app makes reliable, evidence-informed information about eating disorders more easily accessible, in one place, even when offline.

### Mentoring Plus- Riverside Youth Hub space rental:

Riverside Youth Hub now has availability on weekdays for exclusive rental of our hall area. This informal and flexible space just off London Road near Morrison's can now be used (one-off or regularly) by schools and organisations for private meetings, projects or a supervised family access setting in normal office hours. Chairs, tables, a sofa and games are all available, there's free off street parking and a shared kitchen space for refreshments. Riverside can also be hired at weekends, ideally for regular use, by groups and sports teams including use of our garden and floodlit ball court.

Please email <u>becki.fox@mentoringplus.net</u> for availability and rates.

### Bath City Farm: Update on activities available for CYP.

Thurs - Farm club 5 - 11 yrs local children referred in. 4 - 6pm

Sat - Farm club 5 - 11 yrs 10 - 12pm paid for in terms and Farm hands - youth volunteers 1pm - 3pm We are also hoping to be able to offer Duke of Edinburgh volunteering on Friday after school. Please contact <u>Ruth</u> <u>Jones</u> if you are interested in more details. They will also be working with Youth Connect to do detached youth work in the neighbourhood.

### Wheels for All Bath& West

Inclusive cycling at Odd Down Sports Ground using our wide range of trikes, bikes, tandems and handcycles. Running open sessions weekly on Tuesdays - 3.15-4.15, Saturday Club - fortnightly 12.00 - 13.30 All reservations: <u>http://wheels4all-bw.eventbrite.com</u> Open to all. Bike/store refurbishment: They have received funding from 'The e-trike project' funded by DFT/WECA. Thiswill create a workshop and offer more Volunteering opportunities for young people. Group and 1-1 session by arrangement. Contact Chris for details: 0753 026 3014 or <u>email</u> You can also follow them on social media for regular updates.

### **Bath Area Play Project**

BAPP, in partnership with Southside have started back up their Family Play Hubs. These sessions are staffed by Community Play Support Workers and Southside Practitioners and provide a weekly safe and non-judgemental group where families can access support, encouragement, and the opportunity to enjoy playing together with their children and other families. Hubs have reopened in Foxhill and Radstock and they are looking for a venue in Keynsham to start back there too. Contact <u>Sarah</u> the play service Manager for more details

## Bath Rugby Foundation: Holiday Activities and Food Tender

Will be submitting a partnership bid for funding for the next 3 years for the HAF program working over school holidays to support children aged 5 – 16yrs in receipt of free school meals. They are still looking for groups who may be interested in working with them on this project. Either as activity providers, to join them at a morning Hubs, as an existing holiday camp providers who could offer spaces for children to attend for 4 hours and include a meal, or as a food provider to support the offering of providing nutritious food and food education for families. If you are interested in discussing this further please contact <u>Caryl</u> by Friday 28<sup>th</sup> January.

# **Business & Funding Opportunities:**

#### Energy top-up grant from the Household Support Fund

B&NES are providing £250 grants to low income households to help with energy costs this winter. They will provide the grants by issuing pre-paid debit cards which can be used online or in store to pay for energy related expenses. One grant per eligible household and grants must be spent by 31<sup>st</sup> March 22

### **Bath RAG Big 4 Grants**

Applications are now open and Charities must complete the form and submit it by 28<sup>th</sup> February. Application link: <u>www.thesubath.com/rag/appeal/big42022</u> download the application guide <u>here</u> for more info.

The <u>Morrisons Foundation awards grant</u> funding for charity projects which make a positive difference in local communities. From support groups to children's hospitals and homeless shelters to hospices, the grants aim to provide vital funding for good causes across England, Scotland and Wales. In the main grants are available to fully fund projects up to £25,000.

<u>Family Fund</u> – The Family Fund Trust for families with severely disabled children. The Family Fund helps families across the UK who are raising a disabled or seriously ill child or young person aged 17 or under. You can apply to Family Fund subject to a number of criteria which include that you are the parent or carer of a disabled or seriously ill child or young person aged 17 or under and that you have evidence of entitlement to one of the following: Universal Credit, Child Tax Credit, Working Tax Credit, Income-based Jobseeker's Allowance, Income Support, Incapacity Benefit, Employment Support Allowance, Housing Benefit and Pension Credit.

### **Quartet Community Foundation Resilience Programme**

Grants of up to £10,000 to support local charitable organisations to become more resilient. It aims to help organisations to plan and adapt to change and be better equipped to survive and thrive through challenges and opportunities that may arise.

### Arts Council England - Let's Create Jubilee Programme

Support for voluntary and community organisations to develop new creative and cultural activities as part of the Queen's Platinum Jubilee celebrations in June 2022. Apply through Quartet Community Foundation for grants from £750 to £10,000 Deadline: 28th February

### High Sheriff of Somerset Charitable Trust

Grants of up to £1,500 to a wide diversity of organisations in Somerset, whose objectives are to benefit and support children and young people, as well as the elderly.

### Queen's Platinum Jubilee Activity Fund

Sport England have launched a new £5 million fund to mark the Queen's Platinum Jubilee that aims to use sport and physical activity to bring communities together and tackle inequalities.

Using money from the National Lottery, the fund will make awards of between £300 and £10,000 to community organisations in support of new projects providing opportunities to become more physically active. Apply <u>here</u>.

<u>Funding to Create, Expand & Improve Local Youth Facilities & Services in Deprived Areas (England)</u> Charities, local authorities, schools and other not-for-profit organisations will shortly be able to apply for a share of £10 million in funding to expand the reach, number and range of youth services and facilities currently on offer to young people in 'left behind' areas of England. The funding is being made available through Phase 1 of the Department for Digital, Culture, Media and Sport's Youth Investment Fund and will be administered by the BBC's Children in Need Grants of between £5,000 and £50,000 will be available for small-scale capital projects that can be delivered within the 2021/22 financial year, which drive positive outcomes for children and young people, including improved health and wellbeing, and skills for work/employability and life. The Fund will open to <u>applications</u> on the 31<sup>st</sup> January 2022 and close on the 25th February 2022, or sooner if all funding is allocated.

<u>The Woodland Trust</u> The Woodland Trust gives tree packs to not-for-profit groups, including schools, youth groups, Parish Councils and community organisations in the United Kingdom. Organisations can apply for up to 420 trees in each application cycle. This could be used to support a 'plant a tree for the Jubilee' project.

# Community Project Funding – Music for All

Grants up to £2,500 for community groups and schools in the UK aiming to bring musical projects to their local communities. Grants up to £2,500 are directed towards UK groups that need assistance to develop sustainable music programmes within communities. In general, community grants are provided towards the purchase of instruments, associated equipment or for teaching costs. However, all applications are judged on their merit and other aspects of projects may also be considered.

### Funding for Research and Innovation: The Nuffield Foundation

This Foundation has seven programmes that fund research and innovation in areas of social policy and education. The programmes are:- • Children and Families, • Early Years Education and Childcare • Economic Advantage and Disadvantage • Education • Finances of Ageing • Law in Society • Open Door Grants from £10,000 - £350,000 but usually in the region of £50,000 - £200,000. There are two rounds of funding each year. There is potential for a collaborative research project here ©

### The Quadstar Foundation

Registered charities, voluntary and community groups, not for profit social enterprises and/or Community Interest Companies may apply for a grant of between £3,000 and £10,000 for projects that are working towards one or more of the following outcomes:

- Improving children and young people's emotional resilience and mental wellbeing
- increasing children and young people's opportunities and/or
- Empowering children and young people to become more confident and pursue their aspirations

# Training & Support Opportunities:

**B&NES Learning Pool Training:** To book a space on one of these sessions please follow the links or go to the Learning Zone. All training is currently virtual.

3<sup>rd</sup> February 9.30 – 16.00 <u>Exploitation: Skills and Practice - Virtual Training Session</u> This is a one-day course that aims to develop practitioner skills, offers ideas to enhance practice and introduces practical ways of working with young people who are at risk of exploitation. The course discusses exploitation and looks at practical ways of working with children and young people from a prevention and support angle

8<sup>th</sup> February 9.30 – 12pm <u>Transitions Training - Virtual Session</u> This half day workshop will aim to improve our joint understanding between adult and children's services regarding the legislative framework for disabled young people (14-25 year olds), with particular focus on: Children & Families Act 2014, Mental Capacity Act 2010, Care Act 2014. TARGET AUDUIENCE - This training is available to the adults and children's workforce, this is particularly targeted towards - SEND Team, Adult Social Care practitioners and Social Care practitioners that lead on transitions work

9<sup>th</sup> February 9.00 – 4.30pm: <u>Early Help Assessment including Lead Professional and Team Around the Child Training</u> This **FREE** virtual training session will address the principles of the Early Help Assessment framework and how it can be used in practice to benefit children and take a practical approach to the role of the lead professional in the context of team around the child/family activity. 28<sup>th</sup> February 13.00 – 16.30pm: <u>EQUALITIES</u> This half day ZOOM course is aimed at members of the children's workforce who want to: Improve their understanding of the Equality Act and its impact on their work with children and families, Recognise the need to act in ways that are consistent with the law and Council procedures relating to equality and diversity, Work in ways that challenge discrimination and ensure that people are treated fairly even if this requires additional effort, Know who to contact for more support in promoting equality and diversity.

9<sup>th</sup> March 9.30 – 12.30pm: <u>MANAGING ALLEGATIONS</u> This is a half day (Microsoft TEAMS) interactive workshop to consider the process of allegation's management. The course will review the BCSSP policy alongside current case examples, taking participants through the process of allegation management, and considering the dilemmas and complexities of investigation and decision making and the importance of 'Lessons learned

10<sup>th</sup> March 9.30 – 4.30pm <u>Effective multi agency working in adult safeguarding - Virtual Training Session</u> This course is suitable for those who require level 3 Safeguarding training, however, please note an alternative course is available for practitioners who require specific training on undertaking a Safeguarding Enquiry

<u>Wellbeing College BANES</u>: Provides a range of training for staff and volunteers, much of which is free. It also offers community courses designed to improve wellbeing. Keep an eye on their website for the latest opportunities

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The <u>Young Adults Guide to Mental Strength</u> Join this free course for 16-25 year olds for practical help to manage your wellbeing in partnership with Bath Mind and Soul Spa.

### Awareness sessions and accredited training

Gamcare's Education Leads for the South West offer **FREE training, awareness sessions**, resources and ongoing support to staff to help them recognise and respond to signs of gaming and gambling-related harm - a silent and dangerous epidemic in the UK. They offer 30 minute awareness sessions or CPD Accredited 90 minute training covering harms to young people and adults (with a focus on women) caused by problem gambling and gaming, and routes into support and treatment. Both sessions aim to help make these harms more identifiable for staff working with young people and adults in both generic and gender specific services. Please email lindseyannetaylor@recovery4all.co.uk or clare.leakey@gamcare.org.uk with your preferred below date and they will send you an online link. Free CPD Accredited Training (with certificate) All sessions take place online between 10am and 11.30am: Thursday 24th February, Thursday 24th March, Thursday 21st April, Thursday 19th May, Thursday 16th June, Thursday 21st July, Thursday 18th August, Thursday 15th September, Thursday 20th October

**Interagency Meetings** – Opportunity for service providers to share information, promote projects or events and improve partnership working. The meetings are informal and open to anyone working or volunteering for an organisation in the area. **Sign up** to the Bulletin, or attend a meetings <u>here</u>. **Upcoming dates**: 22<sup>nd</sup> March, 24<sup>th</sup> May

#### **SARI** Awareness session

SARI provides free and confidential support for anyone who is a victim of hate crime - a charitable organisation that covers BANES, North Somerset, Somerset and South Gloucestershire. Whether that's based on race, faith, disability, sexual orientation, gender identity, age, or sex. They work to build greater understanding and respect for diversity and difference within our community. SARI is able to offer awareness sessions for any organisation working in B&NES. The session covers: Different types of hate crime/ strands & its impacts, How to report and recognise hate crime/hate incidents and what services can support, Challenges and barriers to reporting. For more information contact: Natalia Aplin Hernandez, Outreach Development Worker (BANES and North Somerset) email: Natalia@saricharity.org.uk.

# Events:

Thursday 3<sup>rd</sup> February 9.15 -3.15on Zoom: Violence Reduction Conference. A multi-agency online conference to raise awareness of their work, share learning from the interventions they have procured, and hear feedback to support planning as they move forward.

Thursday 10th February at 11am <u>Fundraising Network - February</u> Focusing on environmental change and how our organisations and each of us can take action through our events and fundraising activities, across all areas. We will be joined by Lorna Montgomery of <u>Share and Repair</u> and other charities to talk about effective approaches.

Friday 11<sup>th</sup> February 10 – 12pm Home for Good: Celebration of fostering and adoption. Find out more at homeforgood.org.uk/bathabbey

Wednesday 16<sup>th</sup> February 7 – 8pm, B&NES Public Health team are hosting a free online information evening on the theme of Children's Mental Health and wellbeing for local parents and carers. To register for this free event click here.

Thursday 17<sup>th</sup> February 11 – 12pm: Young Carers: Raising Awareness Workshop (Via Zoom) To help identify, support and refer young carers in the families you work with. To book a space email: <u>dee\_chaddha@bathnes.gov.uk</u>

Thursday 24<sup>th</sup> February: Senior Leaders Network: 3SG 2- 3.15pm online: Register <u>Here</u> - 3SG Members Only

# Job Opportunities:

**Carers Centre:** <u>Young Carers Officer</u>, 10 hrs per wk £13.17 per hour Closing date Monday 14<sup>th</sup> February You will be young carer aware and work using a person centred and whole family approach. You will be excellent at working with children and young people with a particular skill at supporting and involving 5-17 year olds. The role will involve visiting newly registered Young Carers' to undertake a statutory needs assessment. You will also be involved in supporting our young carers activity programme by facilitating school holiday group activities Covid-19 Guidance and PPE will be available prior to conducting any face to face reviews as per our current Risk Assessments.

**WECIL:** <u>Children & Young People's Keyworker</u> B&NES groups, 10 hrs a wk, £22, 627 (pro rata) WECIL are recruiting for an enthusiastic Keyworker to lead on and develop our existing groups in B&NES. They currently deliver a range of weekday evening and weekend sessions for young people with special educational needs and disabilities aged 8 to 13 and 13 to 21 across the B&NEs area. Deadline ASAP!

Thank you for taking the time to read this bulletin,

Kind regards, Gilly Samuddin, Children & Young People's Network Coordinator