



Children & Young People's Network E-bulletin



December Bulletin 2021

Dear Members,

Welcome to our last CYPN ebulletin for the year! I want to take this opportunity to say thank you to everyone who has engaged with the CYPN over the past year and worked so hard and continue to enhance the lives of the children and young people who you support in B&NES. I look forward to working with you all again in the New Year!

There may only be a couple of weeks left before Christmas but there is still so much happening, so I hope you enjoy reading this month's bulletin and if you have anything you wish to share with other Network members in the New Year please do get in touch.

Kindest regards,
Gilly Samuddin,

Children & Young People's Network Coordinator.
gilly@bathareaplayproject.co.uk

A message from Cllr Kevin Guy, Leader of Bath & North East Somerset Council

Following the Government's decision to implement [Plan B in its response to Covid](#) and the spread of the Omicron variant, the rules will change as follows:

- From Friday 10 Dec, face coverings will be required by law in most indoor settings.
- From Monday 13 Dec office workers who can work from home should do so.
- From Wednesday 15 Dec, certain venues & events will be required by law to check all visitors aged over 18 yrs are fully vaccinated, have proof of a negative test in the last 48 hrs, or have an exemption.

B&NES Public Health's two guidance documents for (1) [organisations that run community groups](#) and (2) [small & micro organisations](#) have been updated to reflect the below:

- Update on plans for booster vaccines for 18+
- The new Covid-19 resources for businesses in the [Help for Businesses](#) section on the B&NES Council website. Resources include posters, leaflets and flyers to promote the wearing of face coverings, washing/sanitising hands, making space, getting vaccinated and testing regularly.
- Information on the new Community Engagement Officers

Please can you replace these with any previous versions you have and use/circulate as necessary.

Local News & News from CYPN Members:

It was a pleasure to catch up with Dave Kingswood from Home for Good recently who told me all about various projects he works on. One in particular I wanted to share is 'Family Link' The scheme provides a 'short break' service for disabled children and young people living in the B&NES area. Children and young people are linked with approved carers who offer either daytime or overnight care. Overnight care consists of an overnight stay, weekends or even a few days. This respite benefits the whole family. If you would like to find out more please see [here](#).

Parents Carers Forum I have been attending the steering group of the new Parent Carers Forum which has been reestablished to help support parents of children with SEND in B&NES. The group is currently made of a lovely group of mums (Dads are more than welcome too!) and are looking for any other interested parents who would like to be involved in any way. They are planning a social for families in the New Year and we will publish details shortly. As part of the steering group I was invited to attend the recent [Social Care review](#). B&NES is one of ten local authorities chosen to help a Care review team review services across the UK covering 152 local authority areas in England that deal with children's social care. Their visit was part of a 'deep dive' to help the review team understand how the system works at the local level and hear directly from practitioners and local groups on what needs to change. I attended a focus group as part of the review and raised issues brought to my attention by CYPN members. I will update you once a draft report is published.

As part of Community Services Framework (mental health transformation), we have been asked to help update the B&NES asset map. Please [see attached](#). Please may I request you email me any updates before the Christmas holidays and I will forward this on to the commissioning support officer.

Trauma Informed Training:

At our last Network meeting I spoke about some Trauma Informed training being funded by B&NES council and run by Rockpool via the Violence Reduction team. We have identified 3 organisations who will be participating in front line practitioner training and on behalf of the CYPN have put forward Youth Connect South West for a 'train the trainer' place who will be asked to offer training for the council. As spaces for the training were very limited we have agreed with the council and Youth connect that they will be able to offer some free training to CYPN members once their training is complete. I will let you know once we can secure a date for this. We do still have a space available for the 'trauma-informed educator's' training. If you would be interested in this please do get in touch with me or Sally Churchyard asap.

The Uniform Cupboard

Freedom Centre UK's 'Uniform Cupboard' are looking to support any families you work with this winter. They have a huge range of free, good quality, second hand uniform, coats, shoes, bottles and rucksacks for children and young people of primary and secondary school ages. They have over 50 coats to give away - could these be beneficial to the families you work with? They would be delighted to help meet this need, either via yourselves or as a point of contact for the families directly. Their email address is thecupboard@freedomcentreuk.com or requests can be made via Facebook: <https://www.facebook.com/FreedomCupboard>

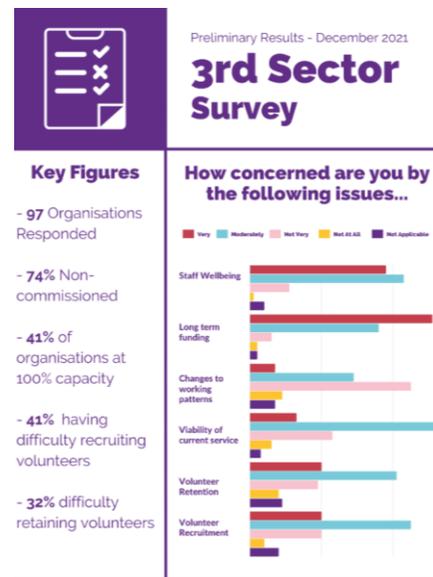
Bath Mind's Wellbeing leaflet is out now! It's full of useful information including a Wellbeing Advent Calendar, Covid-19 information, recipes, healthy eating tips, and activities including puzzle and wordsearch. Printed copies are available from their office, or head to their website to download and print. Please share with members of our community so that as many people as possible can benefit from this helpful resource. Click on [here](#) to go direct to the online PDF.

Plan International UK is recruiting young people aged 16-24 from across the UK to take part in our Young Health Programme, as advocates for youth mental health and wellbeing. Katy Massey, who formerly worked for Mentoring Plus has got in touch and thought there might be some B&NES young people who could be interested. Please [contact her](#) for more information if you have young people interested in the idea.

Kooth: Due to the uncertainty around current Covid restrictions Kooth is continuing to offer free, virtual refresher sessions for professional teams as well as virtual assemblies or a recorded assembly for schools. Please get in touch if you would like to book an online session or receive access to a recorded assembly for your area. rpotter@kooth.com

After last year's success, 3SG are once again running a **Christmas Card project** in collaboration with local schools, Bath Open Christmas, CYPN and Compassionate Community. Young people from across BaNES have been making unique handwritten Christmas cards that organisations and individuals can request. Find out more and how to make a request on the project page [here](#). They currently have lots of cards so if you would like to request any sent to families you work with please do get in touch asap!!

3SG 3rd Sector Survey The preliminary results for the 3SG 3rd Sector Survey have been released and can be seen in the graphic, the full report will follow shortly. Staff wellbeing, long term funding and difficulty recruiting and retaining volunteers are the key concerns to have emerged so far. As part of the Network of Networks group I attend we will be looking at ways we can address some of these issues and those relevant to the CYPN organisations will be discussed at our next Network meeting in January.



Domestic abuse: how to get help Last month, the Home Office added new translations of the guidance on how to get help if you or someone you know is a victim of domestic abuse. Translations of the page have been added in Arabic, Bangla, Chinese, French, Gujarati, Hindi, Italian, Persian, Polish, Punjabi, Romanian, Somali, Spanish, Tamil, Urdu and Welsh. The guidance covers how to recognise domestic abuse, get help and support and how to check whether someone has an abusive past. Councils are encouraged to share the new translations with their local networks. [Guidance](#)

Cook it – 5 week online course starting in January for new and young mums. Contact the Community Wellbeing Hub to find out more -Tel; 0300 2470050 or Email; BATHNES.thehub@virgincare.co.uk

HENRY Healthy Families programme online: The HENRY programme is completely FREE to join for parents and carers of children aged 0 to 5 years old. The programme provides everything you need to help your little one get off to a great start. Next start dates: 11st January 1.30pm or 26th January 1.30pm Contact the Community Wellbeing Hub to find out more -Tel; 0300 2470050 or Email; BATHNES.thehub@virgincare.co.uk

Gympanzees are fundraising for a new facility, the first of its kind in the UK, they need to raise £2.2 million, which will secure a building with specialist rooms and fantastic inclusive and accessible sensory and exercise equipment. Read more [here](#). If you know a parent or carer to a young person aged 11-25 with a disability Gympanzees would love to talk to them as they develop their plans for a permanent centre to ensure they create a safe, inclusive, and accessible space . If you can help contact Lucy via text or email. lucy@gympanzees.org, 07821363282.

B&NES Council will be re commissioning allocated funding from the Department for Education to run the (HAF) Holiday Activity and Food Programme through 2022 - 2025. The Council will be looking to commission collaborative delivery of the programme and are looking to engage with providers who may consider being involved in the delivery of the programme. Commissioners are running a pre-tender session on Thursday 6th January 2022 (11am-12pm). If you are interested in attending the session (which will be held on Microsoft Teams) please email angela.white@bathnes.gov.uk.

Tender's Youth Board is a national volunteering programme for young people between the ages of 16 and 25, and who live in the UK. The Youth Board are a core group within the organisation and are one of our most valuable assets and Youth Board members attend monthly meetings and can get further involved in various ways. They are currently advertising for more Youth Board volunteers if you know of anyone who might be interested in participating please get in touch with [Daisy Douglas](#)

In February 2020 St John's Foundation launched its ambitious ten-year strategy, alongside the creation of the new Foundation Fund. Developed primarily to continue to support those people most in need within our region, it now has the specific aim of narrowing the Attainment Gap for Key Stage 2 children living in B&NES. Please see the [attached article](#) about their current work with schools 'The Primary Empowerment Programme'. Although no CYPN members are currently involved with the delivery of support I would like to explore ways with St John's that CYPN members could support this programme as it develops in the future.

SARI: Stand Against Racism & Inequality Hate Crime Services – Every Victim Matters – free training and empowerment sessions: SARI is a hate crime charity that provides casework support as well as signposting, training, educational workshops, empowerment sessions and equality and diversity consultancy across

BANES, Bristol, North Somerset, Somerset and South Gloucestershire. You can find out more [here](#): Their aim is to raise awareness on hate crime, build confidence and empower individuals and the community while developing a wider network. I am looking into organising a free training session for CYPN members at one of our Network meetings, but in the mean time you your organisation would benefit from some free training. Please get in touch with [Natalia](#)

I am still collating information for the CYPN Newsletter for schools so if you haven't yet sent me over a synopsis of what your organisation offers for Primary/ secondary schools please do let me know asap. The aim is to improve awareness of the range of 3rd sector organisations in B&NES working with children and young people and highlight some of the opportunities available to make schools aware of where they can refer pupils. I am targeting family support workers, SENCOs and school staff working closely with parents and pupils.

[HAF: WINTER BREAKOUT](#) Working across B&NES at multiple hubs, Bath Rugby Foundation, Bath Area Play Project, Youth Connect South West and partners will deliver a fun and powerful package of festive activities including sports, exercise, craft as well as nutritious food, for children in receipt of free school meals. There are Junior Breakout Hubs each morning 9 – 1pm which include a free lunch, afternoon Family BreakOut sessions 2.30 – 4.30 for the whole family to enjoy and Teen Breakout for 12 – 16 year olds. Spaces are booking up fast so please forward to any families who may be eligible.

Business & Funding Opportunities:

[Resilience Fund – Berkeley Foundation](#) A £900,000 investment in strengthening the voluntary sector over the next four years. The Fund will provide support for local and grassroots charities to invest in their ability to anticipate, prepare for, respond and adapt to challenge, building resilience for the future. In its first year, the fund will target building resilience in organisations working to enable young people, aged 16-25, to overcome barriers to work and kick-start their careers. Eligible organisations can apply for up to £30,000 over two years. The Fund is currently open for applications until 6 February 2022.

[The Queen Anne's Gate Foundation](#) Grants of between £5,000 and £25,000 for UK charities working in the fields of children's welfare, education, health and general welfare. The Foundation seeks to support registered charities which might be said to make potentially unproductive lives productive. In principle, it is willing to commit funding for up to 3 years if it enables the chosen charity or project to plan more effectively. One-off grant awards are also made. Applications can be made at any point.

[The Robyn Charitable Trust](#) Grants for UK registered charities working in the areas of children's welfare and education. The Trust doesn't have a set minimum or maximum grant award levels. In the past, its grants have ranged from £100 to around £30,000. There appears to be no requirement for matched funding. Applications may be made at any time in writing.

[The Bothwell Charitable Trust](#) Grants usually between £1,000 and £2,000 for UK registered charities working in the areas of children's causes, disability and social work, hospices and general charitable causes. Grants rarely exceed £5,000. There is no matched funding requirement. Applications may be made at any time in writing.

Training & Support Opportunities:

B&NES Learning Pool Training: To book a space on one of these sessions please follow the links or go to the [Learning Zone](#). All training is currently virtual.

17th January 9.30 – 15.30pm [Working with Difficult, Dangerous & Evasive Behaviour – Virtual Session](#) This virtual training will provide a variety of tools and techniques for working with service users in challenging situations. Delivered by RECONSTRUCT-ANSTER via ZOOM

18th January 9.30 – 16.00 [Advanced: Working in Exploitation Virtual Training Session](#) This virtual course delves more deeply into the risks and behaviours that surround exploitation. This course is for professionals who are working extensively with children and young people who are being exploited and would like an increased understanding of the complexities that surround this type of abuse.

3rd February 9.30 – 16.00 [Exploitation: Skills and Practice - Virtual Training Session](#) This is a one-day course that aims to develop practitioner skills, offers ideas to enhance practice and introduces practical ways of working with young people who are at risk of exploitation. The course discusses exploitation and looks at practical ways of working with children and young people from a prevention and support angle

8th February 9.30 – 12pm [Transitions Training - Virtual Session](#) This half day workshop will aim to improve our joint understanding between adult and children's services regarding the legislative framework for disabled young people (14-25 year olds), with particular focus on: Children & Families Act 2014, Mental Capacity Act 2010, Care Act 2014.

TARGET AUDIENCE - This training is available to the adults and children's workforce, this is particularly targeted towards - SEND Team, Adult Social Care practitioners and Social Care practitioners that lead on transitions work

CAMHS training – Via teams

Monday 13th December 13.00 until 16.30 [Deliberate Self Harm & Suicidal Behaviour](#)

Thursday 11th January 2022 – 10.00 until 12.00 [Eating Disorders Introduction & Awareness](#)

Wednesday 19th January 2022 – 13.00 until 17.00 [Loss & Bereavement](#)

[Wellbeing College BANES](#): Provides a range of training for staff and volunteers, much of which is free. It also offers community courses designed to improve wellbeing. Keep an eye on their website for the latest opportunities

FREE FIRST AID TRAINING

ASM Training is offering **Free Resuscitation training** to all sports clubs in Bath and Surrounding areas. Training will be for an hour and at a location of your choosing. For enquiries please contact 07921 398 538

FREE FIRE SAFETY TRAINING

Avon Fire & Rescue service have developed online fire safety training for practitioners which can be accessed for FREE! The training aims to help practitioners understand the risk and dangers of fire for those most vulnerable. It

covers topics including; cooking practices, hoarding, candles and smoking safety, electrical safety and, importantly, how to make a referral into AF&RS to request a Home Fire Safety Visit. The training is free and will run over Teams for 1 hr 15 minutes. Sessions can be booked from AF&RS website (using Eventbrite) <https://avonfire.gov.uk/our-services/fire-safety-practitioner-training-sessions>,

Interagency Meetings - A number of Interagency Network meetings take place across the district each year. They give service providers an opportunity to share information, promote projects or events and improve partnership working. Some of the meetings are organised by B&NES Council and others by partner organisations. The meetings are very informal and are open to anyone working or volunteering for an organisation in the area.

Sign up to the Interagency Bulletin, or to attend their meetings [here](#).

Events:

Monday 20th December: Weston Welcome Café & Food Club [Christmas Party](#) 12pm at Weston Hub– All families welcome

Monday 20th – Thursday 23rd December: [HAF Holiday activities and Food](#) – Free holiday provision for children in receipt of free school meals at morning hubs and afternoon family sessions. Follow link to book a free space.

Friday 11th February 10 – 12pm Home for Good: Celebration of fostering and adoption. Find out more at homeforgood.org.uk/bathabbey

Job Opportunities:

TRC have a range of job vacancies at the moment: **Operations Manager, Safeguarding Lead, Referrals Lead, Parenting Support Worker**. The jobs are all part time and can be applied for individually. We would also consider candidates with the right training and experience for more than one role. The successful candidates will need to be professionally qualified, have proven experience and training within the area of complex trauma and be able to work both independently and as a member of our team. The contract is initially a one year contract and may be expanded further after this. Closing date for applications: 5pm on Tuesday 4th January 2022.

Thank you for taking the time to read this bulletin, and may I wish you all a wonderful Christmas and New Year!

Kind regards,
Gilly Samuddin,
Children & Young People's Network Coordinator