

November E-Bulletin

Children and Young People's Network



November 2019



Contents

Welcome and contact us

[Children & Young People's
Network News](#)

[Star Project of the month](#)

[National News & Information](#)

[Local & regional News &
Information](#)

[Meetings & Events](#) & job
opportunities

[Forthcoming strategic Meetings](#)

Please keep us up to date... Let us know
if your contact details change!

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Welcome!

Welcome to November's edition of the CYPN newsletter.

November has flown by this year and we are already in the start of December (which has a much more 'wintery' feel about it! There are lots of festive activities going on across the CYPN so take a look at the events page below 😊 Please do get in touch if you have any events coming up that you would like included in future ebulletins.

If you have any feedback regarding this bulletin or if I can help you in anyway then please get in touch!

Gilly Samuddin

Children & Young People's Network Co-Ordinator
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For more information on the Network please see
our pages on the website [here](#).



CYPN Star Project of the Month:

For more information about Sporting Family Change please email: info@sportingfamilychange.co.uk

Sporting Family Change

SPORTING FAMILY CHANGE (SFC) IS A NEEDS-LED CHARITY, FOUNDED IN 2014 WORKING WITH COMMUNITIES ACROSS BATH & NORTH-EAST SOMERSET.

They use sport to empower, inspire and motivate local families. They adopt a fully inclusive approach working alongside the whole family, offering fun sports and healthy activities to improve fitness and build confidence. This helps inspire and motivate the whole family, encouraging them to raise their aspirations and make positive long-term lifestyle changes. Changes may appear to be very small, but for many of the families these are often hugely significant.

SFC believe the best way to support and empower local families is to build their trust in them, build relationships and as a result a sense of belonging. Ensuring that everyone feels genuinely valued for their contribution is key to all their activities. To achieve this, they offer a flexible, caring, solutions-focused approach when engaging with families and provide a wide range of tailor-made programs including our Whole Based Mentoring, the H.O.P.E.

Programme (Health Opportunities through Physical Education) and our social activities program for young adults with learning disabilities.

Their whole based mentoring is delivered through educational settings for students identified as needing additional support in the B&NES area. The programme has been running since 2014, initially in primary schools but has proved so successful that demand has grown significantly and the programme delivery has expanded into secondary schools.

The purpose of this programme is to support & encourage both primary & secondary school pupils to self-manage their behaviour and emotions, enabling them to develop their skills, improve their performance at school and maximise their potential.

Objectives of the mentoring programme:

- Increase confidence & self-esteem
- Nurture student's self-worth
- Address the difficulties experienced by each student.
- Participate in new activities in a safe and friendly environment
- Improve behaviour and mental well being
- Introduce more safety and stability into student's life

- Support each student to find the motivation and life skills to move forward positively

SFC feel that a sports-based approach is fully inclusive, develop team skills, learn to share and think of others but more importantly provides an opportunity to have fun.

This month they hosted their charity ball which celebrated their 5th anniversary. See their facebook page for more details and photos of the event.

They are currently fundraising for a Foundation for Life Centre. A holistic family therapeutic centre, where a culture of warmth and belonging is fostered. It will enhance the lives of those most vulnerable and facing the most challenges in our local community.



"Our focus is on working with the entire family unit, providing fun sports activities in the local community to raise aspirations and build confidence."

JIMMY DEANE, MD

National News & information

Money from £500m Youth Investment Fund will be available to charities The Chancellor announced at the Conservative party conference that there will be a new £500m Youth Investment Fund. This investment will help build 60 new youth centres across the country, refurbish around 360 existing youth facilities, and provide over 100 mobile facilities for harder to reach areas. The fund will also support the provision and coordination of high-quality services for young people, and an investment in the youth workforce.

Local & Regional News & information

St John's, Bath launch new website: The fresh, dynamic platform will showcase the charity's impact across Bath and the surrounding areas. The new format and easier navigation allow St John's to be more responsive and available on a wider range of devices. <https://stjohnsbath.org.uk/>

Local help with volunteering! Did you know – Mike Plows Community Volunteer Service BaNES offers 121 support for advice on volunteering good practice and your volunteer programmes. He will help find practical solutions to problems, help you plan for the future involvement of volunteers and ensure you are making the most of their services, interested? If so please contact michael.plows@virginicare.co.uk to book an appointment.

The Bath Business Improvement District (BID) opens its [charitable Bath Gift Wrapping Station](#) today, Thursday 28th November, just as the Bath Christmas Market starts. Located at 4 Union Street 2 – 5pm every day during the Christmas markets. All the donations accepted at the wrapping station will go to the local homeless charity, Julian House. Last year, the wrapping station raised nearly £3000 for the charity and there are high hopes to double that number this year.

Church could sign 30-year deal to keep Peasedown youth centre open

The future of Peasedown St John's youth centre could be secured for another 30 years through a deal with the village church. The council has had a major rethink and transferred its youth service to a new independent organisation, Youth Connect. B&NES could get £43,000 a year in rent for the building but looks set to reduce that to nothing to keep the hub open – on condition it opens to 13 to 19-year-olds two evenings a week for 44 weeks of the year.

Book donations: Libraries in B&NES are looking for book donations which will be gifted to people in the community who might not otherwise receive a Christmas present. The council is calling for help from anyone who might be decluttering their shelves of unwanted books, to take them to any of its libraries in Bath, Keynsham or Midsomer Norton or to the Bath One Stop Shop, where they will be wrapped and distributed through local charities as gifts. The books can be new or second hand, but must be in good condition. Books suitable for adults as well as for children are welcomed.

Annual Community Awards: There is still time to nominate someone for the Annual Community Awards. The awards are an important celebration of the people who are dedicated to our community but whose work often goes unrecognised. We are encouraging people to nominate volunteers, community leaders, local businesses, charities, carers and staff from partner organisations for an award. New for this year are categories for Charity of the Year, Foster Carer of the Year and Green Business of the Year. The Volunteer Leader of the Year Award has been renamed 'The Beryl Dixon Community Leader of the Year Award', in honour of a well-respected advocate for the BME community. The Community Awards are organised by B&NES in partnership with the BANES Clinical Commissioning Group, CURO, Sirona Care & Health, BANES Virgin Care, Student Community Partnership, Bath College and a new partner for this year, 3SG.

Business & Fundraising

[Impetus Private Equity Foundation](#)

Funding and other support is available to ambitious, innovative charities and social enterprises in the UK that are enabling disadvantaged children and young people aged 11-24 succeed in education and at work. Impetus funds and builds a small number of promising charities that are working with disadvantaged young people in the UK with the aim of helping them become stronger organisations that transform the lives of the young people they serve

[The Sunrise Foundation CIO](#)

Grants for charitable organisations and individuals in England, Wales and Peru in the areas of mental and/or physical illness, young people and social inclusion.

There are no lower or upper grants limits and applications can be made at any time. Although the Trust awards across England and Wales, the majority of major awards made to date have been focused on the area in and around Bristol.

[Road Safety Fund](#)

The Road Safety Fund is part of the Police Community Trust and is generated through speed awareness courses before being invested back into the community to support projects that are tackling road safety. The fund is to support community and voluntary organisations who are working hard to keep their road safe. Grants of up to £5,000 are available to support local road safety initiatives.

Apply Here: <https://www.avonandsomerset.police.uk/services/police-community-trust/road-safety-fund/>.

[The Les Mills Fund for Children](#)

Grants of up to £1,000 are available to registered charities and non-profit organisations who work to improve the education and physical and emotional wellbeing of children. Applicants applying for funding may focus on one or more of these areas: Living in Poverty, Physical & Mental Health Problems, Health & Wellbeing or Living With Disability. The next closing date for applications is 5pm on the 28th April 2020.

[Paul Hamlyn Foundation](#): Youth Fund

The Youth Fund supports organisations whose main purpose is about helping young people (aged 14-25) in the most precarious positions, where making the transition to adult independence is most challenging. The Fund supports organisations which work with young people experiencing disadvantage in a way that recognises and builds on their strengths and potential . Awards are of between £30,000 and £60,000 for a two year period.

THE WOODWARD CHARITABLE TRUST

The Woodward Charitable Trust award grants (typically around £3,000) towards the core costs for small charities, CIOs and CICs. The Trustees make two types of grants – **smaller grants** of under £3,000, usually around 100 grants per year; and **larger grants** of over £3,000, usually no more than 5-8 per year and almost always to charities already known to the Trustees. The Trustees favour small-scale, locally based initiatives and most grants are only for one year. In addition, 60-70 grants of £250-£1,000 per year are made towards [Children's Summer Playschemes](#). Applications open from 1 February 2020 and are considered in April/May each year, grants are only given to charities whose annual income is under £100,000.

For more funding and grants opportunities please click here for [November's Bulletin](#)



12 hour Paediatric First Aid training course:

It is strongly recommended that you have someone who is qualified where you run any activity for children & young people.

OFSTED recognised qualification
£95 per person
Available for all

Venue: Odd Down Community Centre

Various dates and times available.

If you are interested or would like further information, please email

sarah@bathareaplayproject.co.uk

Training B&NES Children's Workforce Training:

Please see: [Table of Charges from Sept 2019](#)

[Early Help Assessment \(formerly CAF\) including Lead Professional and Team Around the Child Training \(Full Day\)](#) Friday 6th December 9.30 – 4pm, Civic Centre Keynsham

[Challenging & Aggressive Behaviour](#) Monday 16th December 9.30 – 4.30pm Community Space, One Stop Shop, Keynsham

[Adults Level 2 Safeguarding \(LSAB\)](#) Tuesday 17th December 9 – 12.30pm Community Space, One Stop Shop, Keynsham

[Self Neglect - Adult Safeguarding \(LSAB\)](#) Tuesday 17th December 1.30 – 5pm Community Space, One Stop Shop, Keynsham

[Managing Allegations \(LSCB\)](#) Wednesday 15th January 9.30 – 12.30 Civic Centre Keynsham

[Young People's Participation in Practice](#) Tuesday 28th January 12.30 – 2.30pm Civic Centre Keynsham

All bookings for the Children's Workforce Training should be made through the online booking System [here](#)

Further information is available from Children's Workforce Training 01225 394210 or childrensworkforce_training@bathnes.gov.uk

If your Organisation has any specific training needs you would like me to investigate on behalf of the CYPN please get in touch!

Free Training for Volunteers: Wellbeing Collage, B&NES

Sexual Health Training programme : B&NES Public Health are pleased to announce the launch of the B&NES sexual health training programme for 2019/20. All courses are free to those working with young people and/or parents and carers in Bath and North East Somerset. Find out more [here](#).

Connect 5 Training Programme: The Connect 5 training programme is an accessible, evidence based course that is relevant to everyone who works or meets with the public. It provides participants with skills and competencies that build confidence in having conversations about mental health and wellbeing. It presents tools to empower others to take proactive steps to build resilience and look after themselves. Connect 5 takes the position that we don't need to be mental health specialists to support those who are experiencing emotional and mental health problems. Find out more [here](#).

I hope you have enjoyed and found this edition of the CYPN e-bulletin useful, if you have any feedback or would like to see me cover anything else in the next edition please do not hesitate to contact me at gilly@bathareaplayproject.co.uk BA2 2TL, Odins Rd, Bath