



# May E-Bulletin



## Children and Young People's Network



Tuesday 1<sup>th</sup> May 2018

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Please keep us up to date... Let us know  
if your contact details change!

### Contact us at:

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## Welcome!

Welcome to this month's edition of the CYPN newsletter.

May is here and the weather this morning helped put a spring in my step (let's ignore the hail this afternoon!!). I hope you are all well and looking forward to what's predicted to be a wonderful bank holiday weekend... 😊

Here is a little light reading for you all in the form of this month's e-bulletin, I hope you enjoy it!

My aim as coordinator is to provide members with relevant information regarding meetings, events, training, consultations and developments to ensure that the sector is informed and kept up to date at a local and national level.

If you have any information that you would like included in future e-bulletins or If you have any feedback regarding this e-bulletin then please contact me.

Gilly Samuddin

Children & Young People's Network Co-Ordinator  
[gilly@bathareaplayproject.co.uk](mailto:gilly@bathareaplayproject.co.uk)

For more information on the Network please  
see our pages on the website [here](#).





# Star Project of the Month

If you're interested in more information, please contact: Michelle Rochester

[michelle@makeamove.org.uk](mailto:michelle@makeamove.org.uk)

07595 702874

**Make a Move:** a charity founded on the principles of music and movement making people HAPPY!

Make a Move is a creative movement charity working in Bristol and Bath & North East Somerset that works with:

- Children in schools
- Young adults with learning disabilities
- Elderly people suffering from dementia
- Mothers suffering from post-natal depression.

Make a Move aims to improve mental health and wellbeing using a combination of creative movement, music, dance therapy and talking therapy. Our aim is to give people the tools by which they can improve their own lives. We do this by encouraging them to become more active, boosting awareness of the link between body and mind, inspiring laughter and play, and demonstrating how we can overcome social, emotional and mental health difficulties by making choices that guide us towards a happier life.

Make a Move does not receive any statutory funding and so all income is derived from

local and national funding trusts and local fundraising events. 80% of the all money received is spent directly to benefit those in need.



We are driven by our desire to improve the mental-health of all we have the pleasure of taking on a journey. The idea is simple, but it is in the PROCESS where you can see Make a Move's magic.

### Supporting young people in schools:

Make a Move works with children in primary and secondary schools, special schools and specialist units for pupils with challenging behaviours, to improve wellbeing and access to education.

Charity founder Michelle Rochester is also co-founder of Dance Umbrella, an annual event which brings together thousands of children and young people from schools and youth projects across B&NES.



### Case study:

X's over-eagerness to help was leading to incidences of being taken advantage of by others. She had low self-esteem and lacked any confidence with her physical ability.

She attended a **Make a Move** after-school session for an hour a week. She was hesitant to dance with the more able students to start with as they generally did not work together, even having separate lunchtimes.

X was reserved at first and reluctant to attend if her friends were not there; this is no longer a problem as she never misses a session and is proud of her dance work. She has performed in front of 2,000 audience members and is a much happier, more confident young person.

By encouraging positive, supportive working relationships, X is no longer at risk of being taken advantage of by others in the group, and it is now more likely that they would defend her rather than take advantage.

Please get in touch for more information or how we can help someone you know or work with.

## National News & information

### Improve your digital Fundraising

An interesting blog on how to improve digital fundraising – 7 simple steps to follow. Fundraising in general can be a tough challenge, trying to connect with people and ask them for help to achieve your goal is always difficult and achieving this online can be even more challenging. Hopefully these steps can help you along the way 😊

### goDonate aims to reduce online donation time to under three seconds

A new digital platform is aiming to help smaller charities increase the number of donations they receive online with a more simplified system. The new system has been designed to improve the online experience for donors and increase the chances of supporters completing the donation process. The number of fields donors have to fill has been reduced by including payment technologies such as Apple Pay, Google Pay and PayPal, with the information pulled from their digital wallets used elsewhere.

### BBC article: Primary school mental health counselling may help economy, study says

Mental health counselling for primary school pupils who need it could provide long-term benefits for the economy, a study by a charity has suggested. Pro Bono Economics estimates that every £1 spent on one-to-one counselling could return society £6.20 in improving future job prospects and cutting crime.

Localgiving has recently launched its '[Local Charity and Community Group Sustainability Report 2017/18](#)' about the state & future of the local Voluntary sector. E.g. The value of volunteers in the local UK voluntary sector. There are some interesting key finding that I think we would all agree with.

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## Local & Regional News & information

### University Scholarship (for Curo residents) £3000 per year towards living costs (up to £9000)

This scholarship will be available to Curo residents who will be starting a degree course in September 2018. Anyone interested in applying for the scholarship can find out more at [www.curo-group.co.uk/work-for-us/curo-scholarship](http://www.curo-group.co.uk/work-for-us/curo-scholarship) or by calling Lisa Quayle on 01225 366468 or emailing [Lisa.Quayle@curo-group.co.uk](mailto:Lisa.Quayle@curo-group.co.uk). To find out more and apply online, please visit [www.curo-group.co.uk](http://www.curo-group.co.uk) quoting reference CUS/NOV17.

Closing Date: **Midday 27th April 2018**

Interviews: To be confirmed, likely to be Mid May

### Bath-based borrowing library 'Borrow It' celebrates 100th loan to community

Since it first opened its doors last spring, the unique 'Borrow It' borrowing library in Bath has now made over one hundred loans to almost fifty individuals in the community. From carpet cleaners to hedge trimmers, sleeping bags to ice-cream makers, Borrow It has lent numerous items to local residents and community groups. Borrow It: A Library of Things is open to all residents local to Bath. It is run by Time Bank Plus and funded by a grant from Bath & West Community Energy. There is no charge for borrowing items, though small donations are welcome.



## Forthcoming strategic meetings

These are meetings which our Network Reps will attend. If you have an issue which you feel should be considered by the Board, please [contact the relevant Representative here](#). You can also ask for details of meeting Agendas –available the week before the meeting.

- Early Help Board: 31.5.18
- LSCB 05.06.18
- Emotional Health & Well being group: 14.6.18
- SEND Strategy: 21.06.18
- Workforce reform meeting 03.07.18

If you would be interested in becoming a representative for the Network on one of these boards please get in touch with me as I have been contacted by a few reps who are willing to hand over their responsibilities if the right person comes along!

## Meetings & Events

### Bid Writers Training

NFP Bid Writing Workshops taking place in Bristol. The fee is £95.

Bid Writing : The Basics 7th June 2018

Bid Writing : Advanced 7th June 2018

### The Secrets Of Successful Fundraising (3SG)

Thursday 10<sup>th</sup> May 9.30 – 12pm Bath City FC, Twerton Park, Bath

[B&NES 3rd Sector Group](#) (3SG)

**Small Charities Week:** lots of events plans all week starting with:

[I Love small charities day](#) 18<sup>th</sup> June 2018 This is a day to raise awareness of the work of all small charities across the UK. Getting involved is easy and your small charity has the chance to win up to £450!

**Volunteers Week** is 1-7<sup>th</sup> June 2018

A chance to say thank you for the fantastic contribution millions of volunteers make across the UK, celebrating volunteering in all its diversity.

### Interagency meetings

A really useful forum and wonderful opportunity to meet local people/ groups and hear some of the new and exciting things they have planned over the coming months. I will be going along to the Chew Magna meeting on behalf of the network and I look forward to meeting some of you there.

The next meetings are:

22.05.18: Chew Magna Baptist Church, Tunbridge rd, Chew Magna 12-2pm

11.07.18: Community 67, Queen's Road, Keynsham 12-2pm

12.09.18: Council Chambers, The Hollies, Midsomer Norton 12-2pm

### Local Charity events:

31<sup>st</sup> May: BAPP Play day, Keynsham Memorial Park, 11-3pm

1<sup>st</sup> July Swallow: [BikeBath](#) Fundraising event - 25, 50 or 80 miles

14<sup>th</sup> July Dorothy House [Bubble rush](#)

21<sup>st</sup> July [Bath Carnival](#)

## Business & Fundraising

### The Royal Foundation of the Duke and Duchess of Cambridge and Prince Harry

This Foundation aims to be a leading philanthropic investor. It uses its time and resources to create lasting change in targeted areas and geographies, based on need, and in line with the interests of the patrons. Key areas of interest: Mental Health, Military, young people and conservation.

For further information, visit their website: <https://www.royalfoundation.com/about-our-foundation/>

### Grant Funding – HM Prisons and Probation Service (HMPSS)

This programme awards one-off grants to enable the voluntary sector to contribute to better outcomes for people in Public Sector Prisons, the National Probation Service and Youth Custody Services. These grants are open to voluntary sector organisations with the purpose of accessing innovative new services or approaches. All documents and further information on the grant and how to submit proposals can be found on the website. You will need to register [here](#)

### Calor Rural Community Fund

Funding available for rural, off-grid community projects that improve local life. Projects supported are anything from community centres, village halls and sporting venues to youth clubs and scout groups. There are three levels of funding available. There are 5 x £5,000 grants, 6 x £2,500 grants and 10 x £1,000 grants available to off-grid community projects. Funding applied for must equate to 50% or more of your total project cost. Applications close on 21st May 2018. Public voting will start on 25th May until 29th June 2018.

### The Frogmal Trust

Small grants averaging £2,000 for registered charities carrying out social welfare, environmental or community activities in the UK. Applications may be made at any time and there is no specified requirement for match funding. The Trust prefers to support small registered charities working in the following fields:

- People with disabilities, particularly the blind
- Children and young people
- Environmental heritage.

The Trust does not maintain a website but information is available on the Charity Commission website.

Grow Wild is awarding funding of £2,000 or £4,000 to groups and projects that:

Stand out from the crowd, focus on UK native wildflowers, plants and/or fungi and for quality of life will engage one or more of these groups:

- Young people aged 12-18 or Students aged 18-25
- People living in urban areas or those experiencing hardship and reduced access to services
- Encourage large scale community involvement in a location that's accessible to the public.

## Quartet Grants available:

RW Barnes Bursery Grant. Closes on 27<sup>th</sup> July £2,500

Fund set up to offer financial assistance to undergraduate students on programmes of study based on Engineering, Maths or Physics, at certain UK universities. Priority given to students wanting to attend Bath or Cambridge Universities or living within postcodes: BA8, BA9, BA11

### Stoke Park Group Friend's Fund Grant

This programme particularly welcomes applications for activities that help to integrate individuals with learning disabilities into the community, preventing them from becoming socially isolated; or provides them with an opportunity for personal achievement that they otherwise would not have.



### 12 hour Paediatric First Aid training course:

It is strongly recommended that you have someone who is qualified where you run any activity for children & young people.

OFSTED recognised qualification

£95 per person

Available for all

Venue: Odd Down Community Centre

Various dates and times available.

If you are interested or would like further information please email [sarah@bathareaplayproject.co.uk](mailto:sarah@bathareaplayproject.co.uk)

## Training

### B&NES Children's Workforce Training:

- **Difficult & Aggressive behaviour training** 4<sup>th</sup> June 9.30 – 4.30, Community Space, One Stop Shop, Keynsham
- **Raising awareness of PREVENT** 7<sup>th</sup> June 9.30 – 11 or 11.30 – 1pm or 11<sup>th</sup> July 1– 2.30 or 3 – 4.30pm Civic Centre, Keynsham
- **Equalities Training** 20<sup>th</sup> June 1-4.30pm Civic Centre, Keynsham
- **ASD & Co Existing Mental Health Difficulties** 25<sup>th</sup> June 9.30 – 12.30 Civic Centre, Keynsham
- **Online Safety** 29<sup>th</sup> June 9.30 – 1pm Civic Centre, Keynsham
- **Early help & Integrated working – Family alcohol identification** 18<sup>th</sup> July 9.30–12.30, The Hollies, Midsomer Norton
- **Eating Disorders** 27<sup>th</sup> Sept 9.30–1pm Civic Centre, Keynsham
- **Neglect & Child protection awareness Training** 8<sup>th</sup> October 2018 9.30–1.00 Civic Centre, Keynsham
- **Working with families of change resistant drinkers** 24<sup>th</sup> October 9.30 – 1.30pm The Community Space, Keynsham

**All bookings for the Children's Workforce Training** should be made through the online booking System [here](#)

Further information is available from Children's Workforce Training 01225 394210 or [childrensworkforce\\_training@bathnes.gov.uk](mailto:childrensworkforce_training@bathnes.gov.uk)

If your organisation has any specific training needs you would like me to investigate on behalf of the CYPN please get in touch!

### Youth Mental Health First Aid 2-day course 4<sup>th</sup> & 5<sup>th</sup> June 9 – 5pm

Suitable for anyone working with or supporting children & young people aged 8-18. It teaches the skills needed to spot the signs of mental health issues in a young person and builds confidence to offer first aid and knowledge to signpost to further support needed.

Email: [Deborah\\_carter@bathnes.gov.uk](mailto:Deborah_carter@bathnes.gov.uk) to book £85 (includes lunch)

I hope you have enjoyed this edition of the CYPN e-bulletin, if you have any feedback or would like to see me cover anything else in the next edition please do not hesitate to contact me at [gilly@bathareaplayproject.co.uk](mailto:gilly@bathareaplayproject.co.uk)