

# **A new Child and Adolescent Emotional Wellbeing and Mental Health Service (CAMHS)**

*Have your say*

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*Healthier, Stronger, Together*

# Developing an improved C&YP's Emotional Wellbeing Service - Identifying and defining the problem

- Rising number of children and young people with emotional health and wellbeing needs in B&NES (similar to national picture).
- Why? Unequal materialist society? Exam pressure? Parental Pressure? Future employment prospects – automation, Brexit? Impact of internet re bullying, body image, etc.?
- Nevertheless, since 75% of adult mental health emerges before 25 y/o and given the long term impact – lower educational attainment, risky behaviours etc. then there is a compelling moral, social and economic case for change.

1 [https://www.gov.uk/government/uploads/system/uploads/attachment\\_data/file/414024/Childrens\\_Mental\\_Health.pdf](https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/414024/Childrens_Mental_Health.pdf)

2 [http://www.bathnes.gov.uk/sites/default/files/sitedocuments/Children-and-Young-People/banes\\_transformation\\_plan\\_nov16\\_final.pdf](http://www.bathnes.gov.uk/sites/default/files/sitedocuments/Children-and-Young-People/banes_transformation_plan_nov16_final.pdf)

# Developing an improved C&YP's Emotional Wellbeing Service – National Response

- National Response- Future in Mind<sup>1</sup>, March 2015, five key themes:
  - Promoting resilience, prevention and early intervention
  - Improving access to effective support – a system without tiers
  - Care for most vulnerable
  - Accountability and transparency
  - Developing the workforce

<sup>1</sup> [https://www.gov.uk/government/uploads/system/uploads/attachment\\_data/file/414024/Childrens\\_Mental\\_Health.pdf](https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/414024/Childrens_Mental_Health.pdf)

# Developing an improved C&YP's Emotional Wellbeing Service – Local Response

- B&NES CCG wrote the first CAMHS Transformation Plan to secure approximately £333k of NHS funding during 15/16. In November 2016 the plan was updated to reflect plans to spend £476K during 16/17<sup>2</sup>.
- CAMHS Transformation Plan<sup>2</sup> investment in B&NES (2015/16 and 2016/17) with some financial support from Schools Forum funds
  - Improved Eating Disorder Service
  - Primary Schools; Nurture Outreach Service, counselling, FRIENDS CBT
  - Secondary Schools and College; independent counsellors , Resilience Hubs – monthly consultation with named CAMHS worker and mental health awareness training offer
  - KOOTH - on-line information, chat, counselling and young people forums
  - PSHE resource packs to schools
  - Workforce development across Children Services, including attachment aware training, Mindfulness, Theraplay and Thrive
  - Extended CAMHS support for vulnerable 18 y/o's not eligible for adult mental health services

<sup>2</sup> [http://www.bathnes.gov.uk/sites/default/files/sitedocuments/Children-and-Young-People/banes\\_transformation\\_plan\\_nov16\\_final.pdf](http://www.bathnes.gov.uk/sites/default/files/sitedocuments/Children-and-Young-People/banes_transformation_plan_nov16_final.pdf)

# Developing an improved C&YP's Emotional Wellbeing Service – Recommissioning CAMHS

Current CAMHS required recommissioning.

Locally , we asked Stakeholder about their experience of current service (via LSCB).

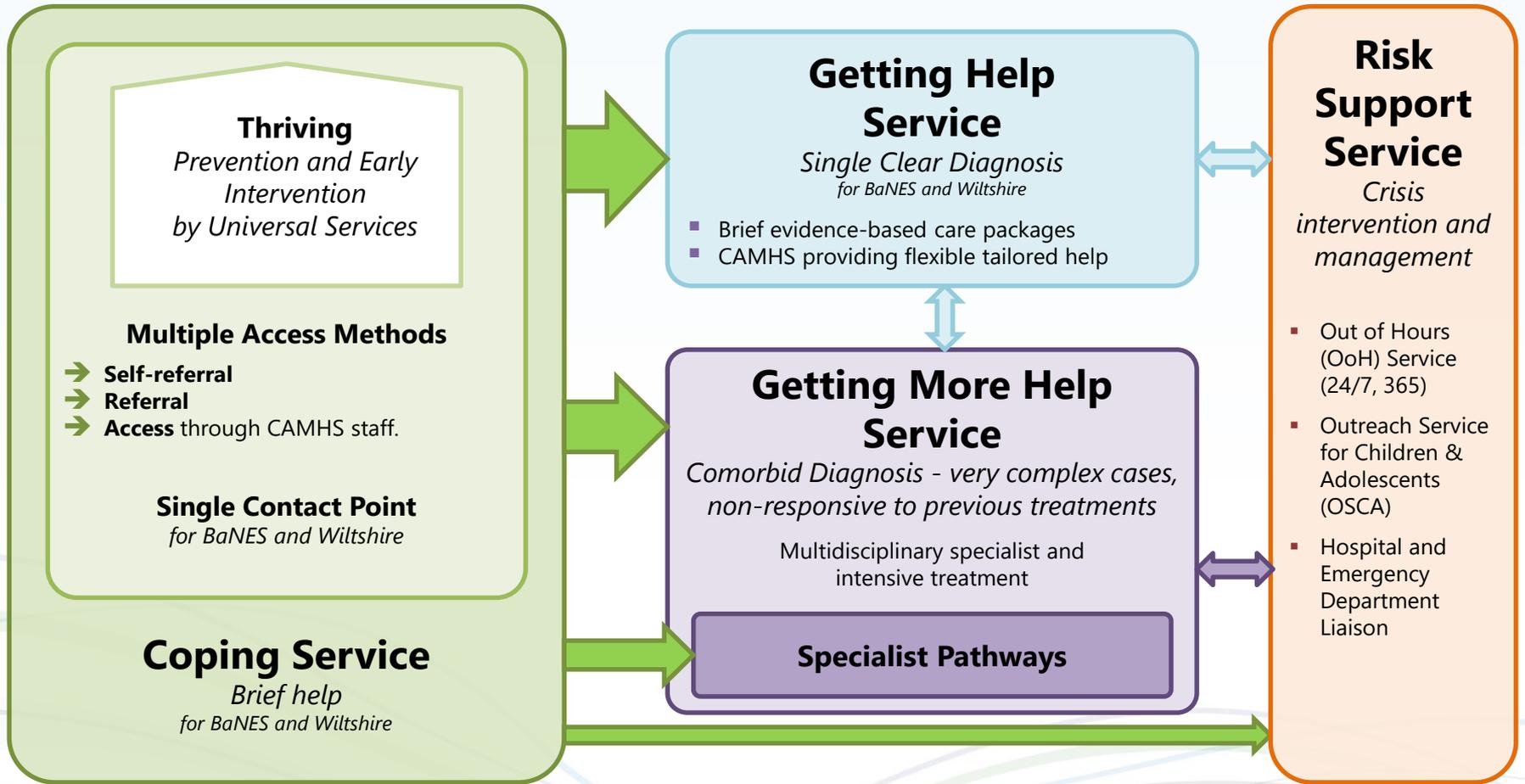
Thank you to the 44 responses from Education (125 responses overall). Experiences, including satisfaction with referrals, were quite variable.

## Re-Procurement of CAMHS Service

- After a competitive tender, Oxford Health NHS Foundation Trust (current CAMHS provider) has been identified as the preferred bidder
- A new model of provision is being promoted which is based on a “Thrive” framework (next slide). Proposed novel features include
  - a Single Point of Access (triaging will include signposting to advice and guidance as well as Early Help and
  - self referral by CYP and their families
- **We are now developing Oxford Health’s proposal and need to test and refine model with stakeholders**
- Schools will need to play a part in the new system wide service. How would schools like to be involved in developing the model? (All responses to LSCB survey will be considered during service development).

**Proposed  
New Model**





## Consultation questions for Schools Governors and Headteachers – to contribute to the development of the proposed model and final service specification

1. What do you **like** about this model? What are the **strengths** of this model?
2. What **concerns** do you have about this new model? What are the **weaknesses** of this model?
3. What is the most **important** part of the model to get right? Who/what should be **prioritised**?
4. How should we measure the **success** of this new approach? What **Key Performance Indicators** should we use?
5. How best do we get your **feedback** to these questions? E.g. survey monkey, Huddle ?

# Thank you!

Any questions?

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