

Emotional Health and Wellbeing Strategy Group Meeting
16/03/17

CYPN Rep Report

1. Presentation by Southside and BAPP about the new Family Support and Play Service.

- This project will be supporting children aged 5 years – 19 years through early help.
- Southside are the lead agency and all referrals go to them.
- Families will need to consent to referral and be ready to make changes.
- Area they will be able to support with include routines, boundaries, action against childhood poverty, help with robust conversations, social behaviour, debt, promoting health attachments
- They will also be able to carry out thrive assessments
- Specific services will include Domestic Abuse Support, Therapeutic Play, Counseling and Peer Support.
- Community Hubs will run Peer support groups.
- Young Advocates – are peer mentors in school for young people who've had a difficult time.

Groups:

Nurture groups – 8-10 children needing extra support 1.5 hours

Family play hubs

Therapeutic Parent and child groups

Groups for children affected by Domestic Abuse – 3 day intensive groups run in the school holidays.

Contact Southside for referrals. They can be submitted to Southside through Globalscape.

- Please find a [copy of the presentation here](#)
- You will find the **referral form** here: <http://www.bapp.org.uk/support-for-you/family-support-play/>

2. Workforce training update

Subgroup and workforce development.

£52K allocated for ongoing training.

£20K for workforce development from CAMHS transformation fund.

Ongoing training this year is:

2 days sunshine circle – early years.

Attachment Aware schools

Theraplay

Thrive

It was raised that adolescents in schools are often missed in the provision of workforce development, apart from school hubs.

Places for staff to become trained in Thrive assessments are available through the behaviour support panels.

Nurture outreach service – Brighter Futures.

It was also raised that secondary schools may not be able to provide support outlined as needed by thrive.

3. New CAMHS commissioning for the next 7 years.

Oxford Health are the provider.

This provision will be in conjunction with Wiltshire and Swindon CCG's 5 key themes taken from Future in Mind for the re-procurement model. Provision is based on a thrive framework (a different thrive from Thrive assessments!)

- this includes a single point of access – early help
- - self referral by children and young people and their families.
- Assessment on referral will include signposting, Kooth, etc

Psychological wellbeing practitioners – P CAMHS

Specialist pathways will include: Learning disabilities, eating disorders, Neuro-developmental disorders, Psychosis.

OSCA – Outreach service for children and adolescents with psycho-social interventions.

All panel members are asked to feedback about the planned proposals. The deadline for submission is June.

4. Friends program update:

- Friends program is run by school nurses in schools, as a whole class delivery. There is differentiation available for special schools according to NICE guidelines.
- Future delivery of this program should be more targeted based on deprivation.
- School nurses asked for input into the future schools to take part in this program. They will meet to choose new schools for Friends program next year.
- BANES has been rated as the worst performance for children with free school meals – BANES is top of the list – 150 out of 150.

5. CAMHS transformation Plan update:

Unspent money will be used to purchase reading well books about mental health for libraries of all secondary schools.

Reading well scheme:

<https://readingagency.org.uk/news/media/new-national-reading-scheme-to-support-young-peoples-mental-health.html>

6. AOB Emotional Learning Assistant – Fosseway are running a degree course in Child and Adolescent mental health – BSC Hons. There are 14 students enrolled this year, most are working as TA's in schools. They can then be employed as an Emotional Learning Assistants.

Suicide Prevention Group – will feedback next time.

Meeting ran out of time at the end, so the minutes of the previous meeting will be agreed at the next meeting: **Thursday 8th June 2-4pm.**

- Any questions/ queries about this meeting do contact me – emma.reeves@trc-uk.org