## Rampage Life Skills





## Tuesdays 4.30 - 6pm

Odd Down Community Centre Odins Road Bath BA2 2TL



Children in Need

Supported by

Rampage Life Skills is a small, relaxed group with no more than 8 young people per session. Sessions are planned and adapted according to those who are attending and young people are supported to give their input and ideas.



We get together to chat about a variety of topics: eating healthily, trying out new sports, looking after yourself, managing money, using transport, relationships, using the internet safely etc. Everything is practical—snacks, cooking and trips are included – <u>we want sessions to be relaxed and fun!</u>

All sessions are free! For more information and an informal chat, please contact Sam Ward—Outreach Worker on 07792 552767 or email me at: sam@bathareaplayproject.co.uk