

Reps Notes from Parenting Strategy Group 11 July

Note: The idea of a 'virtual team' drawn from the existing workforce is not viable.

Presentation on 'Take 3' Parenting Programme More information on this Programme:

<http://www.take3parenting.co.uk/t3p.html>

- *Neuroscience approach
- * Aimed at parents of 10 -18 year olds
- *Group or 1:1 delivery
- * Part 1 is 10-12 weeks
- *Part 2 is an optional extra of 'pick and mix' sessions
- * Staff training - Option 1, 3 days (includes 1:1 mentoring training) with 15 places £5000; Option 2, 2 days (excludes 1:1 mentoring training) £4000 but there is a 1 day top up to complete 1:1
- * no train the trainer
- *cheapest training - delivered at your own site
- * Material £135 per facilitator
- *Internal accreditation £45 per person
- * do not encourage parents to train and move up through the system
- * exploring issues that staff may well not be trained to manage ie past abuse, DV

Presentation Incredible Years. Incredible Years is an internationally recognised Parenting Programme that has been shown to work in Plymouth for a wide range of families. The Incredible Years programme is divided into various age groups and designed for parents of babies, toddlers, pre-school and primary school age children. Find out more on how it works here.

<https://www.plymouthias.org.uk/parenting-programmes/incredible-years>

- *Pre-teens 3 - 8 years
- *In use successfully in BANES
- *8 trained staff in BANES but few staff that are trained are able to be released
- *Expensive to train staff - retention and release from role an issue
- *Can train parents
- *Trainers accredited - but only if deliver package in entirety and we fuse some weeks as too long for parent engagement. Reduced from 20 weeks to 12 weeks.

*Home visit to start and Follow up in the week with phone calls.

* To look into the teenage version?