

**To Heads ,PSHE Leads and Teachers in Bath & North East Somerset Schools /  
School Nurse Team Leaders / Other Professionals**

**Re: Personal Social Health Education - Professional Development**

**PSHE CPD Accredited Course**

**What is it ? Who is it for?**

We have been successfully involved in the national PSHE Certification programme for the last 12 years. We are now recruiting teachers, nurses and other professionals who deliver PSHE to be involved in this year's programme, which will run from December 2016 to July 2017. Training will take place at the Ammerdown Centre , near Radstock

**Aims of the programme**

- ❖ To improve the competence and confidence of those delivering PSHE
- ❖ To raise the quality of teaching and learning in PSHE
- ❖ To effect positive changes in PSHE Curriculum planning, leadership and delivery
- ❖ To provide recognition for the individual's knowledge, experience and skills
- ❖ To contribute to wider Government initiatives and to meet OFSTED requirements

**What will the training include?**

We do our best to model the kind of activities and approaches which can then be adapted to use in sessions with children and young people. Topics include :-

- ❖ Developing a safe climate for learning
- ❖ National guidance on PSHE
- ❖ Legal guidance around e.g. SRE, Drugs
- ❖ Overcoming anxieties about teaching about relationships, sex, drugs, mental health etc.,
- ❖ Teaching strategies
- ❖ Student needs / starting points
- ❖ Assessment and evaluation
- ❖ How PSHE links with other Health programmes , such as the Director of Public Health Award
- ❖ Professional networks and support services
- ❖ Increasing the participation of children and young people
- ❖ Difference & diversity

**When does it run?**

The training will run on **Thursday December 8<sup>th</sup> and Friday December 9<sup>th</sup> 2016  
Tuesday February 21<sup>st</sup> and Wednesday May 10<sup>th</sup> 2017 , all at Ammerdown.**

### **What do teachers / nurses / professionals say about the programme ?**

Colleagues who have been involved to date have found the training programme both useful and enjoyable. Comments have included: -

"This course has been one of the best I have attended. I learned a great deal both from the course leaders and the other course participants. It has had a noticeable impact on both my teaching and the way I lead others in the PSHE team. As a result of this course I am left with not only practical strategies, but a deeper understanding of PSHE as a whole and a huge number of potential contacts for the years to come to help support our department. I have thoroughly enjoyed the CPD and would definitely recommend it to others"

***Sian Gunton, Head of PSHE , Norton Hill School***

"The skills, knowledge and range of interactive teaching approaches gained from the CPD course has significantly changed the way that I teach, not only in PSHE sessions but across the curriculum and when delivering staff training. Thank you for delivering such a useful and informative course incorporating strategies that can be easily transferred to any learning environment. The opportunity to interact with a range of professionals has been invaluable. Everyone on the course has been so friendly and supportive not to mention entertaining! I now have a bank of experts that I can call upon should the need arise so I no longer feel alone and overwhelmed by my new role as PSHE co-ordinator. Thank you to all who have been part of this memorable learning journey!"

***Lucy Thomas, PSHE Lead, Whitchurch Primary School***

"I am so pleased to have had this learning opportunity as I start my new role and look for ways to bring in new approaches to how the police engage with Children and Young People. I have been on a steep learning curve with subject material and interactive learning but the challenge to take this on board and implement it has been great. I have been able to directly take my learning and apply it to my teaching, demonstrated by examples throughout. The PSHE course has shown me new options and different methods of teaching a topic and now I am looking to redevelop the materials and resources we use as an organisation to adopt the principles I have learned. This will make a huge impact on students' learning as they will not be "lectured to" but have the opportunity to explore their own thoughts and views and reflect on these through different activities and groups. Professionally I am now more skilled to carry out my role : I can share best practice ideas and consider if there is more need for improvement or change. I have built new links and networks which can be beneficial going forward to share needs and feedback about police input into schools. Such a valuable course for anyone working with young people ! "

***Lisa Starbuck, Avon and Somerset Police***

"It was great to have such a knowledgeable diverse group, all with such different backgrounds but there for one purpose. I've learned so much through the training and trainers but a lot of my new-found knowledge was learned from the other professionals. I've also found all the activities learnt during the training so beneficial to my work at Project 28. It's also given me a great confidence boost to really get involved in sessions and in turn get the group really involved. The whole experience has been so valuable to my work and my general well-being, I really can't thank all the trainers enough for providing such fun, interactive and informative training"

**Jess Elmer, Project 28**

"Completing the PSHE course gave me the space to reflect on how and why I teach the way I do. It helped show me the importance of ground rules, the essence of a good lesson plan and opened my eyes to a large variety of teaching strategies. The emphasis is about having fun whilst learning and I would not hesitate in recommending it to other school nurses."

**Clare Squires, School Nurse**

### **What is involved?**

The commitment necessary from each participating teacher / nurse / other professional is as follows:-

- ◆ Attendance at 4 training days ( see above)
- ◆ The assessment process will include a lesson / session observation to be undertaken by local leads ; an evaluation of the lesson / session and a reflection on participants' learning
- ◆ Teachers / nurses / other professionals will have external support, advice and guidance throughout the process from local leads
- ◆ **We particularly welcome and encourage applications from schools and settings which have not yet been involved in the programme.**
- ◆ Because of the increase in accreditation costs by Roehampton University we have to charge all maintained schools, nurses and other professionals **£100** towards course fees
- ◆ We welcome the involvement of colleagues from Academies and Independent Schools , however a £250 cost towards the national accreditation will apply plus the £100 course fees (**£350** in total)

### **What do I do next?**

Please would headteachers, nurse leads, line-managers and participating teachers/ nurses / other professionals complete the attached service level agreement and return it to [Deborah\\_carter@bathnes.gov.uk](mailto:Deborah_carter@bathnes.gov.uk) by **September 23<sup>rd</sup> 2016**

If you have any questions relating to the programme, please contact one of us.

Yours sincerely

**Kate Murphy**, PSHE and Drug Education Consultant  
**Judy Allies**, Director of Public Health Award Coordinator  
**Viv Crouch**, School Nurse PSHE Lead