

Emotional Health & Wellbeing Board

Reps Report 17 March 2016

Background:

The Council has developed a [Children & Young People's Emotional Health & Wellbeing \(EHWB\) Commissioning and Delivery Strategy 2014 - 2017](#). The purpose of the Strategy is to help improve the emotional wellbeing and mental health of children and young people (aged < 18) living in Bath & North East Somerset. It focuses on EHWB support services commissioned by the Local Authority and NHS B&NES CCG but also considers services provided in educational settings and by the voluntary sector. The strategy co-ordinates the planning and commissioning of services to ensure that resources in all partner agencies are used in the most effective way to improve children and young people's emotional health. [Further information and links here](#).

Meeting Notes:

Teaching Resources for Mental Health – there are new PSHE teaching resources for secondary schools and colleges following consultation and co-produced with young people. These have been trialled in some schools and will be available shortly on <http://www.directorofpublichealthaward.org.uk/content/resources> Hard copies are being sent to schools and colleges. VCS agencies that work with children/young people and families and need to get a copy should email: kate_murphy@bathnes.gov.uk. Primary packs are being reprinted after Easter.

Please let me know if you would be interested in a training event on using these resources as we could set one up via the Network. Email me at sue@bapp.org.uk

The next Primary Parliament is being organised on the subject of Mental Health.

Local Authority Suicide Prevention Strategy This strategy is being refreshed and will be finalised at the next meeting of the Mental Health & Wellbeing Board. [You can read the draft strategy and comment here](#). There will be a suite of resources for schools and colleges.

- Suicide Prevention Training is available for staff from any setting – next opportunities: **Applied Suicide Intervention Skills Training (ASIST)**, Thurs 26th May & Fri 27th May, 09.30 – 16.30. Keynsham. A **two day**, skills building workshop that prepares caregivers to provide suicide first aid interventions. This course is led by PAPYRUS – the national charity dedicated to the prevention of young suicide. **Also available on 20 – 21 June. 9:00 – 5:00**. To book your place on these courses or to find out more information, please visit <http://bathnes.learningpool.com>.

Facts/Figures: Young men and LGBT young people are particularly at risk, as are those who self-harm. According to Samaritans 1 young person U16 commits suicide every week in England. If you expand this to U18's this is 1 every day. 70% of these young people are not known to services.

CAHMS Transformation Fund. The board is looking at the budget for 2016/17 which will be at least 380,000. Some of this is already committed and training in schools may be a priority but, if people have ideas for projects, resource development, etc. they can apply to Margaret Fairbain. The Future

in Mind Report needs to be a consideration in allocating funds. [The executive summary and key proposals can be found here.](#)

Place2Be has been trialled in 6 Primary Schools but schools will have to fund the service themselves now.

Communication in schools – concern was expressed by an educational psychologist that communication between key staff within schools was a worry. Pastoral care, SENCO, Ed Psych, etc. In some schools they seem to operate in silo's and sometimes there is confusion over their exact role. Information/resources that ought to be widely disseminated can sit in an office and not be used.

Children & young people and the effects of parental imprisonment. This agenda item had to be referred to the next meeting due to time constraints.

A.O.B. Children & Young People's Network – current rep standing down and recruitment under way. Request for two reps on the board instead of one being considered.

Next Meeting 16 June 2-4pm