

The Mary Dolly Foundation



A registered charity Established since 2006, The Mary Dolly Foundation provides flexible, comprehensive therapeutic facilities, individually designed for each location, offering early interventions for emotional distress at different levels to children and families with additional needs. These focused services are provided alongside existing universal provisions.

Interventions provided include one-to-one counselling for children, young people and, when appropriate, parents and families, as well as group work for children, young people and adults.

The Foundation also provides socialisation projects for senior adults over 60.

For each project the Foundation provides a full service of needs assessment and project design and implementation which is individually tailored to meet the needs of local communities or pockets of individuals, family, school or community distress or disturbance.

The Mary Dolly Foundation was founded to help and support children and young people in need, their families and elderly citizens access services they may otherwise not be able to use.

Work with children, young people and families include:

- One -to-one counselling for children and young people
- Play therapy, drama therapy, art therapy
- Group work with children and young people. Groups run on various topics such as: behaviour & anger management; self esteem; self awareness and prevention of sexual exploitation
- Family work supporting families through times of stress in order to prevent the disintegration of family units
- Drama and performance clubs

Elderly Citizens

The Mary Dolly Foundation wishes to help elderly people who may be cut off from basic services and the community that they live in. The charity aims to provide them with care and simple treatments necessary for good health and mobility, as well as restoring their feeling of belonging and acceptance within their community with inclusive socialisation.

If you would like to know more about this charity's work visit their website

<https://www.themarydollyfoundation.co.uk/>