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IMPORTANT: Essex to move to 'High' COVID-19 alert level from Saturday

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15 October 2020 at 19:12



Latest news

Essex to move to 'High' COVID-19 alert level from Saturday

In a move to slow the current rates of infection across our county, from Saturday 17th October, Essex will be placed into the high level of restrictions (tier 2 on the new COVID system).

What does this mean?

- No household mixing indoors – this includes at home or in hospitality venues
- Different households can meet outdoors in public spaces but must stick to the 'Rule of six'
- 10pm curfews will remain in place for all pubs and restaurants
- Remember hands, face and space
- Reduce travel where you can

We know these restrictions are difficult, and the vast majority of our residents have done an excellent job in doing their bit to slow the spread, but we cannot get complacent as things get tougher. Coronavirus cases in Essex and our district are rising exponentially and this is concerning.

If we act now, we can stop the spread and protect our loved ones as we head into the winter months.

- ▶ Get detailed information on the new guidelines
- ▶ Read about the request to move to the high COVID alert level and the data that informed the decision
- ▶ You can also read 20 questions about moving to the high COVID alert level

Hands, Face and Space is still important



STAY ALERT · CONTROL THE VIRUS · SAVE LIVES

Please continue to follow the simple steps of:

- Washing your hands
- Wearing face coverings (if not exempt)
- Keeping 2m social distance.

If you have COVID-19 symptoms, get a test and do not leave home for at least 10 days.

Community support

How to get help in your community



The Essex Wellbeing Service (formerly Essex Welfare Service) is still available as a single, convenient point of contact for anyone in the Essex area who is in urgent need of help during the coronavirus outbreak. It is also the place to report anyone who you are concerned about.

Find out more at www.essexwellbeingsservice.co.uk

There is also a wealth of support, tips and advice for mental wellbeing available on our [livewell website](#).

For latest updates visit:

www.essex.gov.uk/coronavirus

#essexcoronavirus

Braintree District Council

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