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From the Rector

Dear Friends,

As the weather improves, so do the Covid figures, and we hope this summer will be one where we can start to enjoy life to almost the full again.

At the time of writing, we hear the news that we are allowed to hug one another again, albeit with some caution. This simple act provides much positive mental stimulation, and it has been shown that actions like this are vital for our well-being and happiness in life.

With the positive work I am currently undertaking at this time to arrange so many weddings this summer, I too am arranging to be married on 7th August in Horsham, West Sussex.

I am also currently arranging a host of Baptisms, as we welcome the young into the Church, with them coming to know God as their loving Heavenly Father, who will never leave them.

As for our services, we will be having a service each week in the Benefice until 21 June, when we hope further restrictions will be eased and we get back to a similar pattern of services as before. Everyone is welcome to these services, which will be 10am at St Thomas Church in Bradwell on 23rd May, St James Church in Dengie on the 30th, St Lawrence Church on the 6th June, and St Nicholas Church in Tillingham on the 13th with St Lawrence Church Centre on the 20th, but at 9am.

Do please get in touch if you have any queries.

God bless,

Reverend Steven

Can you help distribute Village View?

Can you spare 30 minutes each month to distribute Village View to our readers in the following areas of the village:-

Maldon Rd, Bradwell Wick to old Bait Factory

Maldon Rd, Bradwell Hall to St Peters Court (Not including St Peters Court)

East End Rd, from the grove to Sandy Path

East End Rd., Sandy Path to Hockley Rd

Hocklev Rd

If you are able or would like further information please contact Roger 01621 776341

The Othona Community in June 2021

June – and summer lies ahead of us, full of hope, hugs – and maybe even holidays.

Othona has a new 2021 Summer Programme now



on the Othona Bradwell website (https://www.othonaessex.org.uk/events-listing) with events running from Monday to Friday, including Music, Art, Olympics and Permaculture – a chance to share in producing and tasting our delicious home grown fruit and vegetables – with the weekends free of a set programme. You are very welcome to book either just for a meal, a weekend or for the event weeks.

I wonder if you know just how much Othona depends on volunteers. Yes, we have a few paid staff, mainly below minimum wage – a legal privilege extended to us and the few other Intentional Communities where the resident team values an opportunity to serve the Community above financial income. In addition each Othona Centre (Bradwell, and Burton Bradstock in West Dorset) have a number of regular volunteers to keep Othona alive. At Bradwell – naming no names but you may be one of them, we have practical assistance with maintenance, outdoor work, gardening, tree planting and grounds maintenance. We have a strong group of people willing to step in and help welcome our visitors, as well as supporting the team in cooking, cleaning and administration, and there are those who brighten up the darkest day with music – so often the piano is playing; we have musical opportunities because Othona does not rely on constant TV, radio or modern media for entertainment.

Behind the scenes, do you know who organises the programme? Or helps to keep the books in order – both financial and in our small library? Or inspires the spiritual continuity of Othona, linking its earliest days when founded by a C of E Chaplain, to the place of Christian spirituality in our modern diverse and questioning times? And did you know that all Othona's trustees and directors are unpaid volunteers, ensuring the financial survival and thriving of Othona as well as its compliance with all sorts of legislation for health & safety and safeguarding, and the developing ethos of Othona to meet the needs of future generations?

But.....the most important thing about Othona is its people – whether volunteering, visiting or tiptoeing in to find out more, young or older, Christian, other faith or none, all abilities, and with all manner of outlooks on life, whether hoping to volunteer or in need of comfort, company or solitude,



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Othona is a Community, of the people who live there, volunteer, visit or simply keep in touch by post, social media or telephone; and you.... if you would like to share some time with an assorted bunch of friendly people.

To learn more about Othona or to make a booking or a donation, do take a look at our website. Tim Fox is Warden/Manager, with Debbie and Richard Sanders.

Email: bradwell@othona.org. Website: www.othonaessex.org.uk.

Telephone 01621 776564.

Keep in contact for details of re-opening times – hoping to meet and greet you in 2021.

Tell the Difference

Some birds are infuriatingly difficult to tell apart. Rooks and crows are no exception. Of course you can always use the infallible rule "a crow in a crowd is a rook; a rook all alone is a crow" - except that it's fallible. True, crows don't gather in large numbers as do rooks, and certainly don't breed in colonies - rookeries - as do their close relatives. But there are more reliable distinguishing features given a good view.

Most useful is the rook's face. Rather than being feathered entirely up to the bill, the rook has a bare-faced look – the face appears whitish. Rooks also have baggy trousers. The carrion crow's sartorial taste is much more refined, giving it a more elegant appearance.

But when it comes to habits the rook wins feet down. No grisly road-side kill for the rook. He does

Carrior

Crow

a day's work to find food – some of which is beneficial to farmers. A flock of rooks can virtually rid pasture-land of leather jackets, renowned for damaging grass roots. Although I do remember shoots (illegal now of course) in the huge rookery on the farm in North Essex in the fifties - rooks also have a taste for sugar beet seedlings.

We do well in Bradwell for rookeries – two at Waterside, two in the village centre, one in Blackberry Grove and another near Delameres on the way out to Mill End. A count earlier in the season totalled some 80 nests, and more have been built in the meantime. It's said that removing rook's nests will result in bad luck. Readers beware. Brian Clayden



Be Sun Safe - Know Your SPF

Do you get excited when the sun is out, it's warm, even hot and you just want to get outside and soak up the sun? But wait... have you protected your skin?

Have you applied your sunscreen, your SPF?

I'm guessing not, who actually does that, right?

Well, you should! 365 days a year (366 on a leap year).

Have you heard the phrase "but we need some sun for our bodies"? This doesn't mean you do not need to wear sunscreen even if the sun isn't shining.

Although we know UV has a positive impact on our moods, we also know that the sun produces vitamin D for us – which we need to keep our bones strong. (Did you know we get our year's worth of vitamin D through the summer months?) Unfortunately, it does have a negative side – it leads to premature ageing, reduces immune function of the skin, can lead to sunburn and (worst-case scenario), skin cancer.

SPF stands for Sun Protection Factor, which indicates how long you can stay in the sun before you burn when applying sunscreen.

Top Tips when applying sunscreen!

- Apply sunscreen 30 minutes before going into the sun
- Reapply every 2 hours when outdoors
- Sit in the shade whenever possible
- Limit exposure during the hottest part of the day between 11am-3pm
- Use a sunscreen that protects you from both UVA & UVB
- Wear sunglasses with UV protection



Sunscreens are classified into 2 categories, physical and chemical.

'Physical' sunscreens are either Zinc Oxide or Titanium Dioxide and they sit on the skins surface which provides a *physical* shield that reflects the UV rays away from the skin.

'Chemical' sunscreens work by absorbing the UV rays and neutralising them.

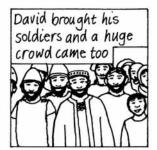
It can be read in the Bible in 2 Sam 6: 1-10, 2 Chron 13, 15:1-28

A short story from the Bible

Copies of God's Laws for the Jews were kept in a special holy chest - the Ark. It had been stored at Keriath Jearim for 20 years...

When King David made Jerusalem his capital, he decided to bring the Ark there.

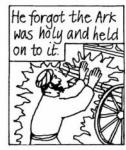






The oxen stumbled, and Uzzah thought the Ark might fall off the cart.





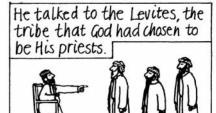


Then he thought of God's power and was very afraid.



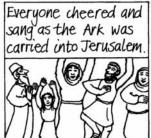
David realised that they had not treated God's Ark with respect

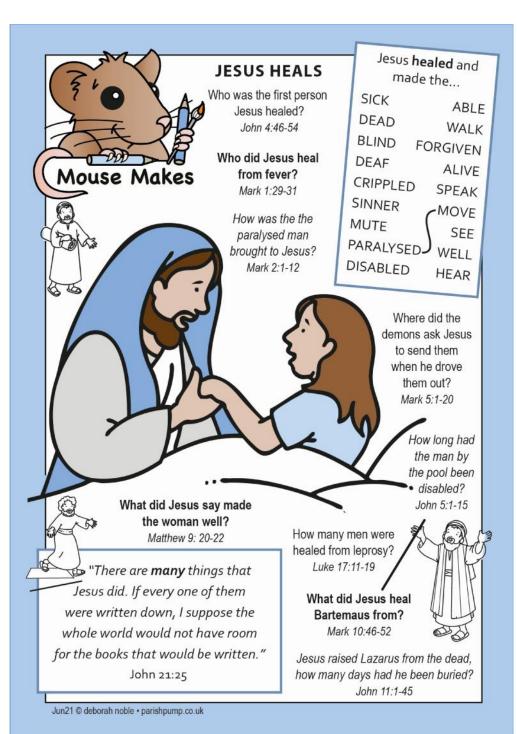












12

For an average adult, to just cover your head, arms and neck you need around 2 teaspoons of suncream

AND, DON'T FORGET THOSE EARS!

To claim your FREE SPF – Be Sun Safe book, please email rachel@theessentialbodycompany.co.uk

Written by Rachel Burley BSYA(m.), MGHT

Massage Expert & Skincare Specialist

The Essential Body Company

www.theessentialbodycompany.co.uk



Village View

All copy for the July Village View should be sent to Roger Scurrell by phone (776341), posted through the letterbox of 6 St Thomas'

Row, Bradwell, or by email to the address below, all by June 12th.

Those living in St Lawrence may give copy to Shirley Lea at 51 Main Road (779403) or email to bron-wen.cook@btinternet.com by this date. Copy may also be submitted as a text or Microsoft Word or Publisher file, either on CD or, better still, by email to stthom-aspcc@btinternet.com. We ask you to limit your article to 300-350 words and please include a picture

We apologise but no articles will be accepted after June 12th.

If you belong to an organisation that does not yet submit articles for the magazine we would like to hear from you even in longhand if you do not have access to a computer. Any news you have is always very welcome.

Rectors Report from Annual Church Meeting

2020 was a difficult year, not just for us, but the whole world. As we learn to live with Covid19, we are very grateful that we have a vaccine to enable us to live our lives 'normally' again. In 2020, we managed to open for a short while between July and December, but these were only monthly services, due to the local Benefice decision to have one service in a Benefice of 4 churches, once a week.

We have sadly had a number of funerals in the parish and we continue to support parishioners during this difficult time.

Due to the generous giving, we managed to pay the parish share. We also give thanks to David, Theresa, Roger and Laurie, who have looked after the church, churchyard and cemetery and who filmed the online services and thanks to others who also contributed to the weekly online Benefice services, with some services held at the Chapel as well as the church. This has been a new ministry for us and one I hope we can continue with in some way.

As we look forward to open up again at Pentecost on 23rd May, we do so on a positive note that the majority of us have been vaccinated and that we have a number of weddings in 2021 and with the hope that we can put on some events in the church, care home and chapel and start to get back to some kind of normality. We are also looking to start to become an Eco Church by 2030.

We have had a change in our safeguarding officer who is now Graeme. We thank Richard for his service as safeguarding officer over the past years and a huge thank you to David and Theresa too for the work of our online Easter Messy Church.

Also, a huge thank you to Brigid, for helping the church at Latchingdon with their services and also our online services too.

I have also been providing the school with weekly collective worship videos and attending online school governor meetings. Hopefully, we can continue our assemblies and school church services from September. A decision regarding the school pilgrimage and the Diocesan pilgrimage will be made in late April. There has also been a change in the Governing Board of the school becoming more focused and joint with other schools, of which I will not be part. However, there will be a new community board which myself along with the Head teacher will be setting up in due course, which aims to bring the school, church and community closer together and can feed issues into the Governing board.

And finally a big thank you to the flower ladies for their wonderful efforts at some services and to Brian and ringers for ringing at special times during the pandemic, remembering those who have sadly died.

Rev'd Steven Poss

In England there were important dedications to Peter from early times: monasteries such as Canterbury, Glastonbury, Malmesbury, Peterborough, Lindisfarne, Whitby, Wearmouth, and especially Westminster. Cathedrals were named after him, too: York, Lichfield, Worcester and Selsey. In all, it has been calculated that 1,129 pre-Reformation churches were dedicated to St Peter, and another 283 to SS Peter and Paul together.

Images of Peter are innumerable, but his portraiture remains curiously the same: a man with a square face, a bald or tonsured head, and a short square, curly beard. Not surprisingly, his chief emblem is a set of keys, sometimes along with a ship or



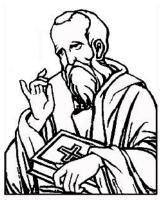
St Peter 'the Rock' 29th June

St Peter (d. c. 64AD), originally called Simon, was a married fisherman from Bethsaida, near the Sea of Galilee. He met Jesus through his brother, Andrew. Jesus gave him the name of Cephas (Peter) which means rock. Peter is always named first in the list of apostles. He was one of the three apostles who were privileged to witness the Transfiguration, the raising of the daughter of Jairus, and the Agony in the Garden.

When Peter made his famous confession of faith, that Jesus was the Christ, Jesus recognised it as being the result of a revelation from the Father. He in turn told Peter that he would be the rock on which His Church would be built, that the 'gates of hell' would never prevail against it. Peter and the apostles would have the power of 'binding and loosing', but Peter would be personally given 'the keys of the kingdom of heaven'. Jesus also forewarned Peter of his betrayal and subse-

quent strengthening of the other apostles. After His Resurrection, Jesus appeared to Peter before the other apostles, and later entrusted him with the mission to feed both the lambs and the sheep of Christ's flock.

Peter played a big part in the early Church, and he is mentioned many times in the Book of Acts, where in the early chapters he organised the choice of Judas' successor, preached with stirring authority at Pentecost, and was the very first apostle to work a miracle. Peter went on to defend the apostles' right to teach at the Sanhedrin, and to condemn Ananias and Sapphira. It was Peter who first realised that Christianity was also



for the Gentiles, after his meeting with Cornelius. Later he took a prominent part in the council at Jerusalem and went on to clash with St Paul at Antioch for hesitating about eating with Gentiles.

Early tradition links Peter with an apostolate and martyrdom at Rome. The New Testament does not tell us either way, but Peter being in Rome would make sense, especially as Peter's first epistle refers to 'Babylon', which was usually identified with Rome. Peter's presence in Rome is mentioned by early church fathers such as Clement of Rome and Irenaeus. Tradition also tells us that Peter suffered under Nero and was crucified head-downwards. There is no conclusive proof either way that St Peter's relics are at the Vatican, but it is significant that Rome is the only city that ever claimed to be Peter's place of death.

St Peter was a major influence on Mark when writing his gospel, and the First Epistle of Peter was very probably his. (Many scholars believe that the Second Epistle was written at a later date.)

Gardening in June

In June it is important to keep weeds down, so hoe regularly between rows of vegetables and between plants in flower beds.

Keep pots and tubs watered every day through the summer.

Continue to mow lawns weekly but if the weather gets very dry raise your mower cut to reduce stress on grass.

Tall plants like dahlias need staking.

If you have a greenhouse, do not leave it empty through the summer; fill it with flowering plants and or heat loving vegetables. There is nothing more beautiful that a well filled and well-presented greenhouse, but they do need shading to keep them cool; this will save watering and prevent the plants scorching.



If you are growing tomatoes pinch out the side shoots; this is to encourage the plant

to grow more tomatoes rather than more leaves. (This does not apply to some small tomato plants like 'Tumbling Tom')

Plant out courgettes and squashes if you haven't already.

Plants of the month - Wild Flowers

Having part of your garden for wild flowers doesn't have to look like an overgrown mess; if managed well it can be a delight. Through June and the rest of the summer it will look great and attract much wildlife.



There are three ways of planting wildflowers:

Sowing seeds. Scatter wild flower seeds thinly over bare patches of watered soil or in rows in a seedbed to transplant later as small clumps.

Planting plugs. Plug plants are available in spring by mail-order or from garden centres.

Or by using wild flower turf which is an easy solution for a quick result.

<u>W</u>ild flower turf can be obtained online, try: <u>https://www.wildflowerturf.co.uk/</u> or <u>https://www.pictorialmeadows.co.uk/</u> David Thorpe

SERVICES FOR JUNE							
Time		Service Place			Readings		
6th Trinity 1							
10.00		Joint Benefice Communion Ser- vice		St Lawrence Church		1 Samuel 8; 4-11, 18-20 2 Corinthians 4;13-5; 1 Mark 3; 20-35	
13th		Trinity 2					
10.00		Joint Benefice Communion Service St Nicholas Church		Nicholas Church		1 Samuel 15; 34-16;13 2 Corinthians 5;6-10, 14 -17	
20th		Trinity 3					
9.00		Joint Benefice Communion Service St Lawrence Church Centre			1 Samuel 17; 57-18; 5 10-16 2 Corinthians 6;1-13 Mark 4; 35-41		
25 th							
12 noon	C	ommunion and lunch St Lav		_awrence Church		TBA	
27th Trinity 4							
10.00	C	ommunion	S	St James Dengie			
10.00	C	Café Church		St Thomas Church		2 Samuel 1; 1, 17-27	
10.00	Α	ll Age Worship	S	St Nicholas Tillingham		2 Corinthians 8; 7-15 — Mark 5; 21-43	
10.00	Α	ll Age Worship		St Lawrence Church Centre			
4 th July		Trinity 5					
10.00	C	Communion		St Thomas Church	2 Samuel 5; 1-5, 9-10 2 Corinthians 12;2-10 Mark 6; 1-13		
6.00	E۱	vening Service		St Peters Chapel	eters Chapel TBA		
П							

Thursdays at 9.00am, Communion Service at St Peters Chapel

Details of the online services will be available on the Church web site.

Church web site https://e-voice.org.uk/bradwellchurch/sunday-services/

All recorded services and Zoom service info can be found at:

Bradwell St Thomas: https://www.achurchnearyou.Eastecom/church/6203/

St Lawrence Church: https://www.achurchnearyou.com/church/6612/

St Lawrence Church Centre: https://www.achurchnearyou.com/church/19651/

Churchwardens Report from Annual Church Meeting

Over the last 7 months we have only had one service in church and that was the All Souls service, which was well attended and we were even able to sing standing apart in the chancel. The winter lockdown then started and the next time we were able to meet was in December, standing apart in the Churchyard, singing carols around the Christmas Tree. Again well attended, with nearly 50 people of all ages rejoicing in singing carols and the ability to meet in a group. Then the lockdown got stricter so the next time we met was in the churchyard for a short Good Friday service, followed on Easter morning when we were joined by the Bishop of Bradwell at St Peter's Chapel with 30 people. Many thanks to the Othona Community for the fire and breakfast.

Since we recorded the Christmas Carol service and distributed it via YouTube, we have recorded services every week. We appreciated it was not the same as meeting in fellowship together but it was the next best thing. So, many people have participated in the services from the four parishes, with the filming often feeling like a service, where all have enjoyed the fellowship of the event. It has been lovely to see the children from the parish and the school taking part, especially with the lighting of the advent ring and the Epiphany service. Several people have commented that watching the services on their televisions was as good as watching Songs of Praise; well done Laurie with the hymn lyrics. So with some weeks getting over 100 viewings, we appear to have been getting something right.

With the Bishop telling us early last year that after the lockdown we perhaps shouldn't bring everything out of the cupboard that we put away at the start and after the success of the recorded services, we are looking at a new service plan across the benefice to bring our worship into the 21st century and reflect the communities we now live in, with perhaps spreading our worship over the week rather than just Sundays. For the rest of 2021 we will be trying out new things to see what the congregations most like. Thanks to all who help in any way to keep out church alive in our community.

David and Theresa - Churchwardens