

STAY SAFE AND RESPECT OTHERS

Only go outside for provisions and supplies, health reasons or work (where this absolutely cannot be done at home) and exercise once a day

- **Do not** gather in groups of more than three people
- **Stay two metres** (6ft) away from other people when out
- **Wash your hands** for 20 seconds with soap and water as soon as you get home and frequently during the day.

YOU CAN SPREAD THE VIRUS EVEN IF YOU DON'T HAVE THE SYMPTOMS!

Basildon Borough Council has set up a dedicated website to provide residents with updated information on the coronavirus.

Log-on to: www.basildon.gov.uk/coronavirus.

This website is being constantly updated to include information for all residents and businesses in Basildon. Scrolling down to the bottom of the page, residents can access FAQs that we are constantly updating as the need becomes apparent.

If people are unable to find what they are looking for via the FAQs, they can email their enquiry to the email addresses below.

Email for resident enquiries: coronavirusresidents@basildon.gov.uk

Email for business enquiries: coronavirusbusiness@basildon.gov.uk

WESTLAKE PARK , BOWERS GIFFORD

WEST LAKE PARK REMAINS OPEN

However , Junior Play Area and Green Gym are closed to all users.

Please respect social-distancing and respect others when exercising.

DO NOT GATHER IN LARGE GROUPS

During the winter, the Parish Council planted a new Memorial Tree in the Park. The tree was an Acer Crimson King – and it has now come into bud to welcome the Spring.

Please help to keep it healthy by watering it when you visit the Park to exercise or walk the dog.