

Bowers Bugle

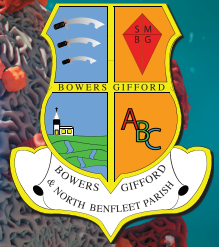
Our NEW web address: e-voice.org.uk/bgnb-parishcouncil
 Parish Clerk 01268 725236 (M) 07758255621 Email: clerkbgnbparishcouncil@gmail.com



You can follow us on Twitter @bowers_bugle



See information on Facebook: www.facebook.com/bgnbpc



MESSAGE FROM YOUR PARISH COUNCIL

These are unprecedented times and the Parish Council's aim is to keep everyone safe. As events unfold we will try to update everyone via the Parish Council noticeboards, our website and social media but we do understand that not everyone is able to access all or any of the above and by delivering this newsletter we hope we will reach out to as many of our residents as possible.

Arrangements are in place to help the residents of Bowers Gifford and North Benfleet who are vulnerable, the elderly and those who are self-isolating and unable to get out for supplies and provisions.

If you as a residents' who finds themselves in this situation and needs help please contact:

The Parish Council Clerk by telephone:

[01268] 725236 [M] 07758 255621 or by email:

clerkbgnbparishcouncil@gmail.com or any Parish Councillor, see opposite for details. to discuss your situation and the Parish Council will plan to get essential items to you.

**DON'T FORGET, IF YOU ARE
ABLE TO DO SO, TO CHECK
ON THE ELDERLY AND ANY
VULNERABLE NEIGHBOURS
TO MAKE SURE THEY ARE OK.**

How the coronavirus is spread!

Because it's a new illness, it is not known exactly how coronavirus spreads from person to person.

However similar viruses are spread in cough droplets.

It's very unlikely it can be spread through things like packages or food.

Parish Councillors & Parish Clerks contact details

Your Councillors:

Robert Smillie [Chair] 07790 907113
cllr.robertsmillie@gmail.com

Bernard Foster [Vice-Chair] 07811 838115
cllr.bernardfoster@gmail.com

Terence Potter 07867 615875
cllr.terrypotter@gmail.com

David Martin 07484 155150
cllr.davidmartin@gmail.com

Claire Morgan 07557 142602
cllr.clairemorgan@gmail.com

Damian Packer 07824 447002
cllr.damianpacker@gmail.com

Parish Clerk:

Mrs. Christine Barlow [01268] 725236
 [M] 07758 255621

Email: clerkbgnbparishcouncil@gmail.com
www.essexinfo.net/bgnb-parishcouncil

PARISH COUNCIL EVENTS CANCELLED OR POSTPONED

- Parish Council meetings, which are open to the public, on 25th March and 29th April – cancelled.
- Consultation on Neighbourhood Plan site proposals – postponed.
A date will be confirmed when more is known on government timescales.
- Community Event on 12th July – postponed.
NEW DATE: 13th September
- The Parish Council Parish-in-Bloom - postponed
- Parish Spring Clean postponed to September – if you would like to volunteer to Keep the Parish Litter Free – Contact the Parish Clerk

BE POSITIVE! DON'T LISTEN TO GOSSIP IT MAY NOT BE CORRECT!

There are several official websites, which give you the correct information regarding the Coronavirus www.nhs.uk/conditions/coronavirus-covid-19 and www.gov.uk/government/topical-events/coronavirus-covid-19-uk but if you do not have the internet just remember:

DO

- Wash your hands with soap and water often – do this for at least 20 seconds.
- Always wash your hands when you get home or into work.
- If you don't have hand sanitizer soap and water is as good.
- Cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze.
- Put used tissues in the bin immediately and wash your hands afterwards.
- Avoid close contact with people who have symptoms of coronavirus.
- Only travel on public transport if you need to.
- Work from home, if you can.
- Avoid social activities, such as going to pubs, restaurants, theatres and cinemas.
- Avoid events with large groups of people.
- If you need to contact your GP for anything other than the virus phone or email.

DO NOT

- Do not touch your eyes, nose or mouth if your hands are not clean.
- Do not have visitors to your home, including friends and family.



Bowers Gifford & North Benfleet Parish Council
Annual Community Event
Re-arranged for
Sunday 13th September
12.00- 16.00
Westlake Park, Pound Lane, Bowers Gifford
Fun day out for all the family

If you would like a stall at the event; are a member of a group who would like to perform; are a singer or have a special interest to share with others; are member of a dance troupe or would just like to entertain for a few minutes at the event, you could be just what we are looking for to help make our annual event a success.

If you would like to volunteer to help at the day event please contact either:

Chris Barlow, The Parish Council Clerk on (M) 0775825562 or Cllr. Claire Morgan on (M) 07557142602
or email:
clerkbgnbparishcouncil@gmail.com

IF YOU'RE AT HIGH RISK!

The NHS will contact you from Monday 23rd March onwards if you are at particularly high risk of getting seriously ill with coronavirus. You'll be given specific advice about what to do.

Do not contact your GP or healthcare team at this stage – wait to be contacted.

If you're pregnant and worried about coronavirus, you can get advice about coronavirus and pregnancy from the Royal College of Obstetricians and Gynaecologists.

www.rcog.org.uk/en/guidelines-research-services/guidelines/coronavirus-pregnancy/covid-19-virus-infection-and-pregnancy

NEIGHBOURHOOD PLAN UPDATE:

The Parish Council and BGNB Steering Group continue to work on the Neighbourhood Plan proposals to consult on the various sites for development within the Parish have been postponed for the time being but in the mean time we will look at ways to keep you informed of progress.