

April 2025 Meeting - Jo Hull - "Growing Flowers from Seed for Cutting"

Jo Hull started her horticultural career growing micro-greens in a shed and selling them to local hotels and restaurants. She and her partner progressed from the shed to a small farm, still growing micro-greens but expanding to include regular vegetables and flowers. Following the Covid turmoil Jo turned all of her attention to cut flowers, and moved to Benton End Farm in Hadleigh, where she started Benton End Flower Farm with her business partner. Jo favours the no-dig method of cultivation and has achieved spectacular and beautiful results. For general garden use Jo had some easy to implement flower combinations such as, tulips with honesty, dahlias with marigolds, Greek cress with snapdragons and peonies with cosmos.

The flower farm hosts events and workshops throughout the summer, and full details are available on their website, www.bentonendflowerfarm.com and Instagram, www.instagram.com/bentonendflowerfarm. There are locally grown seasonal and sustainable flowers available in our area, and you can find them at www.flowersfromthefarm.co.uk.