

Now available at the Rec!

FREE Outdoor Gym



**Friends of
North Sheen
Recreation Ground**



The Friends Group
applied for the grant
that paid for the
Outdoor Gym. It was
funded by:

**LONDON MARATHON
CHARITABLE TRUST**



- ▶ Free for all to use 365 days a year!
- ▶ Email us on friendsnsr@gmail.com for a free introduction session
- ▶ Located next to the Senior Playground
- ▶ Min height for use is 140cm (4ft 7ins)

GET ACTIVE!