|  |
| --- |
| **Immediate Outcomes** |

* Better equipped and confident to access community activities, play opportunities and services
* Improved financial literacy
* Improved familial relationships
* Improved understanding of how to support emotional wellbeing and mental health (own and children’s)
* Improved understanding of safeguarding and capacity to keep themselves and their children safe
* Improved understanding of the impact of trauma on relationships, wellbeing and behaviour
* Increased aspirations, expectations and hope for the future
* Increased confidence in parenting
* Increased parental awareness of children feeling safe
* Increased awareness of how to keep themselves safe
* Increased self-confidence
* Increased self-worth and self-esteem
* Increased social networks
* Increased social skills
* Insight and self-awareness

|  |
| --- |
| **Intermediate Outcomes** |

* Capacity to change and take responsibility
* Improved capacity to keep children safe
* Improved awareness of children to keep themselves safe
* Improved wellbeing for children, young people and adults
* Increased engagement in learning for children and young people
* Reduction in abuse
* Stronger family relationships

|  |
| --- |
| **High Level Outcomes** |

* Improved relationships and community connections
* Improved sense of identity
* Improved feeling of safety
* Improved family wellbeing
* Improved resilience

|  |
| --- |
| **Indirect Impact/Outcomes** |

* Reduced feelings of loneliness & isolation
* Increased employability
* Improved physical health and self-care
* Increased engagement and participation in the wider community
* Increased sense of empowerment
* Increased sense of belonging, feeling needed and valued, validated lived experience

|  |
| --- |
| **Final Goal** |

**Families Thrive**