Emotional Health & Wellbeing Strategy Group - Thursday 17th December 2015 CYPN Reps Report

Self-harm Update – B&NES has high level of Self Harm in 10 – 24 year olds and 0 – 14 year old injury admissions compared with National levels. See Presentation PDF: <u>Self harm CYP Group</u>. Self-harm register is due to start in 2016 for under-16

Colleagues were reminded to make their teams aware of the Young Minds website for Child and Adolescent Mental Health: www.youngminds.org.uk which contains good advice for young people, families and professionals.

CAMHS Transformation Plan Progress – money approved from NHS/Central Gov. The money for 15/16 needs to be spent within 4-months! Commitments to date include:

- Eating Disorders given to Oxford Health as authorised by NHS England
- Relate Counselling Service extended to the end of academic financial year
- Nurture Outreach Services extended to the end of academic financial year
- On-line counselling starting as soon as possible no formal tender as a pilot only.

Launching the plan opportunities and dates:

 Alison Reevey at the Teaching School is putting on an EHWB themed conference at Writhlington School; 24th March 2016. Representatives from some schools within Somerset are expected to attend alongside BANES Services.

Workforce Development. Focus is to promote better understanding of attachment and to build on the early identification and support of children's social / emotional / wellbeing.

Date & Agenda for Next Meeting

Thursday 17th March 2016, 2 – 4pm

'Children Affected by Parental Imprisonment' to be on the Agenda for the next meeting.

Other Items for next agenda members who which the EHWB to discuss other relevant issues to inform via the Network Rep Lynda Williams – by 1 March 2016: lyndawilliams@offtherecord-banes.co.uk