

Piper Hall and Queen Mary's regular bookings **At A Glance**

DAY	EVENT	TIME	HALL
Mon	After School Club	2.30pm-6.00pm	Piper Hall (small hall)
	Church Group	8.00pm-9.00pm	Queen Mary's Hall
Tues	Piper Road Drop-in	9.00am-2.30pm	Piper Hall (large hall)
	Child Minders' Drop-in	9.30am-12.30pm	Piper Hall (small hall)
	Home Farm Trust Adult Learning Group	11.00am-1.30pm	Queen Mary's Hall
	After School Club	2.30pm-6.00pm	Piper Hall (small hall)
Weds	Age Concern Lunch Club	11.30am-2.00pm	Piper Hall (large hall)
	After School Club	2.30pm-6.00pm	Piper Hall (small hall)
	Bingo	6.30pm-9.00pm	Piper Hall (small hall)
Thurs	Abacus Playgroup	9.30am-12 noon	Queen Mary's Hall
	Thursday Bingo Club	12 noon-4.30pm	Piper Hall (large hall)
	After School Club	2.30pm-6.00pm	Piper Hall (small hall)
	Karate	7.30pm-9.00pm	Piper Hall (large hall)
Fri	Abacus Playgroup	9.30am-12 noon	Queen Mary's Hall
	After School Club	2.30pm-6.00pm	Piper Hall (small hall)
Sat	Weight Watchers	9.30am-11.15am	Piper Hall (small hall)
	7th Day Adventist Church Group	10.00am-1.00pm	Queen Mary's Hall
Sun	London Church	9.30am-12.30pm	Piper Hall (large hall)
	Kingston Chinese Association	12 noon-5.30pm	Queen Mary's Hall
	School of Holy Spirit Church	1.00pm-3.30pm	Piper Hall (large hall)

The Cambridge After School Club

By Geraldine Burgess

The Cambridge After School Club provides a safe secure environment that supports working families on the estates and the local area. The club is a community led project which has been running for a number of years with an enthusiastic committee made up of local residents. Over 40 different children have attended the club over the past year. At present we employ two staff and are currently advertising for a third play worker. Once we have a new member of staff in place there will be vacancies for children but at the moment we are running at full capacity. Our experienced staff pick children up from two local primary schools, bring them back to Piper Hall and keep them amused and stimulated with a variety of activities. There is a grass area for ball games and inside the children are encouraged in arts and crafts.

The After School Club enables children of all backgrounds to develop and experience a fun time together. The club is a registered charity and has in the past received funding from The Local Authority, Kingston Primary Care Trust and The Cambridge Road Estates Residents Association. This year we have been fortunate enough to receive a grant from the Community Action Partnership (CAP) for which we are very grateful. We encourage local residents to support the CAP as we feel it is an opportunity to build good relationships on the estates and wish the project success in the future. **If you are interested in our staff vacancy then pop into Piper Hall for an application form or call Phil Russell on 020 8974 6975.**

Look out for the Community Action Partnership Suggestion Boxes or ask your Neighbourhood Ranger for details

Cambridge Community Garden Project Kingston Road Allotments

Initial plans are being made to develop a Community Garden at Kingston Road Allotments for residents of the Cambridge Road Estates.

Community gardens are areas that are used by the community to grow fresh fruit and vegetables in an enjoyable way. They often have community spaces, where people can meet and relax. Some have areas for children, to encourage young people to take an interest in gardening. Others have cafes that serve delicious food prepared from produce grown on site. They all emphasise the links between food, health, exercise and the local and global environment.

There are a large number of community gardens around the country and there are many examples of how a community garden can develop – no two are the

same. They need to reflect the interests, values and aspirations of the local community and others that use the site.

Community gardens can offer a range of opportunities to users. They can act as a community space, a place to meet friends and enjoy making new ones. Horticultural training courses can encourage users to develop new skills and increase their confidence. It has been shown that many people can benefit greatly from involvement in horticultural projects.

The Kingston Road Allotments are in walking distance of the Cambridge Road Estate and are adjacent to the Searchlight Youth Centre. Several residents indicated at the CAP Fun Day that they would be interested in getting involved in a Community Gardening project. Depending on the results of the needs assessment

and further awareness raising events, a community garden at Kingston Road Allotments will become a CAP project, so it's up to you to show your support.

The development of the project will depend on the needs and interest of residents. Once a core group of residents has been established, we will work together to develop the site to how **you** would like to see it. Once the project is more visible, it is hoped that more local volunteers will come forward with ideas for further developments.

For further details or to state your interest in the project please call your community development worker, Phil, on 020 8974 6975.



WHAT IS THE CAP

The Community Action Partnership (CAP) is a partnership between Residents on the Cambridge Road Estates, the Royal Borough of Kingston upon Thames, the Kingston Primary Care Trust, the Police and voluntary organisations to improve the quality of life for residents on the Cambridge Road Estates.

The CAP approach is not about people in the council or the NHS deciding what is best for Cambridge Road Estates residents. It is about residents and workers deciding what the problems are and then finding ways to solve them.

The CAP will not work without local residents getting involved. This is a great opportunity for your estate to change the way you want it to. There is money to change it – make sure it gets spent on the right things.

**If you want to find out more ring your
Community Development Worker, Phil Russell, at Piper Hall on 020 8974 6975 or
Resident Participation Officer, Denise Parry, on 020 8547 5854.**

Family Quiz Night

Piper Community Hall

Friday 10th December 2004

7pm-9pm

No entry fee

Teams of up to six people

All teams must pre register

**Contact Phil Russell on 020 8974 6975
For more details or to register your team**



Christmas Panto

Queen Mary's Hall

Saturday 4th December 2004
at 6.30pm

Tickets £1.00 each

All children must be accompanied by an adult

**Contact Phil Russell on 020 8974 6975
For more details or for tickets**



Where do ghosts pick up their mail?

At the ghost office!

What does a hungry ghost want?

Ice-cream!

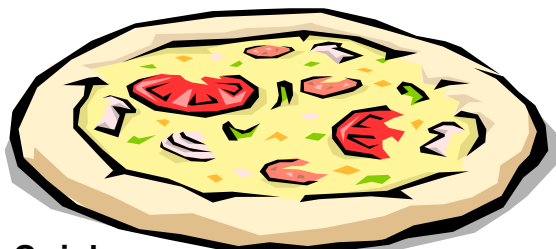
What runs but never walks?

Water!

Banana Punch

2 bananas, ½ pint of milk, pinch of nutmeg, 3 tablespoons of yoghurt, 1 tablespoon of honey.

Peel bananas and break them into large chunks. Put them in a blender with the milk, yoghurt, honey and nutmeg and blend until it's smooth. Pour into tall glasses and drink straight away.

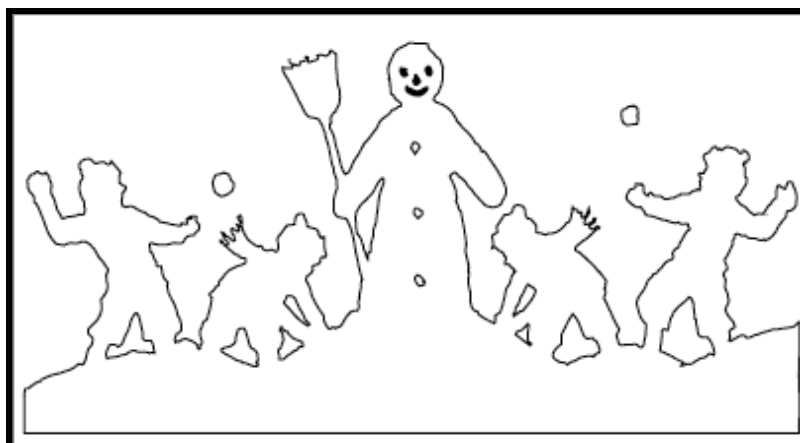


Quick Pizza

Olive oil, ½ onion chopped finely, 2 slices of granary bread, 1 tomato sliced, couple of mushrooms sliced, 1 clove of garlic, crushed, some grated cheese, pepper and dried herbs.

Heat the oil in a pan and fry the onion until it is soft, usually about 5–7 minutes. Add the mushrooms and garlic and cook until soft. Meanwhile toast the bread and put the tomato slices on top. Put the onion and mushroom mixture on top of that and finally add the grated cheese. Sprinkle with black pepper and dried herbs and place under the grill until the cheese has melted and beginning to brown.

**Colour Me In
Colour Me In**



What did the sea say to the sand?

Nothing...it just waved!!!!!!!

What is white and fluffy and hangs around in trees???

A meringue-utan!!!

Why don't grapes snore???

Because they'd wake up the rest of the bunch!!!

What do you throw out when you need it and take in when you don't need it?

An Anchor!

Bonfire Night Puzzle

Guy Fawkes and his friends meant to blow up the Houses of Parliament in 1605, but were caught and prevented. Their attempt became known as "The Gunpowder Plot".

How many smaller words can you make out of the letters in

THE GUNPOWDER PLOT?

2 letter words

5 letter words

3 letter words

6 letter words

4 letter words

Can you find any words with more than 6 letters? If you can, list them here:

**Do you have anything you would like to contribute to the next newsletter?
Then contact Denise Parry on 020 8547 5854**