

Football is a BIG HIT on the estate!

You may have seen the posters around the estate and wondered what Kickz is all about? Football is the simple answer and lots of it. **The Kickz Project** has been a big success on the estate, with young people aged between 12 and 18 years old taking part in free football sessions, three times a week. They meet up at the J-pitch by Shelford, then often walk down to the pitch at Searchlight to play a game.

The coaches have encouraged the boys to learn footballing skills and how to play well as a team. Not only is it a great way for teenagers to learn multisport skills, it also keeps them occupied and helps to improve their self esteem and concentration.

Regular goalie Jack, aged 16, who lives in Croxton, is proud of how his team mates play together. "We all get along really well. I love it - it keeps me out of trouble and keeps me fit," he explains.

Jorge and Jess, both aged 12, are newcomers and have been playing for just over three months. They wish that there were more activities like this on the estate: "There's just not enough to do on the estate for us, but Kickz is great. We're mad about football!"

Lionel, aged 16, and Jaylord, 14, have a great bond with the coaches. "It's one big happy family," explains Lionel.

Mondays, Wednesdays and Thursdays, 6.00pm to 9.00pm. Meet at the J-pitch by Shelford.



Clockwise from top: the pitch at Searchlight; Jess and Jorge; Jamel with Jack; Lionel, Jaylord and Teng

COACHING FOR KIDS

During the Easter holidays **Enjoy-a-Ball**, the fun sports coaching programme, came to Piper Hall and was great fun. An eager group of boys and girls,



aged between four and 10 years old, joined coach Raj Shinji for creative games with balls. And the mums were able to leave their kids for a couple of hours' break, too! CREst volunteers were on hand to provide fruit snacks and water. **The great news is that Enjoy-a-Ball is returning in the summer holidays.** There will be lots of fun and games with plenty of action, including ball games (including mud monsters), parachute games (including the washing machine game) and many other games (including the smelly feet game). Enjoy-a-Ball

will be at Piper Hall, weekly on **Tuesdays, from 26 July to Tuesday 30 August, 1.30pm to 3.30pm, and costs £1 per child.** Places are on a first-come, first-served basis. For details, call Doreen Gardiner on 020 8241 3524. **For more information, go to www.enjoy-a-ball.com.**



First, I would like to welcome home our friends and neighbours in Madingley – it is good to see you all out and about around the estate again. Things have been really busy for CREst members recently as several of our longer term projects have begun to take shape. There are still plenty of opportunities for residents to have your say and get involved, if you wish.

You may recall that in the last newsletter we were able to bring you the good news that we have secured the funding needed to proceed with the Playscheme venture as a resident-led project, following the funds being withdrawn from the original Playbuilder Project. We are now at the stage where we are actively seeking the views and preferences from CRE residents.

We now have more freedom to include other areas within the plans and extend the benefits to a broader range of residents. For example, we have the funds to include some 'Fresh Air

Fitness' equipment which will be included when the play areas are constructed at the designated areas around the estate.

Another project which is flourishing is the Gardening Project. Some of the funds we have received are to be allocated to this scheme to provide basic facilities, such as an external water supply close to where the Community Garden has been created behind Fordham (just past the Bull & Bush).

“We are very keen to hear what you have to say”

Residents and volunteers from Transition Town Kingston (TTK) gather there from 2pm every Tuesday afternoon and from 2pm on the second Saturday of every month.

There is already a substantial allotment taking shape and residents who would like to join in can be sure of a warm welcome. No experience is needed and families are actively encouraged.



Above: Jill Preston chats to Australian Government Official, Barry Sanderson, on a tour of the gardening project

Why not just pop along for a chat one afternoon? You will be under no obligation to join in or commit to regular hours, and you may just come away with some freshly picked vegetables!

It seems hard to believe that it is almost time for our Fun Day. As ever, we are looking for residents to volunteer a few hours of their time to help out on the day. It need not be for the whole day – perhaps an hour or so in the morning to help set up, or after the event to help clear up.

If you can spare us an hour or so why not give Doreen a call on 020 8241 3624?

GET SET for the Fun Day!

The CREst annual Fun Day returns on Saturday 20 August on Madingley Green and after a year of fund-raising, it's set to be bigger and better than ever.

This year the Cuddle Me Do mobile farm will make a debut appearance with lots of lovely animals for the children to stroke, while Chessington World of Adventures will bring along a boa constrictor and a display of birds of prey.

As well as a barbecue and fairground rides, there will be lots of local organisations with stalls, offering fun activities for the children, like face painting, badge making and arts and crafts. Kingston Council is running a bike maintenance workshop and guided bike rides on behalf of Transport for London Cycle Campaign. The Police will be offering crime prevention advice and will also bring along some fascinating vintage police cars that will take you back!

You can find out more about local health projects and complementary therapies, and even have an Indian

head massage. As well as a raffle with a great selection of prizes, there will be a tombola, plus our ever-popular barbecue. The Radio Jackie Roadshow will be making a welcome return and giving the event a carnival atmosphere, with music throughout the day.



An event like this takes a great deal of organisation and energy, and is run solely by volunteers. If you think you can spare an hour or two and can help out, then please get in touch with us by calling Doreen Gardiner on 020 8241 3624. We would love to hear from you!

Your LOCAL SAFER NEIGHBOURHOOD Team UPDATE

by PC Styles, Norbiton SNT

SAFER NEIGHBOURHOODS
LOCAL POLICE, LOCAL KNOWLEDGE

Recent challenges on the estate for local police have been an increased presence of youths congregating outside Brinkley Block, Burritt Road. As a response, we patrol the area in the hope of deterring anti-social behaviour and crime. The group choose to run away, as opposed to be engaged with us. From an arrest by Kingston's Response Team this group has quickly moved on.

We continue to patrol the ward and look to act on crime. We work closely with Tadlow Housing Office sharing information to get rid of key nuisance individuals. A couple of addresses are under the spotlight from arrests completed by your local team. We are open to ideas as to how to permanently deter anti-social behaviour around the Brinkley area and the stairwell between Harston and Croxton block, and we are completing a recommendation to the Council to have a camera installed in this region of the estate.



Above: PC Styles and PCSO Brown (and friends!) from the Norbiton Safer Neighbourhood Team

Safeguarding this area will hopefully result in less damage to the lighting on the estate. Keep safe.

Drop-in Surgeries at Tadlow Housing Office, 10am to 11am on 9 August and 14 September.



CRED gardening news

by Hilary Gander, CRED

The Gardening Group CRED (Cambridge Road Estate Diggers) has been working all Spring on the land near Fordham block. The rose bushes shifted to border the path to become "The Rose Walk" are doing quite well after their move and the vegetables that replaced them in the old rose beds are now flourishing, despite the lack of rain.

The peas are particularly fun to watch as they climb up the bamboo canes and every week the potato greenery seems to have grown a foot. Also showing are beetroot, leeks, garlic, carrots, onions, peas, beans (beneath the trees), some fruit bushes and tomatoes. We have put in pak choi and turnips, mended the fence and hoed to keep the weeds down that had sprung up after (finally!) the recent downpours.

The plan is to introduce some wild flowers, seating and a play area and it will definitely be worth visiting on the Fun Day. **Anyone who would like to be involved is very welcome: we meet on Tuesdays at 2.00pm and every second Saturday in the month at 2.00pm.**

Registered Charity Number 1057008



Talk Time



Do you want to practise your English conversation and meet other people?

Every Tuesday morning

10am—11:30am

Starting **Tuesday 3rd May**

Kingston WelCare

53-55 Canbury Park Road

Kingston

KT2 6LQ



Pre-school age children welcome!
Lovely toys to play with.



For more information, please call **Rhiannon** in the LEAH office on: **020 8255 6144** or email eifproject@leah.org.uk.



MOSAIC Workshop

Come and create our beautiful community mosaics

Opening Hours

Tuesday 2.00pm to 5.00pm
Thursday 7.30pm to 10.00pm
Friday 11.00am to 2.00pm

**No experience required...just come along
For more details, contact Kim 07950 935226**

<http://savetheworldclub.org>

What do we do at Kingston Environment Centre?

- Abundant Freya, food research project
- Art Club
- CAVE collective ecobuilding surgery
- Forest Schools – outdoor learning
- From The Ground Up the organic vegetable co-op
- Gardening Group
- Kingston Green Radio
- KUTLETS – barter scheme
- Make Do and Mend/Stitch in Time
- Mosaics with Save The World Club
- Permaculture Networking
- Prevista free business advice
- Transition Town Kingston
- Volunteers Group
- Woodcraft Folk – youth group



Community Gardening in Kingston – CRED

If you live on or near the Cambridge Road Estate you are welcome to join the food growing project. We now regularly meet at the site every Tuesday afternoon 2-4pm and some Saturdays to work the patch of land by Fordham block. So you are welcome to pop along to help the Cambridge Road Estate Diggers – CRED Gardeners and Growers.



Woodcraft Folk

Our aim is to have great fun, but also to try and develop children's self-confidence and build their awareness of society around them. By encouraging children to think, we hope they will help build a peaceful, fairer world. **Elfins meet alternate Thursdays at Kingston Environment Centre. Contact Tolworth & Kingston Woodcraft Folk, to find out more details ring Mary 0208 399 1022.**



Harvest Extravaganza

September is the time when all the local food projects get together and enjoy the produce. There will be apple bobbing for all the children from the group permaculture project, and some lovely home-cooked food. A chance to try something different with recipe ideas, film show and pedal powered smoothies. Many of the groups will be exhibiting and holding taster sessions.

Free Entry: Saturday 17 September, 12 noon to 4pm

at Kingston Environment Centre.
Fairfield East, Kingston, Surrey, KT1 2PT
Tel: 020 8549 2698
jean@kingstoneco.org.uk
<http://kingstoneco.org.uk/>

TURN YOUR WASTE into compost

Making compost at home is cheap and easy. It transforms the waste from your home into a great natural fertiliser to help make your plants bigger and better, whether you're planting in a garden, on a patio in pots or on a balcony.

Getting started

Choose a good-size bin (with a lid) and cut a few small holes in the sides and base of the bin to let the air in. Put your bin somewhere that's easy to access and in a sunny spot - the warmth will help speed up the composting process.

If you have to put your bin on concrete or patio slabs, make sure there is a layer of paper and twigs or existing compost on the bottom, so that worms and other bugs can get to work. Choose a place where you

can easily add ingredients to the bin and get the compost out.

What goes in the compost bin?

Tea bags and coffee grounds, vegetable peelings, grass cuttings, flowers, fruits, tissues, egg shells, crunched up cardboard, twigs and stems, kitchen paper, cereal boxes, egg boxes.

Don't put in: drink cartons, frozen food packaging, bones, meat and fish, dog or cat manure, grease or oil, dairy products, leaves, weeds and wood, flat paper like envelopes, letters, printed paper, magazines (recycle these instead).

When is it ready to use?

It's ready to use when it's dark and crumbling - a bit like soil. Also, make sure the compost heap in the bin is

not too wet (or dry). If it's too wet, add more paper or cardboard.

For more information, visit www.ehow.co.uk, www.bbc.co.uk/gardening, or www.kingston.gov.uk/browse/environment/recycling/compost.htm.



TOP TEN ENERGY SAVING TIPS



Turn your thermostat down. Reducing your room temperature by 1°C could cut your heating bills by up to 10 per cent and typically saves around £50 per year. If you have a programmer, set your heating and hot water to come on only when required rather than all the time.



Is your water too hot? Your cylinder thermostat should be set at 60°C/140°F.



Close your curtains at dusk to stop heat escaping through the windows and check for draughts around windows and doors.



Always turn off the lights when you leave a room.



Don't leave appliances on standby and remember not to leave laptops and mobile phones on charge unnecessarily.



If possible, fill up the washing machine, tumble dryer or dishwasher: one full load uses less energy than two half loads.



Only boil as much water as you need (but remember to cover the elements if you're using an electric kettle).



A dripping hot water tap wastes energy and in one week wastes enough hot water to fill half a bath, so fix leaking taps and make sure they're fully turned off.



Use energy-saving lightbulbs. They last up to 10 times longer than ordinary bulbs, and using one can save you around £45 over the lifetime of the bulb. This saving could be around £70 over its lifetime if you're replacing a high wattage incandescent bulb, or one used for more than a few hours a day.



MAKE WAR ON WASTE - WITH A STITCH IN TIME...

A STITCH IN TIME CAN...

- keep fabrics out of landfill,
- give new life to old favourites
- save you money,
- be creative,
- and be fun.

If you'd like to learn to sew, or you have sewing skills you'd like to share, come along to:

TTK's sociable **"STITCH IN TIME"** workshops on the **first Wednesday of every month from 7.00pm to 9.00pm at Kingston Environment Centre, Fairfield East KT1 2PT.**



Projects include: rescuing and altering old clothes; making a summer skirt or Turkish trousers; making cloth bags and curtains; decorating clothes, bags or cushions with embroidery, appliqué; making presents and reusable cloth bags to put them in; learning crochet, knitting, patchwork, tatting; how to get the best out of sewing machines... And at every session there will be tea, chat, advice and help with any sewing or mending project you'd like to bring along.

See <http://ttkingston.org/groups-and-projects/#projects> for more information.

Skill up for Power Down



Summer Programme

Skills In Action

A fun weekend of skills demonstrations, workshops, talks and films for all the family.

WHEN: Sat 9 & Sun 10 July 11.00am to 5.00pm

WHERE: Kingston Environment Centre Kingston, KT1 2PT

Jam-making

Learn how to make your own jams from locally harvested fruit.

WHEN: Sat 6 & 27 August 10.00am to 1.00pm

WHERE: 'Kingston Kitchen' - contact us for details

For more information contact skills@ttkingston.org or call Katie on 07754 387029
www.ttkingston.org/groups-and-projects/skill-up

Norbiton Children's Centre Timetable for June to July 2011 amended

NORBITON
Children's Centre

Look out for changes and updates as some activities are subject to tutor availability or limited numbers. More activities may be added into the schedule.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Community Midwife Appointments only</p> <p>Stay and Play Under fives with their parents and carers 9.00am to 11.30am. £1.50 per family. Speech and language support monthly</p> <p>Health Team 10.00am to 11.00am Under fives clinic weekly.</p> <p>PPP Course 11.30am to 1.30 pm Invitation only</p> <p>Please ask staff if you would like to join a parenting group/class</p> <p>Housing Advice Monthly 9.30am to 10.30am</p> <p>Free ESOL Drop in 1.30pm to 3.00pm term time. An informal drop in to suit all levels. Creche available £1.50.</p> <p>Close Cuts Hairdressing Monthly 4.15pm to 6.15pm For families who have children with disability.</p> <p>Contact 3.30pm to 5.00pm.</p>	<p>Community Midwife Appointments only</p> <p>Early Years Numeracy Tuesday from 3 May to 19 July, 9.45am to 11.45am Free creche Free course for those who do not have GCSE Maths.</p> <p>Health Team Development checks. Invitation only.</p> <p>Twins Group 2.00pm to 4.00pm Weekly throughout the year. Twins and siblings. Stay and Play £1.50 per family. Garden, toy library and sensory room.</p> <p>Ante Natal Group Weekly, 4.00pm to 5.30pm (prompt start). Attend any week. Free, no booking.</p>	<p>Community Midwife Appointments only</p> <p>Stay and Play Under fives with their parents and carers 9.00am to 11.30am. £1.50 per family. Rhyme time 11.00am.</p> <p>Health Team Monthly. Immunisation catch up. Invitation only.</p> <p>Speech and Language Workshops Closed group May and November.</p> <p>Family Planning Weekly pm.</p> <p>Happy Feet FC in Piper Hall Cambridge Road Estate KT1 3EX For under fives after school in Piper Hall Community Centre. £3 per session, £15 for five weeks. 3.30pm to 4.15pm 3 to 5 years.</p> <p>Contact 3.00pm to 5.00pm</p>	<p>Community Midwife Appointments only</p> <p>KCMA Drop in 9.30am to 11.30am Local childminders can use the children's centre facilities to support EYFS opportunities for their minded children. Open in summer holidays.</p> <p>Breastfeeding and Under One's Support 10.30am to 12 midday. Breastfeeding clinic with individual support from an NCT counsellor.</p> <p>Bumps and Under Ones Drop in 11.30am to 1.00pm Weekly throughout the year. Playroom with baby changing, toys and sensory room.</p> <p>Little Sunbeams with Sam Oaks Parent and toddler group for parents and carers with children who have disabilities. 1.30pm to 3.00pm.</p> <p>Contact 3.00pm to 5.00pm</p>	<p>Community Midwife Appointments only</p> <p>Happy Feet FC in Piper Hall Cambridge Road Estate KT1 3EX Weekly term time. 9.30am to 10.15am. 18 months to 4 years.</p> <p>Stay and Play in the Children's Centre Under fives with their parents and carers 1.00pm to 3.00pm. £1.50 per family.</p> <p>Monthly ADHD Carers network support group.</p> <p>Monthly 21 & Co First Friday of every month. 9.30am to 12 noon.</p> <p>Jobcentre Plus Advisor Monthly 1.30pm to 3.00 pm.</p>	<p>Community Midwife Appointments only</p> <p>Weekend Drop in Saturday Club at Norbiton 16 July 2011. 10.30am to 2.30pm. An inclusive drop in for all families/parents (who cannot attend Stay and Play on a week day). Ages 0 to 10 years.</p> <p>and</p> <p>Family Support Workers with disabled children up to age 10.</p> <p>Bouncy castle, School field, sensory room</p> <p>Every third Saturday of the month all year round except August.</p> <p>There will no longer be a group specifically for dads or children with disabilities due to low attendance.</p> <p>Parenting courses will be available from the Health Team in September (Solution Focus Parenting) Times tbc.</p>



Summer 2011 Trip

On Sunday 14th August
Littlehampton
Adults £4.00
Children Under 16 years £2.50
Coach leaves Piper Hall at 9.30 am

Tickets available from
Doreen Gardiner, 17 Comberton, Eureka Road
020 8241 3624 or 020 8547 6910

Tickets must be purchased in advance.
All Children under 16yrs must be accompanied by an adult

There are limited spaces - so don't miss out!





Organised and Sponsored by the Cambridge Road Estates Community Group in partnership with the Royal Borough of Kingston Resident Participation Team



A SureStart Children's Centre

**Breast Feeding Support Group
with a Breast Feeding Counsellor**

at
Norbition Children's Centre
Every Thursday 10.30am to 12 midday
Under ones group from 11.30am to 1.00pm



These drop-in sessions offer support to ante natal and post natal mums and carers.

- Weaning
- Sleeping
- Immunisations

An opportunity to meet other first time mums.

For more information please call Norbition Children's Centre:
020 8949 6065.



£15.99 a month*
Gym Membership

No long term contract

This new low cost membership includes:

- £15.99 a month fee
- £25 start up fee
- 100% money back guarantee*
- Induction to the gym
- Unlimited use of the gym
- Short term commitment

Call a Customer Advisor now to start your membership today!

Kingfisher Leisure Centre
Fairfield Road, Kingston upon Thames,
KT1 2PY
020 8546 1042 or
020 8541 4576
enquiries@kingfisherleisurecentre.co.uk
www.kingfisherleisurecentre.co.uk

Kingsmeadow Fitness & Athletic Centre
422A Kingston Road, Kingston upon Thames,
KT1 3PB
020 8547 2198
enquiries@kingsmeadowfitnessandathletic.co.uk
www.kingsmeadowfitnessandathletic.co.uk



Facilities managed by DC Leisure in partnership with Kingston Council

**EXCLUSIVE FREE 7 DAY TRIAL OFFER FOR
CAMBRIDGE ROAD ESTATE RESIDENTS**

If you are a resident of the **Cambridge Road Estate** simply cut out this voucher and bring it in to either **Kingsmeadow Fitness and Athletic Centre** or **Kingfisher Leisure Centre** to claim your

FREE 7 day membership trial.

*Terms and conditions apply.



Use Facebook? Take a look at our page at [www.facebook.com/cambridge-road-estates-community-group \(CREST\)](http://www.facebook.com/cambridge-road-estates-community-group-(CREST)) - and click Like!



Norbition Children's Centre
at the Kings Oak Primary School
Dickerage Lane New Malden KT3 3RZ
020 8949 6065

Ante Natal Group

at
Norbition
Children's Centre



Every Tuesday
4.00pm to 5.30pm
Prompt start

An informal ante-natal class with a Kingston Hospital midwife. No need to book. Come along on your own or with your partner and discuss pregnancy, birth and pre-plans for your baby in a friendly setting.



Little Hawks Play Group.
0 - 4 Years.

Exploring



Experimenting



Learning



Experience

Every Thursday
10.00 - 11.30
At:

Hawks Road clinic

Hawks Road
KT1 3EW
020 85493672
50p a family.



This newsletter is distributed free of charge to all residents of the Cambridge Road Estate and Cambridge Gardens, to key people in the voluntary and statutory sector and to local councillors, thanks to Grassroots funding received from Thames Community Foundation and Helen Beeson from RBK Housing Publication and Design.

It provides an opportunity to promote forthcoming events to you as well as updating you on existing projects or activities.

We are always looking for articles, news and information from residents, or of interest to residents, so if you would like to submit an item for future newsletters please email Jenny Pitt at cresteditor@hotmail.co.uk or write to *Jenny Pitt, CREST, 61 Graveley, Willingham Way, Kingston, Surrey KT1 3HY.*

*Chair, Jill Preston
Cambridge Road Estates Community Group*



Visit our website www.e-voice.org.uk/crest

WE NEED your help!

As a voluntary organisation we're always looking for people willing to volunteer their time and expertise.

This doesn't mean you have to make a regular commitment such as attending Management Committee meetings.

If you can spare just a couple of hours a month posting leaflets, updating our website or contributing expertise once in a while with specialised advice that would be great.

we need everyone!

If you have difficulty reading this document because of a disability or because English is not your first language, we can help you. Please call our helpline on 020 8547 5000 or ask someone to call on your behalf.

چنانچہ قادر نیستید این نامہ را بہ دلیل ناتوانی یا مشکل زبان بخوانید ما میتوانیم بہ شما کمک کنیم. لطفاً خود یا شخص دیگری با شماره کمک شہرداری کینگسٹون تماس بگیرید.
تلفن 020 8547 5000 ۰۲۰۸۵۴۷۵۰۰۰

نہ گہر توانای خواندنہوی ہم نوسراوت نہی ہمہ بہرہ پہکھوتہی/ بن توانای یاخود ہمہر زمان تینہ کہیشتن . نہوا تینہ نہتوانن یارمہتیت بدین . تکایہ پیوہندی بکہ بہ ہیلی یارمہتی شارهوانی کینگسٹونہ (Kingston Council) بہ شمارہ تہہفونی 020 8547 5000 بیان بہکھس بنی کہہناوی تڑوہ پیوہندی بکات .

ਜੇਕਰ ਤੁਸੀਂ ਅਪਹਜਤਾ ਜਾਂ ਭਾਸ਼ਾ ਦੇ ਕਾਰਣ ਇਸ ਦਸਤਾਵੇਜ਼ ਨੂੰ ਪੜ੍ਹਨ ਵਿੱਚ ਅਸਮਰਥ ਹੋ, ਤਾਂ ਅਸੀਂ ਤੁਹਾਡੀ ਸਹਾਇਤਾ ਕਰ ਸਕਦੇ ਹਾਂ। ਕਿਰਪਾ ਕਰਕੇ 020 8547 5000 'ਤੇ ਕਿੰਗਸਟਨ ਕੌਂਸਲ ਦੀ ਹੈਲਪਲਾਈਨ 'ਤੇ ਕਾਲ ਕਰੋ ਜਾਂ ਅਪਣੇ ਵੱਲੋਂ ਕਿਸੇ ਨੂੰ ਕਾਲ ਕਰਨ ਲਈ ਕਹੋ।

உங்கள்மால் இந்நத கடிதத்தை பாடிக்க இயலவில்லை என்றால் தயவு கூர்ந்து கிங்ஸ்டன் உதவி மையத்தை நீங்கள்மோ அல்லது உங்களை சார்ந்த எவராவது தொடர்பு கொள்ளவும். தொடர்பு கொள்ள வேண்டிய எண் 020 8547 5000

Haddii aadan awoodin akhrinta dokumentigan sabab naafada ama luqadda ah, waan ku caawin karnaa. Fadlan soo wac Khadka caawimada ee Kawnsalka Kingston 020 8547 5000 ama qof ku matalaya ka codso inuu na soo waco.

Në qoftë se nuk mund ta lexoni këtë dokument, për shkak të gjuhës ose ndonjë të metë tjetër, ne mund të ju ndihmojmë. Ju lutem telefonojeni Këshillin e Kingstonit (Kingston Council) në linjën 020 8547 5000, ose kërkoni që dikush të telefonoj në emër tuaj.

당신이 신체적인 불편함 혹은 언어 문제로 인해 이 서류를 읽지 못할 경우, 저희들이 돕겠습니다. 킹스톤 의회 상담전화(Kingston Council Helpline) 020 8547 5000 로 직접 전화하시거나 혹은 다른 사람에게 전화를 부탁하십시오.

إن لم تكن قادراً على قراءة هذا النص بسبب اللغة أو أي عائق آخر، اتصل بنا فنحن نستطيع مساعدتك. الرجاء الاتصال بخط مجلس كنجستون للمساعدة (Kingston Council Helpline) على الرقم 020 8547 5000 أو اطلب من أي شخص آخر الاتصال بنا نيابة عنك.

Caso você não consiga ler este documento devido a deficiência ou idioma, nós podemos ajudar. Por favor, ligue para o canal de atendimento Kingston Council no telefone 020 8547 5000, ou solicite a alguém para ligar por você.

اگر آپ معذوری یا زبان کے سبب اس دستاویز کو پڑھنے سے قاصر ہیں تو ہم آپ کی مدد کر سکتے ہیں۔ براہ مہربانی 020 8547 5000 پر کنگسٹن کونسل ہیلپ لائن کو فون کریں یا کسی سے درخواست کریں کہ وہ آپ کی جانب سے فون کرے۔

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