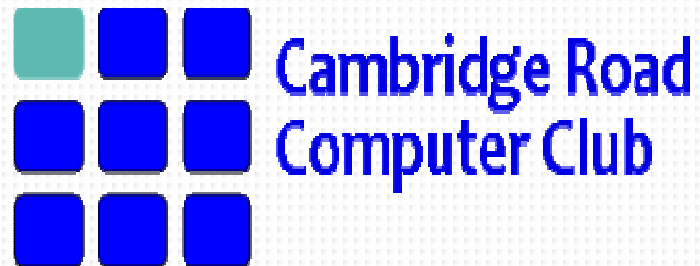


How to Use CCleaner



No one likes a slow computer, especially when a PC feels sluggish performing regular activities such as Web surfing, opening programs, or even starting up.



Why is My Computer Slow?

The main reason for overall system sluggishness is spyware.

The second biggest reason is a lack of routine maintenance.

Unused programs, old cache and temp files, and extraneous Registry entries will clog your system over time.

How does CCleaner help me?

CCleaner (crapcleaner) is a useful tool for cleaning out accumulated internet or file waste.

Using CCleaner

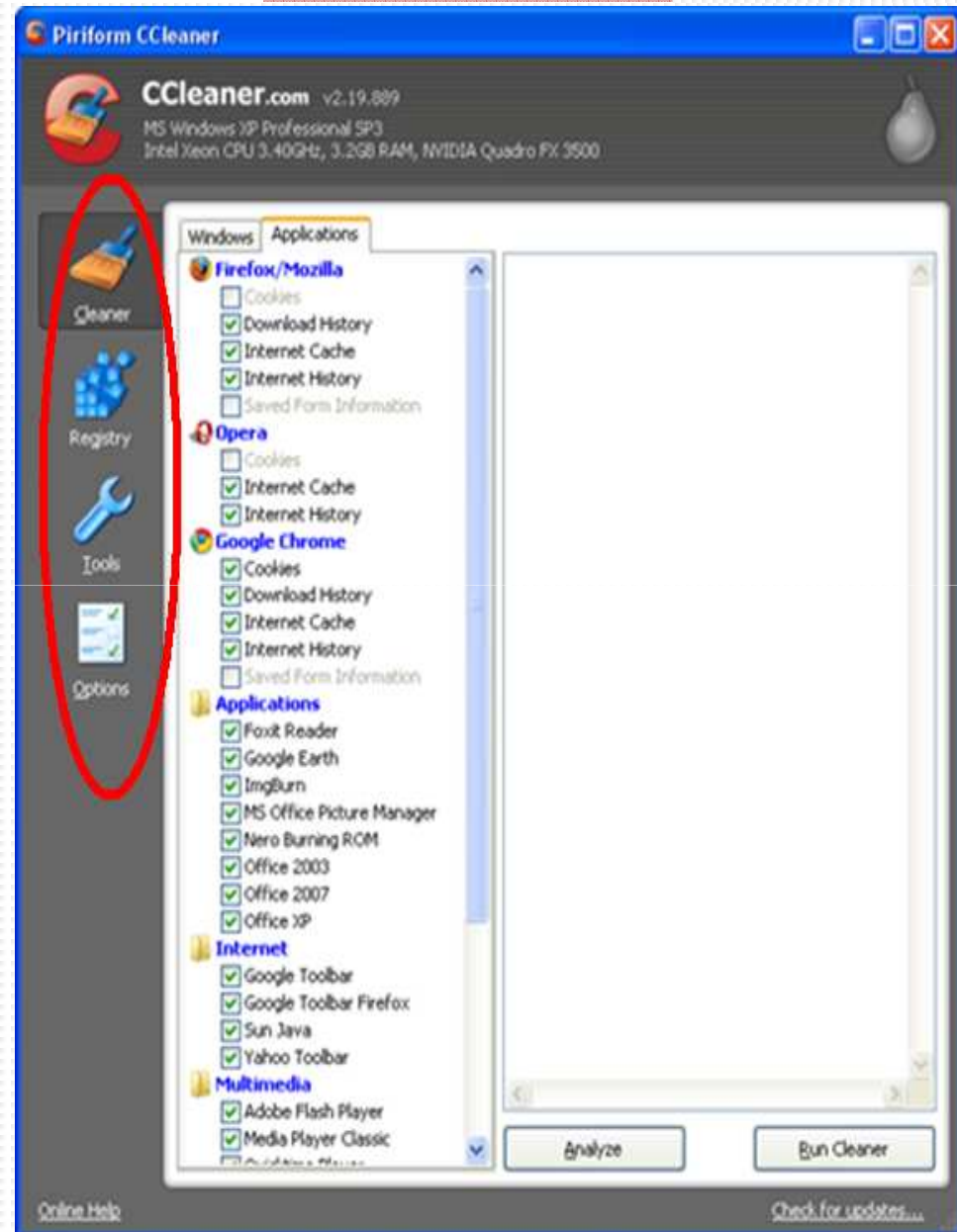
1. Double-click the desktop icon



2. Main Window

CCleaner has **four main** sections which can be selected using the four icons in the left-Hand navigation panel.

(The *Cleaner* section is selected by default.)



What is the function of the sections

Registry

Analyses your computers registry (where windows system settings are stored) and fixes any problems and inconsistencies that exist.

Tools

Allows you to manage installed programs and applications that run when you turn on your computer.

Options

Handles a wide array of preferences for how CCleaner runs.

Cleaner

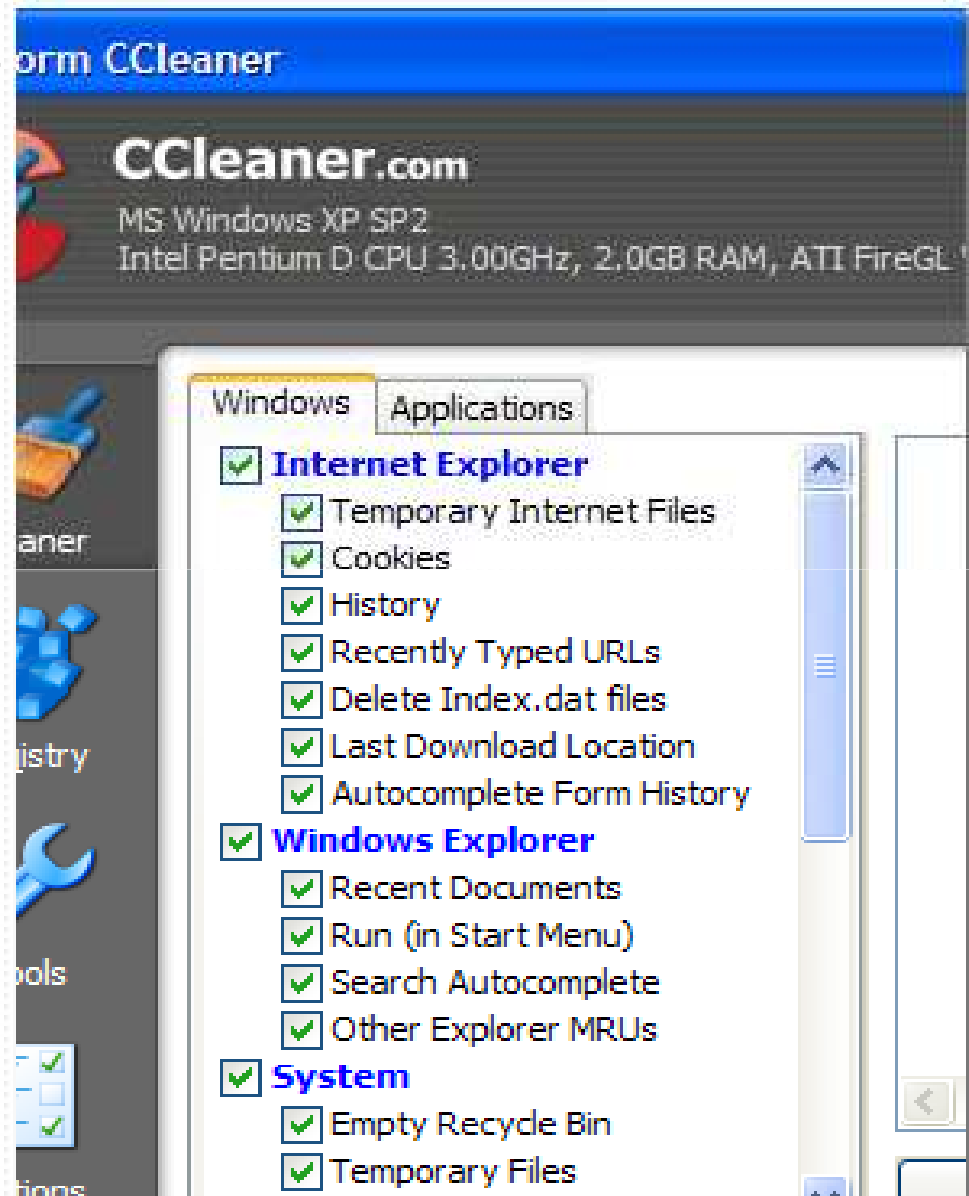
Optimizes your system, by removing unused and temporary files.
Protects your personal privacy by removing traces of the websites you have visited and the files you have opened

3. Cleaner Setting

The Cleaner Settings are the list of checkboxes next to the navigation buttons and are present when you are in the Cleaner mode.

By checking and unchecking options you can choose to include or exclude items from the cleaning process.

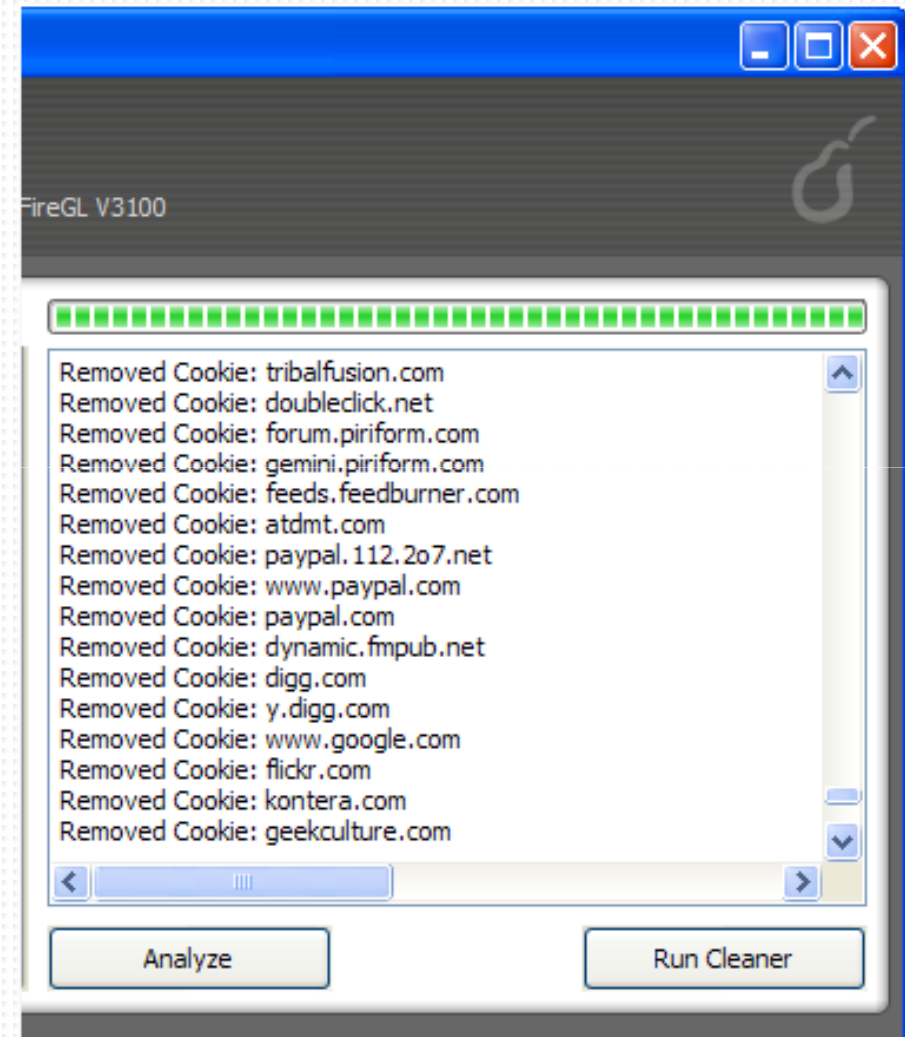
You will notice a second tab at the top labelled *Applications*. This displays a list of additional cleaning options for third-party applications you have installed. This list will change automatically to include new programs.



4. Running the Cleaner

To run the cleaner and remove the files, just click the ***Run Cleaner*** button

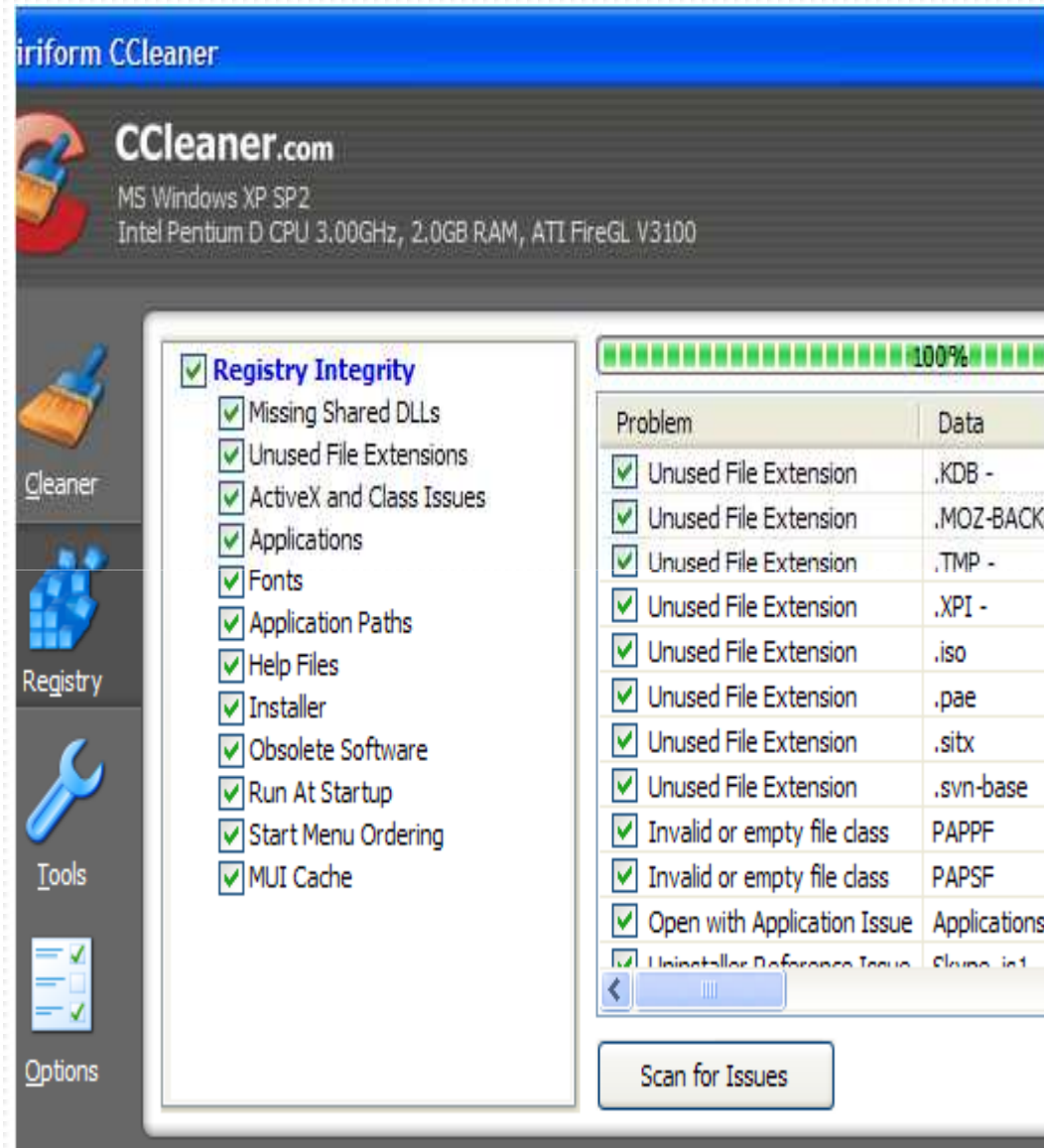
To see what is going to be removed then click on the ***Analyze*** button.



5. Issues

The Issues section will help you find errors and old entries in the system registry. (Advanced users).

To use, simply press the *"Scan for Issues"* button and once completed press the *"Fix Selected Issues"* button. You will be prompted to backup and helped throughout the process.



6. Tools

The Tools section contains two features for advanced users:

Uninstall

Allows you remove programs that you don't want anymore.

Startup

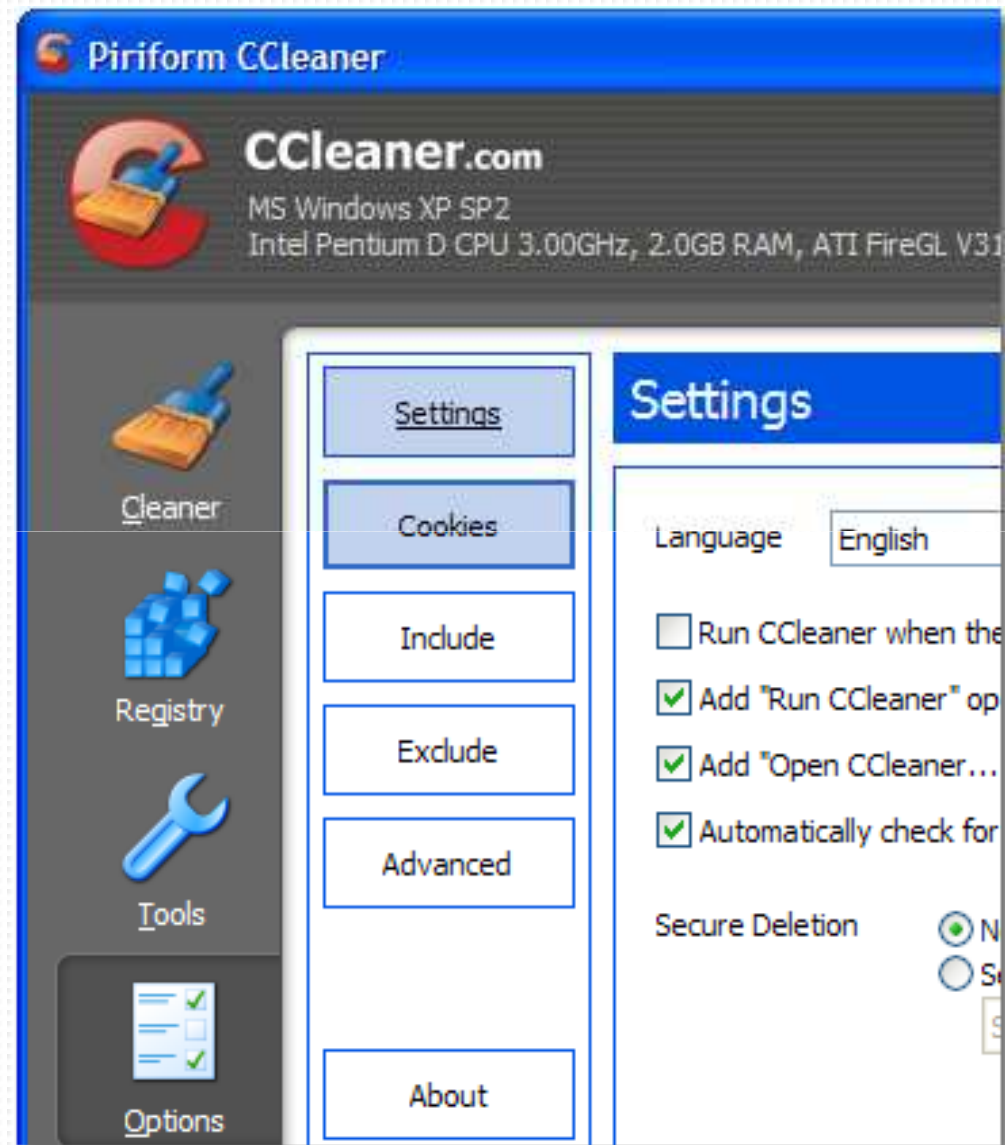
This tool list the startup programs and allows you to remove them.



7. Options

The Options section will allow you to customize the way CCleaner runs.

For example there's an option to run the cleaner at computer startup, so you can automatically keep your computer clean without having to worry about it.





Check our Website for More Info

<http://www.cambridgeroadcomputerclub.org.uk/>